**Medical Relief Camp in Uttargaya Rural Municipality, Rasuwa**
**Day 2 Progress Report**
**Date: 3 November 2026**

## Introduction

As part of the ongoing Medical Relief Camp being conducted at Bogatitar Community Health Unit, Uttargaya Rural Municipality, Rasuwa, the medical team continued its outreach and healthcare service delivery on 3 November 2026. Building upon the successful initiation of the camp, the team further expanded the scope of medical and diagnostic services to effectively address the healthcare needs of the local community. This report summarizes the key activities, achievements accomplished, and overall progress made during the second day of the camp.

## Activities

On the second day of the Medical Relief Camp, the medical team continued providing outpatient consultation and treatment services to local residents at the Bogatitar Community Health Unit. The team was further strengthened by the participation of Dr. Rohit Kumar Pokharel, whose professional expertise and clinical support made a valuable contribution to the effective delivery of healthcare services.

Throughout the day, specialized orthopedic consultation services were provided, benefiting ten (10) patients who received comprehensive medical examinations, consultations, and appropriate treatment. In addition, Ultrasonography (USG) services were officially introduced, significantly enhancing the camp's diagnostic capacity and improving access to essential diagnostic facilities for community members. Through this service, fifteen (15) patients underwent USG examinations. The camp also provided Electrocardiogram (ECG) services for patients requiring cardiac assessment, with five (5) patients receiving ECG examinations. Furthermore, general medical consultation and treatment services continued throughout the day, benefiting twenty-one (21) patients presenting with various health concerns and medical conditions.

In total, the Medical Relief Camp delivered medical consultations, diagnostic examinations, and treatment services to fifty-one (51) beneficiaries during the second day of operation. The introduction of USG services, alongside the continued provision of ECG services, substantially expanded the range and quality of healthcare services available to the residents of Uttargaya Rural Municipality.

During the course of the day, Dr. Rohit Kumar Pokharel and Mr. Pradip Shrestha participated in the Health Cluster Meeting, where they engaged with representatives of relevant organizations, government agencies, and health-sector stakeholders. The meeting provided an important platform to share updates on the Medical Relief Camp, discuss ongoing health response activities, and strengthen coordination mechanisms to ensure effective and timely healthcare service delivery within the affected communities.

Following the completion of medical service delivery, the team conducted a review of the day's activities, assessed overall progress, and discussed operational priorities and logistical arrangements for the subsequent day's program.

## Key Achievements

- Successfully strengthened the Medical Relief Camp team through the participation of Dr. Rohit Kumar Pokharel, thereby enhancing healthcare service delivery capacity.
- Provided specialized orthopedic consultation and treatment services to ten (10) patients.

- Successfully commenced USG diagnostic services, enabling fifteen (15) patients to access essential diagnostic examinations.
- Provided ECG services to five (5) patients requiring cardiac assessment.
- Delivered general medical consultation and treatment services to twenty-one (21) patients.
- Successfully provided medical consultation, diagnostic examinations, and treatment services to a total of fifty-one (51) beneficiaries during the second day of the camp.
- Expanded access to quality healthcare services through the introduction of additional diagnostic facilities.
- Actively participated in the Health Cluster Meeting through the representation of Dr. Rohit Kumar Pokharel and Mr. Pradip Shrestha, contributing to information sharing, coordination, and collaborative planning among health-sector stakeholders.

**Plan for Day 3**

The following activities are planned for the third day of the Medical Relief Camp:

- Continue outpatient consultation and treatment services for local residents.
- Continue USG and ECG diagnostic services for patients requiring further medical assessment.
- Conduct health screenings and comprehensive medical evaluations for patients requiring follow-up care.
- Maintain accurate patient records and treatment documentation.
- Strengthen coordination with local authorities, healthcare personnel, and community representatives to support the smooth and effective implementation of camp activities.

**Conclusion**

The second day of the Medical Relief Camp was successfully completed with the continued delivery and expansion of healthcare services at the Bogatitar Community Health Unit, Uttargaya Rural Municipality. The participation of Dr. Rohit Kumar Pokharel further strengthened the clinical capacity of the medical team, while the introduction of USG services and the continued provision of ECG services significantly enhanced the camp's diagnostic capabilities.

During the second day of operation, a total of fifty-one (51) patients benefited from a range of medical consultation, diagnostic, and treatment services, including orthopedic care, general medical care, USG examinations, and ECG assessments.

Participation in the Health Cluster Meeting also strengthened coordination and collaboration with key health-sector stakeholders, supporting more effective healthcare service delivery in the target area.

The medical team remains committed to providing accessible, quality, and patient-centered healthcare services and to addressing the healthcare needs of the residents of Uttargaya Rural Municipality throughout the duration of the program.

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