

**AMDA Nepal**  
**Breast and Cervical Cancer Screening Project**

**Monthly Progress Report**

<b>Implementing organization</b>	<b>AMDA Nepal</b>
<b>Title of the Project</b>	<b>Project for Breast and Cervical Cancer Screening Camp</b>
<b>Project Location</b>	<b>Gokarneshwor Municipality, Kathmandu District, Bagmati Province</b>
<b>Funded By</b>	<b>Daiichi Sankyo Co. Ltd. / AMDA MINDS</b>
<b>Reporting Month</b>	<b>September 2022</b>
<b>Total Project Budget</b>	<b>Rs. 2,68,76,925</b>
<b>Total Annual Budget</b>	<b>Rs. 60,22,031</b>
<b>Total Expenses till this month</b>	<b>Rs. 37,82,196.9</b>
<b>Total Expenses of this Month</b>	<b>Rs. 4,61,248</b>
<b>Report Submitted By</b>	<b>Srijana Shrestha</b>
<b>Date of Submission</b>	<b>10<sup>th</sup> October, 2022</b>

**1. List of activities accomplished in this month**

<b>SN</b>	<b>Activities</b>	<b>Number of event</b>	<b>No. of beneficiaries/ Individuals</b>	<b>Date of conduction</b>
1	<b>Coordination Meeting</b>	0	0	
2	<b>FCHV Training</b>	0	0	Completed
3	<b>Educational Activities</b>	3	76	2 <sup>nd</sup> and 22 <sup>nd</sup> September 2022
4	<b>Screening Camp</b>			
a.	Screening Camp at Baluwa Health Post	1	Reg.Client: 74 BCSS: 74 BL: 7 CCSS: 73 VIA+ve:1	3 <sup>rd</sup> September 2022
b.	Screening Camp at Urban Clinic Sarbeshwore	1	Reg.Client: 69 BCSS: 69 BL: 8 CCSS:66 VIA +ve:3	10 <sup>th</sup> September 2022
c.	Screening Camp at Gokarna Nagar Hospital	1	Reg.Client: 76 BCSS: 75 BL: 4 CCSS: 72 VIA +ve:2	17 <sup>th</sup> September 2022
d.	Screening Camp at AMDA Clinic	1	Reg.Client: 65 BCSS: 64 BL: 3 CCSS: 63 VIA +ve:2 Suspicious Cx: 1	24 <sup>th</sup> September 2022

<b>5.</b>	<b>Diagnostic Screening Camp-Mammogram</b>			
a.	Mammogram Service	92		6 <sup>th</sup> ,13 <sup>th</sup> & 24 <sup>th</sup> September 2022
b.	USG Service	90		15 <sup>th</sup> ,21 <sup>st</sup> & 24 <sup>th</sup> September 2022
c.	Colposcopy	5		24 <sup>th</sup> September 2022
<b>6.</b>	<b>School Health Program at 7 School</b>	306		15 <sup>th</sup> , 16 <sup>th</sup> , 22 <sup>nd</sup> & 23 <sup>rd</sup> September 2022

## 2. KEY ACHIEVEMENTS

- Orientation on **Kobo tool** to 2 FCHV was done on 17<sup>th</sup> September 2022 at Gokarna Nagar Hospital. We installed the tool in their phone and oriented about the form that need to be filled up during door to door visit.
- 3 **educational event** was conducted on 2<sup>nd</sup> and 22<sup>nd</sup> September 2022 at Eksara Phata, Suntakhan Buspark and Totha, Baluwa ,Ward -3 and Nayabasti Yuwa Club, ward 6 respectively, where 33 Swastha Aama Samuha participated at Eksara Phata and remaining 43 were the local women group of the community. We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems as well.
- Total 306 students participated in **School Health Program** at 5 different school on 15<sup>th</sup>, 16<sup>th</sup>, 22<sup>nd</sup> and 23<sup>rd</sup> September 2022 namely Shree Gokarna Mahadev Secondary School, Sahayogi Secondary School, Shree Chanmunda Secondary School, Shree Arunodaya Secondary School and Shree Okhareni Secondary School.
- 4 events of one-day free breast & cervical cancer **screening camp** were conducted at Baluwa Health Post, Urban Clinic Sarbeshwore, Gokarna Nagar Hospital and AMDA Clinic on 3<sup>rd</sup>,10<sup>th</sup>,17<sup>th</sup> and 20<sup>th</sup> September 2022 respectively. A total of 284 women attended the camp and among them 274 clients benefitted from cervical cancer screening services (CCSS) and 282 clients benefitted from breast cancer screening service (BCSS). Out of them, 22 women found with Benign Lump in the breast and 8 with VIA positive and 1 Suspicious Cervix for which Colposcopy service was provided and sent for biopsy at NMC. We conducted camp at AMDA Clinic in a **Single Visit Approach** as clients were benefitted with both service. i.e Screening camp and Diagnostic screening camp on the same day.
- 4 **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 187 clients benefitted with the service, where 92 clients received the Mammogram service, 90 client received the USG service and 5 client received colposcopy service.

