



AMDA-Nepal

AMDA Institute of Health Science

Kharkhare, Damak-2, Jhapa



Monthly Academic Progress Report

2083 Sawan

Table of Contents

S.No	CONTENT	Page No.
1	Introduction	1
2	Background	2
3	Academic Activities of Asar2081	3
3.1	General Medicine, CMLT & Physiotherapy (1st Year)	3
3.2	Certificate in Medical Laboratory Technology (2 nd & 3 rd year)	3
3.3	General Medicine (2nd and 3rd Year)	4
3.4	Physiotherapy 2 nd year	4
3.5	PCL Nursing	4-5
4	Administrative Activities	5
4.1	Staff Meeting	5
5	Conclusion	5
6	Plan for next month –Academic section	5-7
7	Plan for next month –Admin section	7
8	Photo Gallery	8

1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of **Sawan 2083**.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

2. Background

AMDA Institute of Health Science, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Sawan 2083**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2083–2084**.

3. Academic activities of the Sawan 2083

3.1 General Medicine, CMLT & PHYSIOTHERAPY 1st year:

- ❖ Continued the regular schedule of theoretical and practical classes for the new first-year students of the **General Medicine, Physiotherapy, and CMLT programs** for the academic session **2083/084**.
- ❖ Conducted **unit-wise tests** for all relevant subjects as part of the continuous assessment process.
- ❖ Conducted **structured revision sessions** focusing on key topics to strengthen students' understanding and examination preparedness.
- ❖ Conducted **revision classes for the first-year students of the academic session 2082/083** in preparation for their upcoming **final examinations**.

3.2 Certificate in Medical Laboratory Technology

CMLT 2nd year and 3rd Year:

- ❖ Regular class (theory and practical) and class test was conducted as per schedule (CMLT 2nd Year).
- ❖ Regular class and clinical posting was conducted as per schedule for CMLT 3rd Year.
- ❖ Cleaning college area and protecting plant around college area by teachers and students together on 2083/04/08.
- ❖ Conduct drawing and poet competition on the occasion of world feeding week 2083/04/15 (2026/07/31).
- ❖ 100% course has been completed for 2nd Year and 3rd Year CMLT students.

3.3 General Medicine 2nd & 3rd year:

General Medicine 2nd year

- ❖ The planned academic sessions were conducted as per the approved academic schedule.
- ❖ **100% of the prescribed course content was successfully completed** within the planned academic period.
- ❖ **Clinical duties/clinical postings were commenced** for the concerned students to facilitate practical exposure and strengthen their clinical competencies.
- ❖ **Final internal assessment marks were compiled, finalized, and submitted** to the concerned authority within the stipulated timeframe.

- ❖ Students were provided with necessary guidance and support for their final examination preparation.

General Medicine 3rd Year

- ❖ Revision classes of selective subject and regular practice examination was continued.
- ❖ Clinical posting at AMDA, Damak was resumed for 3 weeks.
- ❖ Regular monitoring and supervision of students were continued at AMDA, Damak.
- ❖ Case Presentations were performed by students at different units (Emergency, Medical-Surgical, OPD) at AMDA, Damak.

3.4 Physiotherapy 2nd year:-

- ❖ Continued its regular schedule of theoretical and practical classes of 2nd year students of Physiotherapy program respectively.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process.
- ❖ Result announcement of pre-board exam is conducted.
- ❖ Structured revision sessions were held focusing on key topics.

3.5 PCL Nursing 1st, 2nd & 3rd year

PCL NURSING 1ST YEAR

- ❖ Pre board examination completed for the Academic year 2082-83
- ❖ Clinical posting continued in AMDA hospital due to delay in final exam schedule by CTEVT
- ❖ 100% theoretical and practical class completed.
- ❖ Study block continue of new first year nursing 19th batch academic year

PCL NURSING 2ND YEAR

- ❖ Pre board examination completed for the fiscal year 2082-83
- ❖ Revision classes conducted for the students
- ❖ Clinical posting continued in AMDA hospital due to delay in final exam schedule by CTEVT
- ❖ 100% theoretical and practical class completed.

