



AMDA-Nepal

AMDA Institute of Health Science

Kharkhare, Damak-2, Jhapa



Monthly Academic Progress Report

2082 Chaitra

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1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of **Chaitra 2082**.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

2. Background

AMDA Institute of Health Science, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Chaitra 2082**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2082–2083**.

3. Academic activities of the Phalgun 2082

3.1 General Medicine, CMLT & PHYSIOTHERAPY 1st year:

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 1st year students of General Medicine, Physiotherapy and CMLT programs respectively.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process
- ❖ Structured revision sessions were held focusing on key topics
- ❖ Held Second Internal Assessment

3.2 Certificate in Medical Laboratory Technology 2nd&3rdyear: -

CMLT 2nd year:

- ❖ Regular class (theory and practical) and clinical posting was conducted as per schedule (CMLT 2nd Year).
- ❖ 2nd Internal assessment was successfully conducted from 2082/12/08 to 2082/12/15.
- ❖ Re-Exam was conducted those who failed to secure pass marks in second internal exam for 2nd Year
- ❖ 50% course has been completed for 2nd Year

CMLT 3rd year:

- ❖ Comprehensive hospital-based clinical practice along with regular morning classes for three subjects will be conducted on a continuous basis.
- ❖ Re-Exam was conducted those who failed to secure pass marks in second internal exam for 3rd Year CMLT students.
- ❖ 70% course has been completed for 3rd Year CMLT students.
- ❖ Completed Histopathology posting at Birat Medical College, Biratnagar

3.3 General Medicine 2nd& 3rd year:-

General Medicine 2nd year

- ❖ AIHS, DAMAK continued its regular schedule of theoretical and clinical posting of general medicine 2nd year students.
- ❖ 2nd internal assessment completed as per schedule
- ❖ Completed 80-85% of course

General Medicine 3rd year

- ❖ Clinical posting at AMDA, Damak and Community posting at Madan Bhandari Trauma Center has been started from Chaitra 1st.
- ❖ Regular monitoring and supervision of students were continued at both clinical and community respectively.
- ❖ Case Presentations were performed by students at different units (Emergency, Medical-Surgical, OPD)
- ❖ Conducted 2nd Internal Assessment.

3.4 Physiotherapy 2nd year:-

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 2st year students of Physiotherapy program respectively.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process
- ❖ Structured revision sessions were held focusing on key topics
- ❖ Completed 2nd Internal Assessment successfully

3.5 PCL Nursing 1st, 2nd & 3rd year

PCL NURSING 1ST YEAR

- Successfully conducted Grand presentation of community field visit at our own college.
- Continued study block in 1st and 2nd week of Chhaitra.
- To commence fundamental clinical posting in AMDA hospital at medical, surgical. Laboratory, emergency, CSSD ward.
- 90% theoretical class completed.

PCL NURSING 2nd YEAR

- Commenced the students for psychiatric posting in Nobel Hospital, Biratnagar and Eye Posting in Birta eye hospital, Damak-5. for first two weeks in rotation basis.
- Continued clinical posting in Amda hospital in different ward like medical, surgical, emergency, OT, MCH e.t.c, (40% clinical posting complete
- 80% theoretical class completed.

PCL NURSING 3RD YEAR

- Continued clinical posting in AMDA hospital in different ward like labor ward, postnatal ward, pediatric and prenatal ward. (30% clinical posting was completed.
- 85% theoretical class completed.
- One day concurrent visit to provincial hospital, Bhadrapur was successfully completed. Students were able to observe the services provided by Provincial level Hospital.

4 Administrative Activities

4.1 Staff Meeting:-

A monthly staff meeting was conducted as part of the institution's ongoing efforts to strengthen academic promotion and alumni engagement. During the meeting, key discussions were held regarding strategies to enhance academic programs, improve student enrollment, and increase institutional visibility. Faculty members shared updates on teaching activities, student performance, and upcoming academic plans. In addition, the importance of maintaining strong relationships with alumni was emphasized, with plans proposed to involve them in academic support, mentorship, and promotional activities.

4.2 Recruit new staff /academic

As part of strengthening the academic and clinical capacity of the institution, recruitment of new staff for the Physiotherapy program was initiated, particularly to support the 2nd year classes. This recruitment aims to maintain an optimal student-teacher ratio, enhance the quality of instruction, and ensure smooth conduct of academic and clinical sessions. The

addition of new staff is expected to significantly support the learning needs of 2nd year physiotherapy students and improve overall program performance.

4.3 CTEVT Inspection

The CTEVT inspection was successfully conducted during the reporting period, and the overall evaluation of the institution was found to be satisfactory. The inspection team appreciated the general academic environment, management practices, and ongoing activities. However, constructive feedback was provided to further enhance institutional facilities, particularly highlighting the need for improvement in the library and meeting hall. The team recommended upgrading these areas to better support academic resources and administrative functions. The institution acknowledges these suggestions and is committed to implementing the necessary improvements to meet and exceed the required standards.

5 Conclusion

The month concluded with overall satisfactory progress across academic, administrative, and developmental areas of the institution. Key activities, including staff meetings, academic promotion efforts, alumni engagement, recruitment processes, and the successful completion of the CTEVT inspection, were carried out effectively. Valuable feedback received during the inspection has provided clear direction for further improvement, particularly in enhancing infrastructure such as the library and meeting hall. The coordinated efforts of all staff members have contributed to a productive and goal-oriented environment, laying a strong foundation for continued progress and quality enhancement in the coming months.

6. PLAN FOR NEXT MONTH BAISAKH 2083 (academic section)

6.1 GM, CMLT, & PHYSIOTHERAPY 1st year:

- ❖ Theoretical & practical classes, as well as unit test will be continued
- ❖ The results of the Second Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.

6.2 CMLT (2nd and 3rd year)

- ❖ The results of the Second Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.
- ❖ Planning for new clinical schedule for CMLT 3rd Year student.

6.3 General Medicine 2nd & 3rd year

GM 2nd year

- ❖ Hospital posting and health post duty will be continued
- ❖ Practical classes will be started (pharmacology and clinical pathology)
- ❖ Results of 2nd internal assessment will be published.

GM 3rd year

- ❖ Clinical and Community posting will be continued
- ❖ The results of the Second Internal Assessment will be published.
- ❖ Report cards will be distributed in the presence of both students and their guardians.
- ❖ Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.

6.4 Physiotherapy 2nd year

- ❖ Theoretical & practical classes, as well as unit test will be continued
- ❖ The results of the Second Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.
- ❖ Community research practical/community visits will be started.

6.5 Nursing 1st 2nd and 3rd year

PCL NURSING 1ST YEAR.

- To continue fundamental clinical posting in AMDA hospital.
- To celebrate international nurses' day on May 12

PCL NURSING 2ND YEAR

- To continue clinical posting in AMDA hospital.
- To celebrate international nurses' day on May 12.

PCL NURSING 3RD YEAR

- To continue clinical posting in AMDA hospital in different departments like antenatal, labor, postnatal and pediatric ward.
- To plan one day observation, visit at Inaruwa District Hospital on 2nd week of Baisakh.
- To instigate hospital leadership and management of students by the 4th week of Baisakh at AMDA Hospital, Damak.
- To celebrate international nurses' day on May 12.

7. PLAN FOR NEXT MONTH BAISAKH 2083 (admin section)

- ❖ Monthly staff meeting for new student enrollment

PHOTO GALLERY



Cancer Awareness Program



Community Health action



Inauguration of charcoal filter by community people



Nursing 3rd year Observation Visit / Leadership & Management

Thank you !

AIHS, Damak