### 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>0</i>	<i>No Activities was planned</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>			
<i>Number of Participants/ beneficiaries</i>			
<i>Budget</i>			
<i>Narrative Explanation:</i>			
Date:	Location:		
<b>Objective of the activity:</b>			
❖ <b>Participants feedback/ suggestions/ opinions:</b>			
❖ <b>Follow-up plan (if any)</b>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.1</i>	<i>Orientation on Kobo Tool</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	5	3	2
<i>Budget</i>	0	0	0
<i>Narrative Explanation:</i>			
Date: 17 <sup>th</sup> September 2022	Location: Gokarna Nagar Hospital		
<b>Objective of the activity:</b>	<ol style="list-style-type: none"> <li>1. To orientate about Kobo Tool to FCHV.</li> <li>2. To follow up the door to door activities of FCHV.</li> </ol>		
❖ <b>Activity details</b> Among 5 FCHV, only 2 participated in orientation on Kobo tool at Gokarna Nagar Hospital. First we installed the tool in their respective phone and we orientate them regarding the use of tool and to send the report after completion. One FCHV had followed up to 4 clients among them 3 of had received the service and 1 client hadn't service the service.			
❖ <b>Participants feedback/ suggestions/ opinions:</b>			
❖ <b>Follow-up plan (if any):</b>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.2</b>	<b><i>Educational Activities</i></b>		
	<b><i>Plan</i></b>	<b><i>Actual</i></b>	<b><i>Variance</i></b>
<b><i>Number of Event</i></b>	3	3	0
<b><i>Number of Participants/ beneficiaries</i></b>	60	76	16
<b><i>Budget</i></b>	13000	15338	2338
<b><i>Narrative Explanation:</i></b>			
Date: 2 <sup>nd</sup> and 22 <sup>nd</sup> September 2022	Location: Eksara Phata, Suntakhan Buspark and Totha, Baluwa ,Ward -3 and Nayabasti Yuwa Club, Ward 6		
<b>Objective of the activity:</b>	To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.		
<p>❖ <b>Activity details</b>            We orientate to Swastha Aama Samuha at Eksara Phata,Suntakhan Bus, Baluwa 3,. Total 33 were the participant. We planned to conduct program at one of the FCHV house as she had a spacious place at courtyard. However, due to heavy rainfall we had to conduct the program at Goat Shed with the use of local resources. It was a nice experience.            Likewise, the remaining 2 programs which was conducted among 43 local women who resides in the same community at Totha, Baluwa and Nawa Yuwa Club, ward 6. FCHV informs to all the women of their community. Among many womens, only interested candidate participated in the educational activity.</p> <p>❖ <b>Participants feedback/ suggestions/ opinions:</b>            Participants thanked for such informative session and assured that this had changed their view on health seeking behavior and will come to receive the service on schedule day. Also, unaware about screening which should be done by healthy person and need to do regularly for the optimum health of their own.</p> <p>❖ <b>Follow-up plan (if any):</b>            Not Any.</p>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.2</b>	<b><i>School Health Program</i></b>		
	<b><i>Plan</i></b>	<b><i>Actual</i></b>	<b><i>Variance</i></b>
<b><i>Number of Event</i></b>	5	5	0
<b><i>Number of Participants/ beneficiaries</i></b>	300	306	6
<b><i>Budget</i></b>	40000	33080	6920
<b><i>Narrative Explanation:</i></b>			

