



**AMDA-Nepal**

**AMDA Institute of Health Science**

**Kharkhare, Damak-2, Jhapa**



**Monthly Academic Progress Report**

**2082 Phalgun**

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## 1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of **Phalgun 2082**.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

## 2. Background

**AMDA Institute of Health Science**, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Phalgun 2082**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2082–2083**.

### 3. Academic activities of the Phalgun 2082

#### 3.1 General Medicine, CMLT & PHYSIOTHERAPY 1<sup>st</sup> year:

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 1<sup>st</sup> year students of General Medicine, Physiotherapy and CMLT programs respectively.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process
- ❖ Structured revision sessions were held focusing on key topics
- ❖ PLAN for Second Internal Assessment
- ❖ Model Question for Second Internal Assessment
- ❖ Revision for Second Internal Assessment

#### 3.2 Certificate in Medical Laboratory Technology 2<sup>nd</sup>&3<sup>rd</sup>year: -

##### CMLT 3<sup>rd</sup> year:

- ❖ 70 % courses have been completed.
- ❖ A **Comprehensive Hospital Based Clinical Practices** has been conducted from 2082/09/01 to 2083/03/30 at:
  - ✓ AMDA Hospital laboratory department, Damak
  - ✓ Damak Hospital, Damak
  - ✓ Madan Bhandari Hospital & Trauma Center, Mangalabare, Morang
- ❖ A group 6, 8 and 14 students has been mobilized at 3 different hospitals on shift wise duty.
- ❖ Regular classes will be conducted in morning for 3 subjects on regular basis.
- ❖ Blood donation program held on 2082/11/15.

##### CMLT 2<sup>nd</sup> Year:

- 60% courses have been completed.
- Regular theory and practical scheduled classes were conducted without any interruptions.
- Subject wise class test was conducted successfully.
- Guardian meeting was conducted successfully on 2082/11/08.
- Blood donation program held on 2082/11/15.

#### 3.3 General Medicine 2<sup>nd</sup>& 3<sup>rd</sup> year:-

##### General Medicine 2<sup>nd</sup>year

- ❖ Continue Study block.

- ❖ 1<sup>st</sup> internal assessment results published.
- ❖ 2<sup>nd</sup> assessment preparation done.
- ❖ 1<sup>st</sup> parents meeting conducted successfully.

### General Medicine 3<sup>rd</sup> year

- ❖ All scheduled classes were conducted without any interruptions.
- ❖ Clinical posting has not been started yet.
- ❖ Extra-curricular activities were conducted for 3-days.
- ❖ 100% coarse has been completed, while only revision classes are pending.
- ❖ Monthly test of individual subjects was conducted.
- ❖ Meeting with AMDA-Damak Hospital committee and Madan Bhandari Trauma center, Mangalbare, Urlabri has been successfully conducted.

### **3.4 Physiotherapy 2<sup>nd</sup> year:-**

- ❖ Theoretical classes for the academic session 2082/083 were continued regularly, with approximately 60% of the course completed.
- ❖ Class tests were conducted to evaluate students' understanding and academic progress.
- ❖ Students actively participated Blood Donation Program

### **3.5 PCL Nursing 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> year**

#### PCL NURSING 1<sup>ST</sup> YEAR

- ❖ Continue community field posting for the students.
- ❖ School health teaching was conducted in Saraswoti Madhyamik Bidhyala, Damak- 1 in 2<sup>nd</sup> week.
- ❖ Health action was conducted in 2<sup>nd</sup> week.

#### PCL NURSING 2<sup>ND</sup> YEAR

- ❖ Commencement of clinical posting in AMDA Hospital in different sectors like medical, surgical, emergency, OT, MCH etc.

#### PCL NURSING 3<sup>RD</sup> YEAR

- ❖ Continue clinical posting in AMDA hospital in different sectors like labor ward, postnatal ward, pediatric and prenatal ward.

