



AMDA-Nepal

AMDA Institute of Health Science

Kharkhare, Damak-2, Jhapa



Monthly Academic Progress Report

2082 Kartik

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1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of Chaitra 2081.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

2. Background

AMDA Institute of Health Science, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Kartik 2082**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2082–2083**.

3. Academic activities of the Kartik 2082

3.1 General Medicine, CMLT & Physiotherapy 1st year:

- ❖ The month marked the **beginning of the new academic session 2082/83**.
- ❖ A comprehensive **master plan** was developed to ensure the year's overall performance and set academic goals for the entire year.
- ❖ An **orientation class** was conducted to introduce students to institutional discipline, rules, and regulations for managing academic activities across first-year health science programs.
- ❖ **Subject-wise orientation classes** were organized for all first-year programs.
- ❖ Structured academic plans were **prepared, designed, and implemented** to ensure a balanced integration of theoretical knowledge and practical skills.
- ❖ Continued regular **theoretical and practical classes** for first-year students of General Medicine, Physiotherapy, and CMLT programs.
- ❖ On the **last Friday of the month**, various **extra-curricular activities** were conducted to support students overall development.

3.2 Certificate in Medical Laboratory Technology 2nd&3rd year: -

- ❖ **Regular classes for the new academic session 2082/83 resumed on 2082/07/19.**
- ❖ An **orientation class** was conducted on the same day for all newly enrolled students.
- ❖ Students were provided with **clear instructions regarding laboratory rules, safety protocols, class discipline, and academic regulations** for the upcoming session.
- ❖ A comprehensive **Master Plan** for the academic session 2082/83 was developed, outlining laboratory activities, assessment methods, practical objectives, and monthly targets to ensure effective teaching–learning throughout the year.
- ❖ A detailed **class and laboratory schedule** was prepared and distributed to students, ensuring systematic participation in both theory and practical sessions.
- ❖ Regular **theory classes** were conducted followed by scheduled practical sessions as per the approved class routine

3.3 General Medicine 2nd& 3rd year:-

- ❖ Successfully completed the **final practical/viva examinations**.
- ❖ Successfully completed the **final theory examination** which was **postponed due to Gen-Z strike**, affecting the academic schedule.
- ❖ **Final practical/viva marks** were finalized and submitted.
- ❖ The **Master Plan for the year 2082/083** was developed,
- ❖ **Study block for the new session 2082/083** commenced

3.4 Physiotherapy 2nd year:-

- ❖ Successfully completed the final theory examination, which had been postponed due to the Gen-Z strike, impacting the academic schedule.
- ❖ Prepared the Master Plan for the academic year 2082/083.
- ❖ Continued theoretical classes for the new session 2082/083 starting from Kartik 11

3.5 PCL Nursing 1st, 2nd& 3rd year

- ❖ The month marked the **beginning of the new academic session 2082/83**
- ❖ A **comprehensive Master Plan** was developed to guide academic operations, ensure yearly performance, and set clear academic goals for the entire session.
- ❖ An **orientation class** was conducted to introduce first-year students to institutional discipline, rules, regulations, and academic expectations.
- ❖ **Subject-wise orientation classes** were organized to provide students with an overview of course objectives, teaching methods, assessment systems, and practical requirements.
- ❖ Regular **theoretical classes continued as per the academic schedule**, and approximately **20% of the defined syllabus** has been completed during the month.

4 Administrative Activities

4.1 Staff Meeting:-

Before the commencement of the new academic session, a meeting was conducted with the **Principal, Administrative Team, and all Program Coordinators** to discuss the academic plan and operational strategies for the upcoming year. The meeting focused on moving forward

collectively, streamlining academic and administrative activities, clarifying departmental responsibilities, and strengthening coordination to ensure effective implementation of the academic calendar.

