

AMDA-NEPAL

Association of Medical Doctors of Asia
Gokarneshwar-6, Jorpati, Kathmandu, Nepal
Phone: +977-1-4910235, 4911140
E-mail: amda@amda.org.np
Office Code: 101

5 October 2026

[AMDA Nepal Medical Relief #2: Rasuwa- Bhote Koshi Flood in Nepal]

As part of the continued humanitarian response to the Rasuwa–Bhote Koshi Flash Flood, and following a request from Chairperson of Uttargaya Rural Municipality, Rasuwa District, AMDA Nepal has deployed Second Team on October 5, 2026 comprising specialized medical doctors from AMDA Hospital Damak and the AMDA Nepal Central Office. The team members included Dr. Shikhar Kattel, Mr. Pradip Shrestha, Dr. Purushottam Shah, and Mr. Shrawan Kumar Safi.

According to the Governments of Nepal, *Bhote Koshi–Trishuli Flood: Search, Rescue and Relief Update report on Oct 3, 2026*, the death toll has reached to 1,455 while 11,105 have received medical treatment. Currently, 1,085 displaced survivors are housed across 17 holding centers, including 843 in Rasuwa, 121 in Nuwakot, and 121 in Dhading).



AMDA Nepal team was able to travel by road only to Betrabati. Bridges to cross Trishuli river were damaged. The team left their vehicle behind and cross the river with temporary foot-bridge (फट्के). In coordination with local authorities and community members, Mr. Keshav Bista (Health-Post In-Charge) facilitated transferring medicines and medical supplies. The team then continued on foot and via secondary local transport. They reached the medical camp site, Bogatitar at around 2:30PM.



Upon reaching the destination, the Medical Relief team coordinated with local authorities and started health services to the local community through Bogatitar Community Health Center. Team served total 14 local people (5 child and 9 adults) with the acute conditions like fever, allergic cough, lower respiratory tract infection, abdominal pain to chronic diseases like COPD, Pulmonary Tuberculosis, Hypertension and post-surgical follow-up.