

AMDA Institute of Health Science
Damak, Jhapa
District Hospital Observation Visit Report

Date: -2083-04-08

Place of Visit: District Hospital Inurwa, Sunsari

Introduction

A one-day observation visit was organized for the PCL Nursing Third Year students at the District Hospital Inurwa, Sunsari on 2083-04-08. The visit was conducted as part of the academic curriculum to provide students with practical exposure to the organization and functioning of a district-level healthcare institution. The activity aimed to bridge theoretical knowledge with real clinical practice through direct observation of hospital services and patient care.

Objectives

- To familiarize students with the organizational structure and services of a district hospital.
- To observe the roles and responsibilities of various healthcare professionals.
- To understand patient admission, assessment, treatment, referral, and discharge procedures.
- To observe nursing care and infection prevention practices.
- To enhance students' communication skills and professional behavior in a clinical setting.
- To strengthen the integration of classroom learning with clinical practice.

Activities Conducted

The students visited various departments of the hospital under the guidance of hospital staff and faculty members. The following units were observed:

- Outpatient Department (OPD)
- Emergency Department
- Medical Ward
- Surgical Ward
- Maternity Ward
- Pediatric Ward
- Labor Room

- Operation Theatre
- Laboratory Department
- Pharmacy

Observations

During the visit, the following observations were made:

- The District Hospital provides comprehensive preventive, promotive, curative, and emergency healthcare services to the community.
- Nurses play a vital role in patient assessment, medication administration, health education, documentation, and coordination with other healthcare professionals.
- Infection prevention and control measures, including hand hygiene, use of personal protective equipment (PPE), and biomedical waste segregation, were practiced according to hospital protocols.
- Health education and counseling services were provided to patients and their attendants.

Conclusion

The one-day observation visit to the District Hospital was an informative and valuable learning experience for the PCL Nursing Third Year students. It enabled students to observe the practical application of nursing knowledge and healthcare management in a real clinical environment. The visit strengthened their understanding of professional nursing responsibilities, patient-centered care, infection prevention, and multidisciplinary collaboration. Overall, the objectives of the observation visit were successfully achieved.

Gallery



Thank you !

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