



AMDA-Nepal

AMDA Institute of Health Science

Kharkhare, Damak-2, Jhapa



Monthly Academic Progress Report

2082 Mangsir

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1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of Chaitra 2081.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

2. Background

AMDA Institute of Health Science, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Mangsir 2082**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2082–2083**.

3. Academic activities of the Kartik 2082

3.1 General Medicine, CMLT & Physiotherapy 1st year:

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes for first-year students enrolled in the General Medicine, Physiotherapy, and CMLT programs.
- ❖ Unit-wise tests were conducted in all relevant subjects as part of the continuous assessment system.
- ❖ Structured revision sessions were organized with a focus on key and examination-oriented topics.
- ❖ Model questions were developed for the First Internal Assessment.
- ❖ A comprehensive revision was completed in preparation for the First Internal Assessment.
- ❖ Weekly class tests were administered to evaluate students' comprehension and academic progress.
- ❖ On the last Friday of the month, various extracurricular activities were conducted to promote students' overall development.

3.2 Certificate in Medical Laboratory Technology 2nd&3rd year: -

- ❖ Regular theoretical classes continued as per the academic schedule, and approximately 40% of the third-year and 25% of the second-year prescribed syllabus were completed during the month.
- ❖ Students participated in extracurricular activities such as quiz contests and indoor games to promote refreshment and overall engagement.

3.3 General Medicine 2nd& 3rd year:-

- ❖ All scheduled classes were conducted without any interruptions. Approximate 25% of 3rd year and 30% of 2nd year course has been completed.
- ❖ Master Plan and Operational plan for FY 2082/083 were revised and redeveloped.
- ❖ Model questions were developed for the First Internal Assessment.
- ❖ A comprehensive revision was completed in preparation for the First Internal Assessment.
- ❖ Weekly class tests were administered to evaluate students' comprehension and academic progress.

3.4 Physiotherapy 2nd year:-

- ❖ Revised master plan and operational plan
- ❖ Continued theoretical classes for the new session 2082/083 around 20 % of the course completed.
- ❖ Prepared model questions for 1st terminal exam.
- ❖ Class tests were administered to evaluate students' comprehension and academic progress.

3.5 PCL Nursing 1st, 2nd & 3rd year

- ❖ Mental health awareness program with a motto of **HEALTHY MIND HEALTHY LIFE** was conducted by Damak municipality among 1st, 2nd and 3rd year students inside AMDA premises.
- ❖ Regular **theoretical classes continued as per the academic schedule**, and approximately **40% of the defined syllabus** has been completed during the month.
- ❖ PCL Nursing second-year students participated in an interactive academic session-1st with a U.S.-based Registered Nurse (RN) on CLABSI (Central Line–Associated Bloodstream Infection).
- ❖ Students were engaged in extracurricular activities like quiz contest, indoor games for refreshment.

4 Administrative Activities

4.1 Staff Meeting:-

Meetings were held with different faculties to discuss and coordinate clinical postings and academic activities. These meetings focused on academic planning, effective implementation of clinical schedules, and ensuring the smooth conduct of teaching–learning activities.

4.2 A Mental Health Awareness Program 2082 was conducted in collaboration with Damak Municipality.

“A Mental Health Awareness Program 2082” was conducted in collaboration with Damak Municipality to promote awareness and well-being among students.

Psychosocial Counselor Ms. Lila Thapa conducted classes from 28th Mangsir 2082 to 2nd Poush 2082. The sessions were fruitful, featuring discussions and interactive activities, with active participation from both students and teachers, providing valuable insights to enhance understanding and personal development.

5 Conclusion

In conclusion, this month was productive with regular theoretical and practical classes, continuous assessments, and structured revision sessions conducted as planned. Students actively participated in both academic and extracurricular activities, including interactive sessions.

6. PLAN FOR NEXT MONTH Mangsir 2082 (academic section)

6.1 GM, CMLT, & PHYSIOTHERAPY 1st year:

- ❖ Theoretical and practical classes will be continued as per the approved academic schedule.
- ❖ 1st year students will participate in the Welcome Program organized by second- and third-year students.
- ❖ Planning and implementation of the First Internal Assessment will be undertaken in accordance with the academic calendar

6.2 CMLT (2nd and 3rd year)

- ❖ A comprehensive hospital-based clinical practice of 3rd year will be conducted from 1st Poush 2082 at AMDA Hospital (Laboratory Department), Damak Hospital, Damak, and Madan Bhandari Trauma Center, Mangalbare.
- ❖ Regular morning classes of 3rd year and theory and practical classes of 2nd year will continue as per the academic schedule.
- ❖ The First Internal Examination is scheduled to commence from 13th Poush 2082.
- ❖ Planning for welcome program on 2082/09/04.

6.3 General Medicine 2nd & 3rd year

- ❖ Continue the ongoing study block as per the academic schedule.
- ❖ Conduct the First Internal Assessment starting from 13th Poush 2082.

- ❖ Prepare for observation visits for 2nd year students in accordance with the syllabus.
- ❖ Organize a Welcome and Farewell Program for new a batch/all 1st year students

6.3 Physiotherapy 2nd year

- ❖ Continue study block and practical classes
- ❖ Conduct the First Internal Assessment starting from 13th Poush 2082
- ❖ Organize a Welcome and Farewell Program for new a batch/all 1st year students

6.4 Nursing 1st 2nd and 3rd year

- ❖ Continue study block and Prepare operational calendar for new session.
- ❖ Interactive session among students and US based RN regarding CLABSI(Central line associated blood stream infection)
- ❖ Preparation for conducting 2nd internal assessment for all the nursing students.
- ❖ Organize welcome program for the 18th batch.

7. PLAN FOR NEXT MONTH Poush 2082 (admin section)

- ❖ Staff recruitment
- ❖ Welcome program

8. PHOTO GALLERY





Thankyou !