PCL NURSING 3RD YEAR

- ❖ Pre board examination completed for the fiscal year 2082-83
- ❖ Clinical posting continued in AMDA hospital due to delay in final exam schedule by CTEVT
- ❖ 100% theoretical and practical class completed.

4 Administrative Activities

4.1 Staff Meeting: -

On 2083-04-15 A coordination meeting was conducted to plan and facilitate the **World Breastfeeding Week celebration held from 1st to 7th August**. As part of the observance, an **Art Competition and Poem Competition** were organized to promote awareness regarding the importance and benefits of breastfeeding, with active participation from students. In addition, **health education sessions on breastfeeding and maternal and child health were conducted in the hospital wards** for patients and their attendants. The activities were successfully implemented through effective coordination among the Institute, hospital, students, and concerned staff, contributing to enhanced awareness and promotion of appropriate breastfeeding practices.

5 Conclusion

Overall, the month was successfully completed with effective implementation of academic, examination, clinical, administrative, and awareness activities. The planned activities were carried out as scheduled with active coordination and participation of students and staff

6. PLAN FOR NEXT MONTH Bhadra 2083 (academic section)

6. 1 GM, CMLT, & PHYSIOTHERAPY 1st year:

- ❖ Theoretical & practical classes, as well as unit test will be continued
- ❖ Continuing unit and monthly test. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.
- ❖ Planning for welcome-farewell program for all new 1st year and 3rd year students and alumni appreciation and recognition program.
- ❖ Prepare students for Board exam of academic year 2082/2083 1st year students

- ❖ Planning for Board exam preparation leave for CTEVT exam of academic year 2082/2083
1st year students

6.2 CMLT 2nd year and 3rd Year:

- ❖ Regular class and class test for CMLT 2nd Year and CMLT 3rd Year.
- ❖ Planning for welcome-farewell program for all 3rd year students and making alumni group.
- ❖ Prepare students for Board exam.
- ❖ Planning for Board exam preparation leave for CTEVT exam.

6.3 General Medicine 2nd & 3rd year

General medicine 2nd year

- ❖ Preparation for final external exams will be done (viva + practical) as per guidelines.
- ❖ Planning for welcome-farewell program for all 3rd year students and making alumni group

General Medicine 3rd year:

- ❖ Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.
- ❖ Planning for welcome-farewell program for all 3rd year students and making alumni group
- ❖ Preparation for final external exams will be done (viva + practical) as per guidelines

6.4 Physiotherapy 2nd year

- ❖ Theoretical & practical revision classes, as well as unit test will be continued.
- ❖ Structured revision sessions will be continued.
- ❖ Preparation for Final examination.
- ❖ Planning for welcome-farewell program for all 3rd year students and making alumni group

6.5 Nursing 1st 2nd and 3rd year

PCL NURSING 1ST YEAR.

- ❖ To allow students for self-preparation of final examination.

- ❖ To plan for welcome program of 19th batch and farewell program of 16th batch PCL nursing
- ❖ To guide and instruct students during final examination
- ❖ To continue study block of new first year academic session 2083/2084

PCL NURSING 2ND YEAR

- ❖ To allow students for self-preparation of final examination.
- ❖ To plan for welcome farewell program and alumni appreciation and recognition program.
- ❖ To prepare students for final examination

PCL NURSING 3RD YEAR

- ❖ To allow students for self-preparation of final examination.
- ❖ To plan for welcome farewell program and alumni appreciation and recognition program.
- ❖ To prepare students for final examination

7. PLAN FOR NEXT MONTH Swan 2083 (admin section)

- ❖ Welcome farewell program and alumni appreciation and recognition program.
- ❖ Conduct smooth CTEVT final examination

PHOTO GALLERY





Thank you!

AIHS, Damak