



**AMDA-Nepal**

**AMDA Institute of Health Science**

**Kharkhare, Damak-2, Jhapa**



**Monthly Academic Progress Report**

**2082 Poush**

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## 1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of **Poush 2082**.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

## 2. Background

**AMDA Institute of Health Science**, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Poush 2082**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2082–2083**.

### 3. Academic activities of the Poush 2082

#### 3.1 General Medicine, CMLT & Physiotherapy 1<sup>st</sup> year:

- ❖ AIHS, Damak continued the regular schedule of theoretical and practical classes for first-year students of the General Medicine, Physiotherapy, and CMLT programs.
- ❖ Unit-wise tests were conducted in all relevant subjects as part of the continuous assessment process.
- ❖ Structured revision sessions were organized with a focus on key topics.
- ❖ A model question paper for the First Internal Assessment was prepared.
- ❖ The First Internal Assessment was conducted as scheduled.
- ❖ A botanical tour was organized for first-year students of General Medicine, Physiotherapy, and CMLT programs to enhance their understanding of plant diversity.
- ❖ **Welcome Program** was organized for the new batch of first-year students.

#### 3.2 Certificate in Medical Laboratory Technology 2<sup>nd</sup>&3<sup>rd</sup> year: -

##### CMLT 2<sup>nd</sup> year:

- ❖ Approximately **30% of the course curriculum has been completed.**
- ❖ The **First Internal Examination** was conducted as per the scheduled date and time.
- ❖ A **Public Health field visit** was conducted at the following locations:
  - ✓ Damak Khanepani Office, Damak (*Water Purification System*)
  - ✓ Madan Bhandari Hospital & Trauma Center, Mangalabare, Morang (*Hospital Waste Management*)
  - ✓ NMC Dairy, Ittabhatta, Jhapa (*Milk Pasteurization Process*)
- ❖ Students actively participated in various games and practice sessions as part of their preparation for Sports Week.
- ❖ **Welcome Program** was organized for the new batch of first-year students.

##### CMLT 3<sup>rd</sup> year:

- ❖ Approximately **40% of the course curriculum has been completed.**
- ❖ **Comprehensive hospital-based clinical practice** has commenced from **2082/09/01 to 2083/03/30** at the following institutions:
  - ✓ AMDA Hospital, Laboratory Department, Damak

- ✓ Damak Hospital, Damak
- ✓ Madan Bhandari Hospital & Trauma Center, Mangalabare, Morang
- ❖ **Groups of 6, 8, and 14 students** have been mobilized across **three different hospitals** on a **shift-wise duty basis**.
- ❖ The **First Internal Examination** was conducted as per the scheduled date and time.
- ❖ Students actively participated in various games and practice sessions as part of their preparation for Sports Week.
- ❖ **Welcome Program** was organized for the new batch of first-year students.

### 3.3 General Medicine 2<sup>nd</sup>& 3<sup>rd</sup> year:-

#### General Medicine 2<sup>nd</sup> year

- ❖ All scheduled classes were conducted without any interruptions. Approximate 50 % of course has been completed.
- ❖ The **First Internal Assessment** was successfully completed.
- ❖ Preparatory activities for **Sports Week** were carried out.
- ❖ Welcome program was successfully conducted.
- ❖ **Study block sessions, demonstration classes, and practical classes** were continued as per the academic schedule.
- ❖ **Welcome Program** was organized for the new batch of first-year students.

#### General Medicine 3<sup>rd</sup> year

- ❖ All scheduled classes were conducted without any interruptions.
- ❖ Approximate 60% course has been completed.
- ❖ Monthly test of individual subjects was conducted.
- ❖ 1<sup>st</sup> Internal Assessment was conducted.
- ❖ Welcome program was successfully conducted.
- ❖ Students actively participated in various games and practice sessions as part of their preparation for Sports Week.
- ❖ **Welcome Program** was organized for the new batch of first-year students.

### 3.4 Physiotherapy 2<sup>nd</sup> year:-

- ❖ Continued theoretical classes for the new session 2082/083 around 40 % of the course completed.
- ❖ Class tests were administered to evaluate students' comprehension and academic progress.
- ❖ 1<sup>st</sup> Internal Assessment was conducted.
- ❖ Welcome program was successfully conducted.
- ❖ Students actively participated in various games and practice sessions as part of their preparation for Sports Week.

### 3.5 PCL Nursing 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> year

- ❖ Regular **theoretical classes continued as per the academic schedule**, and approximately **70% of the defined syllabus** has been completed during the month.
- ❖ PCL Nursing second-year students participated in an interactive academic session-(2<sup>nd</sup> and 3<sup>rd</sup>) with a U.S.-based Registered Nurse (RN) on CLABSI (Central Line–Associated Bloodstream Infection).
- ❖ PCL Nursing 1<sup>st</sup> year students were taken for observation visit to CBR and SOS.
- ❖ Welcome program was organized for the 18<sup>th</sup> batch
- ❖ Students were engaged in extracurricular activities like quiz contest, indoor games for refreshment.