Date: 15 <sup>th</sup> , 16 <sup>th</sup> , 22 <sup>nd</sup> and 23 <sup>rd</sup> September 2022	Location: Sahayogi Secondary School, Gokarneswore Mahadev Secondary School, Shree Chamunda Secondary School, Shree Arunodaya Secondary School and Shree Okhareni Secondary School	
<b>Objective of the activity:</b>	<ul style="list-style-type: none"> <li>To disseminate and bring awareness among adolescent group regarding imperative aspect of breast &amp; cervical cancer screening services.</li> </ul>	
❖ <b>Activity details</b>		
<b>SN</b>	<b>Name of School</b>	<b>No. of Participants</b>
1.	Sahayogi Secondary School	55
2.	Gokarneswore Mahadev Secondary School	71
3.	Shree Chamunda Secondary School	46
4.	Shree Arunodaya Secondary School	76
5.	Shree Okhareni Secondary School	58
<p>In total 306 students participated in the awareness program in School regarding breast and cervical cancer screening. Initially we introduce about the program, the organization and the activities ongoing at Gokarneshwore Municipality with the joint coordination with Municipality. Also, the purpose of awareness among school children.</p> <p>We disseminated the knowledge on cancer, breast cancer and cervical cancer through interactive lecture, showing the vedios and presented through slides. Also, we distributed the brochures among all the students. We addressed the queries the students had and also repeated the session as per their request in which they would like to know further.</p>		
❖ <b>Participants feedback/ suggestions/ opinions:</b>		
The students were glad to attend the session as this is quite important in their life as well to their family members. Also, they were aware about hazardous activities and they should be caution on any abnormal symptoms seen in the body.		
❖ <b>Follow-up plan (if any): NA</b>		

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.2</b>	<b>Screening Camp</b>		
	<b>Plan</b>	<b>Actual</b>	<b>Variance</b>
<b>Number of Event</b>	4	4	0
<b>Number of Participants/ beneficiaries</b>	240	282	42
<b>Budget</b>	200000	197320	2680

<b>Narrative Explanation:</b>	
Date: 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> and 20 <sup>th</sup> September 2022	Location: Baluwa Health Post, Urban Clinic Sarbeshwore, Gokarna Nagar Hospital and AMDA Clinic
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.
<ul style="list-style-type: none"> <li> <b>Activity details</b>            All those four camp conducted in a well-managed manner. The event was targeted to women between 30 to 60 years of age. Along with screening service we provided STI medicine as per the need of the client which was supported by Gokarneshwore Municipality.            A total of 284 women attended the camp and among them 274 clients benefitted from cervical cancer screening services (CCSS) and 282 clients benefitted from breast cancer screening service (BCSS). Out of them, 22 women found with Benign Lump in the breast and 8 with VIA positive and 1 Suspicious Cervix for which Colposcopy service was provided and sent for biopsy at NMC.             Among all, only 3 clients had done previous breast screening and 25 clients had done cervical screening at respective hospitals.            We conducted camp at AMDA Clinic in a <b>Single Visit Approach</b> as clients were benefitted with both service. i.e Screening camp and Diagnostic screening camp on the same day.         </li> <li> <b>Participants feedback/ suggestions/ opinions:</b>            Clients were very glad to receive both cancer screening and diagnostic service on the same day at AMDA clinic.         </li> <li> <b>Follow-up plan (if any):</b> <ul style="list-style-type: none"> <li>As soon we receive the mammogram report, need to inform the same to all the clients.</li> <li>Follow up to the suspected client.</li> </ul> </li> </ul>	

<b>Activity Code</b>	<b>Name of Activity</b>		
<b>2.5</b>	<b>Diagnostic Screening camp</b>		
	<b>Plan</b>	<b>Actual</b>	<b>Variance</b>
<b>Number of Event</b>	4	4	0
<b>Number of Participants/ beneficiaries</b>	100	115	15
<b>Budget</b>	40000	36800	3200
<b>Narrative Explanation:</b>			
Date: 6 <sup>th</sup> , 13 <sup>th</sup> , 15 <sup>th</sup> , 21 <sup>st</sup> September 2022	Location: AMDA Clinic (AGWC)		

<b>Objective of the activity:</b>		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
<b>❖ Activity details</b>					
SN	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	6 <sup>th</sup>	Mammogram	26		All Normal except 1 clients had Benign Vascular Calcification in right breast. Follow up after a year.
2	13 <sup>th</sup>	Mammogram	19		All Normal except 1 clients had Benign Vascular Calcification in right breast. Follow up after a year.
3	15 <sup>th</sup>	USG	27		All Normal except 3 clients had fibroadenoma in right breast. Follow up after a year.
4	21 <sup>st</sup>	USG	32		Normal
5	24 <sup>th</sup>	Colposcopy	5		3 clients(VIA positive) -Report normal 2 client (VIA positive & Suspicious Cx)- cervical biopsy was sent to further investigation.
		Mammogram	47	Report not received	
		USG	31	Normal	
<b>❖ Participants feedback/ suggestions/ opinions:</b> Not Any.					
<b>❖ Follow-up plan (if any):</b> <ul style="list-style-type: none"> <li>To those client advised for follow up.</li> </ul>					

