

**AMDA Institute of Health Science
Damak, Jhapa
Geriatric Posting Report, Damak**

Batch: 17th batch PCL nursing 2nd year

Academic year: -2081/2082

Venue: Ratna Jyastha Nagarik Bridhaashram, Damak 4

As per curriculum, Geriatric posting was conducted for 2 weeks from Ashad 21th to 1st of Shrawan with the 20 students, alternate week, of Pcl Nursing 2nd year along with 2 instructors of AMDA INSTITUTE OF HEALTH SCIENCE in RATNA JYASTHA NAGARIK BRIDHAASHRAM Damak 4, Province no. 1.

Objectives of Geriatric Posting:

- >To understand the concept of Aging
- >To know the physiological changes of ageing.
- >To provide care to the old age people using nursing process.
- >To perform term paper work of ill people in Geriatric home.
- >To give health teaching according to needs in group and individuals.
- >To counsel the clients and care taker regarding old age problems.
- >To take detail history of their health problems and perform Physical examination.

Activities:

On 21st Ashad 2083, the Geriatric Posting was started for the PCL Nursing 2nd Year students. The students were divided into two groups of 20 students each. One group was posted at AMDA Hospital, while the other group was posted at Ratna Jyeshtha Nagarik Briddhashram for one week. During the posting (10:00 AM–4:00 PM), students actively participated in a variety of learning activities. As pre the curriculum Students need to prepare term paper work History taking, physical examination of elderly residents, assessment of their medical conditions, Provide Formal health education sessions. In addition, students enthusiastically engaged in various supportive and informal activities. They provided Informal health

education on different topics, assisted the elderly with personal hygiene and grooming such as bathing and hair care, offered companionship, and helped prepare and serve meals in the kitchen. These experiences strengthened their clinical competence, communication skills, empathy, and understanding of holistic, compassionate geriatric care.

Conclusion:

Geriatric posting was completed successfully as per the objectives which provided valuable experience and enhanced the students' knowledge, skills, and professional attitude in caring for older adults.

Gallery:



THANK YOU!

AIHS, DAMAK