## 4 Administrative Activities

### 4.1 Staff Meeting:-

Staff meetings were conducted to discuss the recruitment of new faculty members and the organization of Welcome Programs for new students. As a result, a full-time faculty member was appointed for the General Medicine program, and class-based teachers were recruited for other academic programs to support teaching and learning activities as required. In addition, coordination meetings were held with different faculties to plan and manage clinical postings and academic activities. These meetings focused on academic planning, effective implementation of clinical schedules, and ensuring the smooth conduct of teaching–learning activities.

## 4.2 Welcome Program 2082

The **Welcome Program 2082** was organized at **AMDA Institute of Health Sciences** to formally welcome the new batches of **PCL Nursing (18th Batch)**, **General Medicine (8th Batch)**, **CMLT (4th Batch)**, and **Physiotherapy (2nd Batch)** students. The program was successfully coordinated and conducted by senior students of AIHS, from the second and third years. It aimed to create a friendly and inclusive environment, introduce students to the institutional culture, and motivate them toward active academic and co-curricular engagement. The program was well organized and highly successful, reflecting the institution's positive academic culture and tradition of student participation and support.

## 5 Conclusion

The month reflected significant progress in both academic and administrative domains. Core achievements included the successful conduct of the First Internal Assessment, effective coordination of clinical postings, and well-organized observation and field visits. The recruitment of new faculty and the Welcome Program for incoming students further strengthened institutional capacity and culture.

So the month was highly productive, with activities effectively aligned to the academic and organizational objectives of the institute.

## 6. PLAN FOR NEXT MONTH Magh 2082 (academic section)

### 6.1 GM, CMLT, & PHYSIOTHERAPY 1<sup>st</sup> year:

- ❖ Theoretical and practical classes, along with unit-wise tests, will be continued as per the academic schedule.
- ❖ The results of the First Internal Assessment will be published, and report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided in each subject to help students understand their performance and improve areas of weakness.

- ❖ Devotees worshipped Goddess Saraswati, seeking blessings for knowledge, creativity, and academic success.

## 6.2 CMLT (2<sup>nd</sup> and 3<sup>rd</sup> year)

### CMLT 2<sup>nd</sup> year:

- ❖ Continue the ongoing study block as per the academic schedule
- ❖ **Planning for Saraswati Puja** is scheduled for **2082/10/04**.
- ❖ **Sports Week** is scheduled to be conducted on **2082/10/13, 14, and 15**

### CMLT 3<sup>rd</sup> year:

- ❖ Continue the ongoing study block as per the academic schedule
- ❖ Comprehensive hospital-based clinical practice along with regular morning classes for three subjects will be conducted on a continuous basis.
- ❖ A re-examination will be conducted for students who failed to secure the minimum pass marks in the First Internal Examination.
- ❖ Sports Week will be conducted on 2082/10/13, 14, and 15 as per the schedule.
- ❖ Saraswati Puja will be organized on 2082/10/04.

## 6.3 General Medicine 2<sup>nd</sup> & 3<sup>rd</sup> year

- ❖ Continue the ongoing study block as per the academic schedule.
- ❖ **Saraswati puja & Sports Week** will be conducted as planned.
- ❖ A **student rotation plan** will be developed for hospital and community posting.
- ❖ **GM 2nd year Clinical Pathology practical classes** will be conducted on a regular basis

## 6.3 Physiotherapy 2<sup>nd</sup> year

- ❖ Continue study block and practical classes as per the academic schedule.
- ❖ **Planning for Saraswati Puja** is scheduled for **2082/10/04**.
- ❖ **Sports Week** is scheduled to be conducted on **2082/10/13, 14, and 15**

#### 6.4 Nursing 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> year

- ❖ Regular **theoretical classes continued as per the academic schedule**, and approximately **70% of the defined syllabus** has been completed during the month.
- ❖ PCL Nursing second-year students participated in an interactive academic session-(2<sup>nd</sup> and 3<sup>rd</sup>) with a U.S.-based Registered Nurse (RN) on CLABSI (Central Line–Associated Bloodstream Infection).
- ❖ PCL Nursing 1<sup>st</sup> year students were taken for observation visit to CBR and SOS.
- ❖ Welcome program was organized for the 18<sup>th</sup> batch
- ❖ Students were engaged in extracurricular activities like quiz contest, indoor games for refreshment.

#### 7. PLAN FOR NEXT MONTH Poush 2082 (admin section)

- ❖ Monthly staff meeting :-Saraswoti puja, posting, sports week, winter vacation

#### 8. PHOTO GALLERY



Image: Welcome Program



Image: Botanical Tour



**Image: Botanical Tour(GM)**



**Image: NMC Observation Visit (CMLT)**



**Image :-Rehabilitation Center, Visit**



**Image: SOS Balgram , Itahari Visit.**



**Image:-1<sup>st</sup> Internal Assessment**

**Thank you !**