#### 4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 60,22,031	Rs. 37,82,196.9	63	
Quarterly Budget	Rs. 15,00,000	Rs. 15,02,726	100	
Monthly Budget	Rs. 5,00,000	Rs. 4,61,248	92	

#### 5. ISSUES, CHALLENGES

- Referral to the suspected clients is still a challenge. The one who is aware, educated and financially sufficient go for the further investigation whereas the one with lack of money won't go for the same.
- Unable to approach FCHVs for the orientation on Kobo Tool due to festive season.

## 6. LESSONS LEARNED

- Not Any

## 7. WAY FORWARD/RECOMMENDATION

- Planning to celebrate Breast Cancer Awareness Month – October through School Health Program i.e organizing Quiz Competition and Tiktok Competition regarding awareness on Breast & Cervical Cancer.
- Follow up with trained staffs on commencement of services through health facility.
- Distribution of Equipment and Supplies at 3 Urban Clinics namely, Sarbeshwore, ShivaChock & Besigaun Urban Clinic.

## 8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

## 9. PLANNED ACTIVITIES (for upcoming month/ Period)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Quarterly Review Meeting	4	Rs. 36,700	21 <sup>st</sup> October 2022	Gokarneswore Municipality
2. School Health Program	3	Rs. 15,000	12 <sup>th</sup> & 13 <sup>th</sup> October 2022	World Youth International School, Aakash Deep English School
3. Event Day Celebration	6	Rs. 80,000	19 <sup>th</sup> October 2022	World Youth International School
4. Procurement Expenses	7	Rs. 1,00,000		
5. Admin & Overhead Cost	1	Rs. 1,35,544		
<b>Total</b>		<b>Rs. 367244</b>		

### Annex 2: Consolidate data Report



Consolidate Report  
Sep 2022

### Annex 3. Orientation on Kobo Tool to FCHV

#### 1. FCHV ,Ward 4

SN	Name of FCHV	Orientation	Remarks
1	Ram Devi Shrestha	Completed	
2	Samita Desai	Completed	

### Annex 6. Photographs



Educational Activities at Eksara Phata, Suntakhan, Baluwa -3



Educational Activities at Totha, Baluwa - 3



Awareness Program at Chamunda Secondary School, Ward 6



Awareness Program at Gokarneswore Mahadev Secondary School, Ward 4



Awareness Program at Sahayogi Secondary School, Ward 4



Awareness Program at Shree Okhareni Secondary School, Ward 1



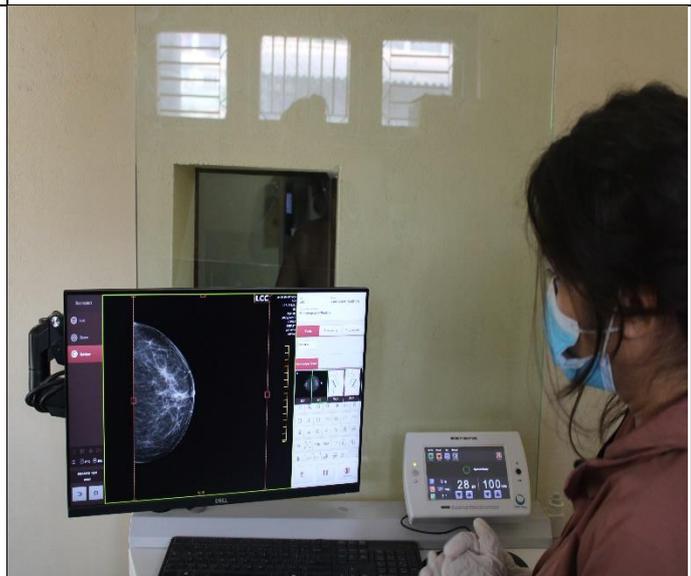
Supervision visit by Mayor and Deputy Mayor at during screening camp at Baluwa Health Post..



Screening camp at Gokarna Nagar Hospital.



Screening Camp at Urban Clinic Sarbeshwore



Mammogram Diagnostic Screening Cam at AMDA Clinic.



USG Diagnostic Screening Camp at at AMDA Clinic.



Colposcopy Diagnostic Screening Camp at at AMDA Clinic.