4.2 Interaction between AMDA Junior and High School Students Club (Japan) and Nepalese Nursing Students

On 9th November 2025, Interaction Event between AMDA Junior and High School Students Club and Nepalese Nursing Students was successfully conducted under the guidance of the college principal Ms. Sajana Vaidya and nursing faculty. The program provided an opportunity for students from Japan and Nepal to share and learn about each other's cultures, values, and perspectives. Participants also explored how different countries address common social issues, fostering awareness and mutual respect. The interaction built bridges of friendship and understanding, reflecting AMDA's vision of "One World, One Humanity." The event strengthened international cooperation and provided a valuable platform for learning, sharing, and promoting cross-cultural understanding.

4.3 Staff Recruitment

To ensure smooth academic operations, strengthen institutional planning, and support quality education delivery, AIHS recruited the following personnel during the month:

- ❖ **Physiotherapy Department:** Two officer-level BPT Physiotherapists
- ❖ **Nursing Department:** One Nursing Officer
- ❖ **Laboratory:** One officer-level BMLT staff member

5 Conclusion

The month marked the start of the new academic session with key activities including orientation for new students, staff meeting to coordinate schedules, timetables, and classroom allocations, preparation of the master plan and class schedules to ensure effective session management. Recruitment of new staff was done and theoretical classes continued alongside extracurricular activities. These initiatives facilitated smooth daily academic operations,

promoted students' academic and professional development as well as strengthened institutional planning and collaboration.

6. PLAN FOR NEXT MONTH Mangsir 2082 (academic section)

6.1 GM, CMLT, & PHYSIOTHERAPY 1st year:

- ❖ Theoretical & practical classes will be continued
- ❖ Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness on the base of subject wise unit test.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process
- ❖ Structured revision sessions were held focusing on key topics

6.2 CMLT (2nd and 3rd year)

- ❖ Complete **20% of 2nd Year syllabus** and **30% of 3rd Year syllabus**
- ❖ Begin practical classes **from 3rd week of Mangsir 2082.**
- ❖ Schedule lab/practical sessions. Ensure availability of required materials, labs, and faculty before commencement.
- ❖ Prepare **rotation plan** by the last week of Mangsir. Divide students into small groups for effective supervision. **Start clinical posting of 3rd year from 1st Poush 2082.**
- ❖ Collect feedback from students

6.3 General Medicine 2nd & 3rd year

- ❖ Continue study block.
- ❖ Prepare operational calendar for new session.
- ❖ Discuss for clinical posting (hospital and health posting)

6.3 Physiotherapy 2nd year

- ❖ Continue study block.
- ❖ Prepare operational calendar for new session.

6.4 Nursing 1st 2nd and 3rd year

- ❖ Continue study block and Prepare operational calendar for new session.

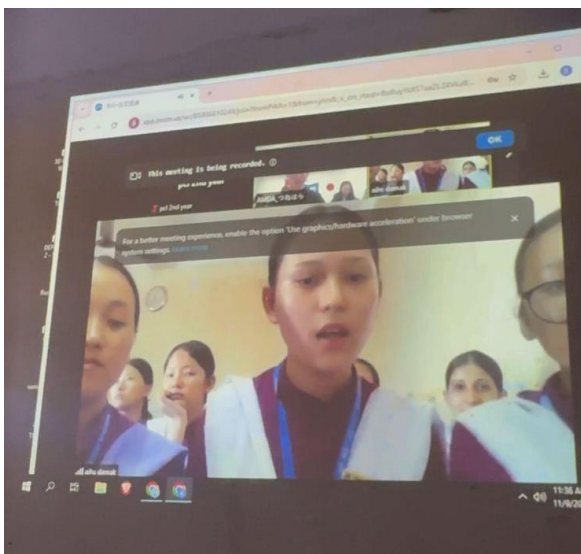
7. PLAN FOR NEXT MONTH Mangsir 2082 (admin section)

- ❖ Staff recruitment

8. PHOTO GALLERY

Some photos of Interaction between AMDA Junior and High School Students Club (Japan) and Nepalese Nursing Students





Thankyou !