Medical Relief Camp in Uttargaya Rural Municipality, Rasuwa
Day 3 Progress Report
Date: 4 November 2026

Introduction

As part of the ongoing Medical Relief Camp at the Bogatitar Community Health Unit, Uttargaya Rural Municipality, Rasuwa, the medical team continued providing essential healthcare services to the local community on the third day of the camp. Following the successful expansion of diagnostic services the previous day, the team continued to provide comprehensive outpatient and diagnostic services to meet the healthcare needs of affected residents. This report summarizes the key activities undertaken, achievements accomplished, and overall progress made during the third day of the camp.

Activities Section

On the third day of the Medical Relief Camp, the medical team continued providing outpatient consultations, diagnostic examinations, and treatment services to local residents at the Bogatitar Community Health Unit. Following his valuable contribution to the camp, Dr. Rohit Kumar Pokharel returned to Kathmandu after successfully completing his assigned responsibilities and providing clinical support during the previous day.

Despite Dr. Pokharel's departure, the medical team continued to deliver healthcare services efficiently and effectively. The team provided electrocardiogram (ECG) services to patients requiring cardiac assessment, with fifteen (15) patients receiving ECG examinations and appropriate medical recommendations.

Ultrasonography (USG) services remained one of the most utilized diagnostic facilities during the day. Through this service, twenty-five (25) patients underwent USG examinations, facilitating timely diagnosis and informed clinical decision-making.

Specialized pediatric consultation and treatment services were also provided for children presenting with various health concerns. A total of eight (8) pediatric patients received medical examinations, consultations, and necessary treatment. In addition, six (6) patients benefited from general medical consultation and treatment services for a range of health conditions.

Overall, the Medical Relief Camp successfully provided medical consultations, diagnostic examinations, and treatment services to a total of fifty-four (54) beneficiaries during the third day of operation. The continued availability of USG and ECG services significantly strengthened the camp's capacity to deliver quality healthcare services to the residents of Uttargaya Rural Municipality.

During the day, the medical team held a coordination meeting with the Chairperson of Uttargaya Rural Municipality, Mr. Madav Prasad Aryal to discuss the progress of the Medical Relief Camp, identify priority health concerns within the community, and strengthen coordination for ongoing healthcare service delivery. The meeting provided an important platform to share updates on camp activities and reinforce collaboration with local government authorities.

The team also conducted a field visit to Larepauwa Health Post, Ward No. 4, Uttargaya Rural Municipality, to observe the existing healthcare service delivery system, assess local health needs, and interact with health personnel Mr. Keashav Raj Bista. The visit provided valuable insights into the challenges faced by the health facility and helped identify potential areas for support and future collaboration.

Following the completion of medical service delivery, the team reviewed the day's achievements, assessed service utilization trends, and discussed operational priorities and logistical arrangements for the subsequent day's activities to ensure the continued effectiveness of the camp.

Key Achievements

1. Successfully continued comprehensive healthcare service delivery despite the return of Dr. Rohit Kumar Pokharel to Kathmandu.
2. Provided ECG services to fifteen (15) patients requiring cardiac assessment.
3. Conducted USG diagnostic examinations for twenty-five (25) patients, improving access to essential diagnostic services.
4. Delivered pediatric consultation and treatment services to eight (8) children.
5. Provided general medical consultation and treatment services to six (6) patients.
6. Successfully delivered medical consultation, diagnostic examinations, and treatment services to a total of fifty-four (54) beneficiaries during the third day of the camp.
7. Maintained uninterrupted healthcare service delivery and high-quality patient care throughout the day.
8. Continued strengthening access to diagnostic and curative healthcare services for residents of Uttargaya Rural Municipality.
9. Successfully conducted a coordination meeting with the Chairperson of Uttargaya Rural Municipality, enhancing collaboration and support for ongoing health service delivery initiatives.
10. Completed a field visit to Larepauwa Health Post, Ward No. 4, to assess healthcare needs, observe service delivery conditions, and coordinate with local health personnel.

Plan for Day 4

The following activities are planned for the fourth day of the Medical Relief Camp:

1. Conduct a field visit to Syafrubesi, Rasuwa, to assess the local health situation and coordinate with relevant stakeholders.
2. Continue outpatient consultation and treatment services for local residents.
3. Continue USG and ECG diagnostic services for patients requiring further medical assessment.
4. Provide pediatric and general medical consultation services.
5. Conduct health screenings and follow-up consultations for patients requiring additional medical care.
6. Maintain accurate patient records and treatment documentation.
7. Continue coordination with local authorities, healthcare personnel, and community representatives to ensure the effective implementation of camp activities.

Conclusion

The third day of the Medical Relief Camp was successfully completed with the continued provision of essential healthcare services at the Bogatitar Community Health Unit, Uttargaya Rural Municipality. Although Dr. Rohit Kumar Pokharel returned to Kathmandu following his valuable contribution to the camp, the medical team continued to deliver healthcare services efficiently and without interruption.

A total of fifty-four (54) patients benefited from a range of medical consultation, diagnostic, and treatment services, including twenty-five (25) USG examinations, fifteen (15) ECG assessments, eight (8) pediatric consultations, and six (6) general medical consultations.

The day was further strengthened by a coordination meeting with the Chairperson of Uttargaya Rural Municipality and a field visit to Larepauwa Health Post, Ward No. 4. These engagements enhanced collaboration with local stakeholders and provided valuable insights into community health priorities and service delivery needs, thereby supporting more effective planning and implementation of ongoing relief health interventions.

The medical team remains committed to providing accessible, quality, and patient-centered healthcare services and will continue its efforts to address the healthcare needs of the residents of Uttargaya Rural Municipality throughout the duration of the Medical Relief Camp.

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