## 4 Administrative Activities

### 4.1 Staff Meeting:-

A staff meeting was conducted to **celebrate AMDA Day and to plan related activities**. During the meeting, various programs were discussed, including a blood donation program and a sports week prize distribution ceremony. The blood donation program was planned as a social service initiative to contribute to the community, while the prize distribution aimed to recognize and encourage participants of the sports week. All staff members actively participated in the discussion and shared valuable suggestions for the successful implementation of the planned activities. The meeting concluded with a clear action plan and responsibilities assigned to ensure effective coordination and execution of the programs.

## 5 Conclusion

The month featured effective planning and seamless execution of academic and institutional activities. Clinical postings ran smoothly alongside regular sessions, maintaining quality learning. **AMDA Day** was marked by a staff meeting that organized a **blood donation** drive and **sports prize distribution**. In addition, the vibrant celebration of **Holi** brought joy and strengthened bonds within the campus community. Overall, faculty and students showed strong commitment, teamwork, and enthusiasm throughout the month.

## 6. PLAN FOR NEXT MONTH Chaitra 2082 (academic section)

### 6.1 GM, CMLT, & PHYSIOTHERAPY 1<sup>st</sup> year:

- ❖ **Routine of Second Internal Assessment**
- ❖ Theoretical & practical classes, as well as unit test will be continued
- ❖ The results of the Second Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.

## 6.2 CMLT (2<sup>nd</sup> and 3<sup>rd</sup> year)

### CMLT 2<sup>nd</sup> year:

- Planning for clinical posting as schedule.
- Planning for 2<sup>nd</sup> internal assessment for next month.

### CMLT 3<sup>rd</sup> year:

- ❖ Comprehensive hospital-based clinical practice along with regular morning classes for three subjects will be conducted on a continuous basis.
- ❖ Histopathology posting at Birat Medical College, Biratnagar

## 6.3 General Medicine 2<sup>nd</sup> & 3<sup>rd</sup> year

### GM 2<sup>nd</sup> year

- ❖ Continue study block.
- ❖ Conduct 2<sup>nd</sup> internal assessment.
- ❖ Preparation for clinical posting

### GM 3<sup>rd</sup> year

- ❖ Start Community and Clinical posting from 1<sup>st</sup> Chaitra.
- ❖ Discuss for clinical posting (hospital and community health posting)
- ❖ Conduct 2<sup>nd</sup> Internal Assessment.
- ❖ Plan for meeting with Mangalbare Hospital Team for Community Field Posting.

## 6.4 Physiotherapy 2<sup>nd</sup> year

- ❖ Continue study block and practical classes as per the academic schedule.
- ❖ Conduct 2<sup>nd</sup> internal assessment.

## 6.5 Nursing 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> year

### PCL NURSING 1<sup>ST</sup> YEAR.

- ❖ To conduct Grand presentation of community field visit.
- ❖ To continue study block in 1<sup>st</sup> and 2<sup>nd</sup> week.
- ❖ To commence fundamental clinical posting in AMDA hospital.

## PCL NURSING 2<sup>ND</sup> YEAR

- ❖ To take the students for psychiatric posting in Nobel hospital, biratnagar. for first two weeks.
- ❖ To take the students for eye posting in Birta eye hospital, damak-5.
- ❖ To continue clinical posting in AMDA hospital.

## PCL NURSING 3<sup>RD</sup> YEAR

- ❖ To continue clinical posting in AMDA hospital for first 2 weeks.
- ❖ To take the students for leadership and management community posting at Damak hospital for remaining 3 weeks.

## **7. PLAN FOR NEXT MONTH Chaitra 2082 (admin section)**

- ❖ Monthly staff meeting for academic promotion, alumni
- ❖ Recruit new staff (academic and admin)

## **PHOTO GALLERY**

### Blood Donation Program







Holi 2022 AIHS Team



Holi 2022 celebration with students

**Thank you !  
AIHS,Damak**