

Affiliated to CTEVT  
AMDA INSTITUTE OF HEALTHSCIENCE  
**REPORT ON “TOY EXHIBITION”**



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**Submitted to:**

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# 1. Introduction

The Toy Exhibition was organized as an educational and interactive platform aimed at promoting awareness about **Growth and Developments, milestone of each childhood group, including good habits, bad habits and risk behaviours and requirements of nutrition of each childhood groups.** As part of the student curriculum (PCL nursing Third year, Child Health Nursing), this exhibition provided an opportunity for learners to apply theoretical knowledge in a practical setting, while also enhancing their communication, presentation, and teamwork skills.

The event focused on various key aspects of toy exhibition regarding age appropriated toy display likewise chart papers including milestone, development task, behavioural problems, nutritional requirement according to their age and the importance of play materials.

This report documents the planning, execution, student participation, and key takeaways from the exhibition, highlighting its relevance to academic learning and everyday life.

## 2. Objectives

The objectives of the Toy exhibition were:

- Promote Learning Through Play, Encourage cognitive development and problem-solving skills
- Introduce educational and STEM-based toys, Showcase innovative and student-made toys, Motivate children to design and create their own toys, Develop critical thinking and hands-on skill
- Encourage teamwork and cooperative play, Strengthen parent-child interaction, Build communication and social skills, Encourage Creativity and Innovation
- To encourage active student participation in health education activities to enhance their practical understanding and presentation skills.
- To link theory to practice by applying classroom learning to real-life scenarios through presenting toy materials according to their age group.
- To encourage hands-on learning by engaging students in preparing and presenting toy models, charts, good habits, and Growth and development.
- To develop students' skills in research, presentation, and teamwork.

## 3. Exhibition details

- **Date of exhibition:** 2082-10-19 B.S.
- **Venue:** AMDA Institute of Health Science, Butwal-07, Deepnagar
- **Organized by:** PCL Nursing Third Year
- **Participants:** **Medical Superintendent, Matron, Paediatric Consultant, Ward Incharge, Nursing Staffs,** Principal, Instructors (Nursing, H.A., Pharmacy), Students (PCL Nursing, H.A., Pharmacy), others staff members of AIHS, Patients and Visitors

## 4. Planning and Preparation

- Formation of a student into 5 groups as well as teacher guide for respected group to organize and manage the exhibition.
- Division of topics among groups: Infant, Toddler, Pre-school, School age and Adolescence
- Coordination with teachers and staff for venue setup and logistics.
- Preparation of play materials, charts, models, posters, and demonstration recipes.
- Scheduling presentations and demonstrations.

## 5. Activities Conducted

### ➤ Display of Play materials and Growth and development Charts

- ✓ Showcased different play materials and Milestone charts.
- ✓ Educated participants on essential toy (indoor and outdoor games).
- ✓ Emphasized variety, moderation, and daily play requirements.
- ✓ **Display of Infants, Toodler, Pre-school, School and Adolescence play materials.**
- ✓ Presented specially prepared nutrition according to their age for growth and development.
- ✓ Educated participants on behaviour that they show in their age like separation anxiety, tantrum and sibling rivalry.

### ➤ Poster Exhibition on Toy Exhibition

- ✓ Displayed educational posters on balanced diets, behavioural problems, and good habit bad habit according to the age group.
- ✓ Designed to engage all age groups with clear, informative visuals.

### ➤ Interactive Sessions on Toy Exhibition

- ✓ Conducted interactive sessions with participants and visitors
- ✓ Addressed myths, clarified doubts, and promoted awareness on play material and health.

### ➤ Showcasing Local and economical play materials

- ✓ Highlighted toy materials, locally available, and economical.
- ✓ Promoted sustainable and safety relevant toy choices.

## 6. Outcome

- Enhanced understanding of toy concepts among students and visitors.
- Improved student confidence in public speaking and practical demonstrations.
- Positive feedback from teachers, students and visitors.
- Raised awareness about the importance toy material for health and wellness.
- Encouraged adoption of healthier play materials choices in daily life

## **7. Conclusion**

The Toy Exhibition was a successful and enriching experience for all involved. It served as a practical learning platform where students actively engaged with the subject matter and shared valuable information with the patients and visitors. Such events play a crucial role in fostering health consciousness and developing essential life skills.

By participating in the planning, preparation, and presentation of exhibits, students developed critical life skills including teamwork, communication, public speaking, and the ability to translate academic knowledge into everyday practice.

Furthermore, the event played a pivotal role in raising awareness about the role of toy in health promotion and overall well-being, thereby fostering a greater sense of responsibility toward making informed toy choices. The positive feedback received from participants and attendees alike highlights the effectiveness of such educational initiatives in cultivating a culture of health consciousness. In conclusion, the Toy Exhibition not only met its objectives but also laid the groundwork for continued learning and advocacy in the field of Child health and Nursing.

## **ANNEX I: Photos**

**ANNEX II: Photos**







# TODDLER

**विकास कार्यक्रम**  
आमोखबट केही समय अता रहन  
सकने पहमशानता विकास पाई।  
आपनी आवस्यकता तुरंत पुरानहो  
केही समय परलन सकने हुई।  
दिमा-मियाव जस्ता शारीरिक कार्यक्रम  
निकाला जाई सई।  
समानते खेकार जाई व्यवहारक-  
सिकन थाल।  
बिनालकको बध्यमखट आफनी भावना  
व्यक्त जाई सई।  
परिवारको सदस्य सपमा आफनी भूमि  
व्यक्त सई।



**ALPHABETS**  
A = Apple  
B = Ball  
C = Car  
D = Doll

**रसम्री बानी**  
कभरत जौं रकरथ रलौं  
दौत माझि हात धौं  
समयमी सौंने किताब पढौं

**प्राह्न मोटर**  
साना वस्तुहरू ओलने  
समान र ढोडन सवहन,  
चम्पति खान थाल्छन,  
बनकरु रकजापसमा  
राखेर टाँसेर बनाउन सवहन,  
कागज च्याले र किताबका  
पाना पत्राउन सवहन,  
सापले बनाएर अड्डन तर  
जातको पहिचान



**ताराबानी तैलें**  
ताराबानी तैलें  
मामा आर घाँडा  
माइल आइल डौली  
पापा ल्याइल सौली  
बुबसाम सुपुवक  
कोपल गी कवक  
बिराती भन्द ग्योडम्योड  
अगुलौ भन्द ग्योडम्योड

**नरसम्री बानी**  
आँखा खुने नङ टाँवने  
चिया पान नयुने



**DAYS OF THE WEEK**  
SUNDAY  
MONDAY  
TUESDAY  
WEDNESDAY  
THURSDAY  
FRIDAY  
SATURDAY

सही र जात हयादा सिर  
विचार  
सक्य टुकि हिक्यामा जस  
प्रोपिको सवय र चाल्छ  
सक्यार जा सिक  
परिसर सवयसक्य  
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