

AMDA NEPAL

AMDA Institute of Health Science

Damak-02, Jhapa

Reports of motivational class organized by Red Cross Nepal and Jiwan Chakra Samaj, Damak

Date: 2082-11-01

Time:-11am to 3pm / 2 sessions

Venue: AMDA Institute of Health Science **Occasion:** AMDA Nepal Establishment Day

Participants: Diploma level 1st, 2nd and 3rd year students from, General Medicine, LAB, Physiotherapy program

Introduction

On the auspicious occasion of AMDA Nepal Establishment Day, the AMDA Institute of Health Science (AIHS) organized a special awareness class on blood donation. The program aimed to educate students about the importance of voluntary blood donation and to motivate them to actively participate in humanitarian activities.

Resource Persons

The session was conducted in collaboration with:

- **Prof. Basu Kafle** – Nepal Red Cross Society, Damak
- **Mr. Ganesh Gautam** – Jiwan Chakra Samaj, Damak

Both resource persons jointly delivered an informative and inspiring session to the students.

Objectives of the Program

- To raise awareness about the significance of voluntary blood donation.
- To educate students on the process, eligibility criteria, and safety measures of blood donation.
- To instill a sense of social responsibility among youth.
- To encourage active participation in the upcoming blood donation campaign.

Program Highlights

- The experts emphasized the life-saving role of blood donation and its humanitarian value.
- Detailed explanations were provided on donor eligibility, health precautions, and the safe procedure of donating blood.
- Students actively engaged in discussions, asking questions and sharing their views.
- The session created a motivating environment, inspiring students to contribute to society through voluntary blood donation.

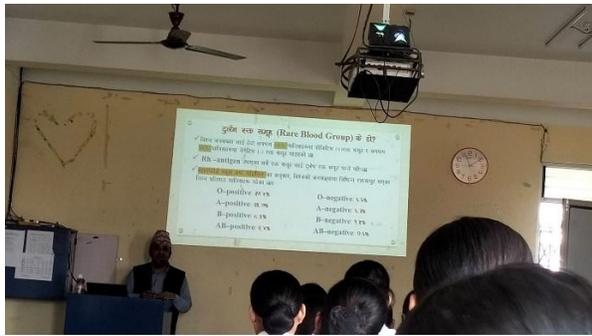
Outcomes

- Students gained both theoretical knowledge and practical understanding of blood donation.
- The program successfully motivated students, generating enthusiasm and commitment toward the forthcoming blood donation campaign.
- The interactive nature of the session strengthened confidence and awareness among participants.

Conclusion

The blood donation awareness class was highly successful in achieving its objectives. With the valuable guidance of the Nepal Red Cross Society and Jiwan Chakra Samaj, Damak, the program instilled a strong sense of responsibility and motivation among AIHS students.

Photo Galery



Thank you
AIHS, Damak