

AMDA Nepal

Breast and Cervical Cancer Screening Services

Monthly Progress Report

Implementing organization	AMDA Nepal
Title of the Project	Breast and Cervical Cancer Screening Services
Project Location	Gokarneshwor Municipality, Kathmandu District, Bagmati Province
Funded By	Gokarneshwor Municipality
Reporting Month	Ashoj 2081
Total Project Budget	Rs. 10,00,000
Total Expenses of this month	Rs. 132533
Total Expenses till this Month	Rs. 132533
Report Submitted By	Subash Dulal
Date of Submission	7 th Kartik 2081

1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	0	0	
2	Educational Activities	0	0	
3	Screening Camp			
a.	Screening Camp at Sarbeshwore Urban Health Center, Ward 6	1	Reg. Client: 58 BCSS: 58 BL: 0 Suspicious Lump:0 CCSS: 55 VIA+ve: 2	05 th Ashoj 2081
b.	Saraswoti Mandir Saraswoti Nagar-6, KTM	1	Reg. Client: 54 BCSS: 54 BL: 0 Suspicious Lump:0 CCSS: 54 VIA+ve: 2	19 th
4	Diagnostic Screening Camp			
a.	Mammogram Service	21		7 th Ashoj 2081
b.	Mammogram Service	18		21 st Ashoj 2081

2. KEY ACHIEVEMENTS

- 2 event of one-day free breast & cervical cancer **screening camp** were conducted at Sarbeshwore Urban Health Center, Ward 6, on 5th Ashoj 2081 and Saraswoti Mandir, Saraswoti Nagar-6, Boudha Ktm on 19th Ashoj 2081.
- 2 event of **Mammogram Diagnostic screening camp** were conducted at AMDA Clinic on 7th and 21st Ashoj 2081

3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
1	Coordination Meeting		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	0	0	0
<i>Number of Participants/ beneficiaries</i>	0	0	0
<i>Budget</i>	0	0	0
<i>Narrative Explanation:</i>			
Date:		Location:	
Objective of the activity:			
<ul style="list-style-type: none"> ❖ Activity details: ❖ Participants feedback/ suggestions/ opinions: Not Any. ❖ Follow-up plan (if any) 			

<i>Activity Code</i>	<i>Name of Activity</i>		
2.1	School Health Program		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	0	0	0
<i>Number of Participants/ beneficiaries</i>	0	0	0
<i>Budget</i>	0	0	0
<i>Narrative Explanation:</i>			
Date:		Location:	
Objective of the activity:			
<ul style="list-style-type: none"> • Activity details • Participants feedback/ suggestions/ opinions: • Follow-up plan (if any): 			

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2	Educational Activity		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
Number of Event	0	0	0
Number of Participants/ beneficiaries	0	0	0
Budget	0	0	0
<i>Narrative Explanation:</i>			
Date	Location:		
Objective of the activity:			
<ul style="list-style-type: none"> • Activity details • Participants feedback/ suggestions/ opinions: • Follow-up plan (if any): Not Any. 			

<i>Activity Code</i>	<i>Name of Activity</i>		
3.2.1	Screening Camp		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
Number of Event	2	2	0
Number of Participants/ beneficiaries	100	112	12
Budget	65000	52533	12667
<i>Narrative Explanation:</i>			
Date: 5 th and 19 th Ashoj 2081	Location: Sarbeshwore Urban Health Center, Ward 6 and Saraswoti Mandir, Saraswoti Nagar, Boudha-6, Kapan		
Objective of the activity:	<ul style="list-style-type: none"> • To aimed to provide accessible and comprehensive breast and cervical cancer screening services to women in the community. • The primary goals were early detection, prevention, and raising awareness about the importance of regular screenings 		
<ul style="list-style-type: none"> • Activity details 2 events of one-day free breast & cervical cancer screening camp were conducted at Sarbeshwore Urban Health Center, Ward 6 on 5th Ashoj 2081 and Saraswoti Mandir, Saraswoti Nagar-6 Boudha Ktm on 19th Ashoj 2081 Key Activities: ➤ Preparation and Set Up: Prior to the camp, logistical arrangements were made, including venue selection, equipment setup, and staffing including educational session was conducted prior the screening camp. 			

- Registration: Women attending the camp were registered and provided with information about the screening process, including its purpose and benefits
- Screening Services: Trained healthcare professionals conducted screenings for breast and cervical cancer using appropriate methods such as clinical breast examination, and VIA Test. Privacy and confidentiality were ensured throughout the screening process to maintain participants' comfort and dignity
- Referral: Individuals requiring further evaluation or treatment were referred to AMDA clinic for diagnostic screening services.

Findings:

A total of 112 women attended the camp and among them 112 clients benefitted from breast cancer screening service (BCSS) and 109 clients benefitted from cervical cancer screening services (CCSS). Out of them, 0 women found with Benign Lump in the breast. Likewise, 4 clients were diagnosed with VIA positive. For which we had referred the clients for diagnostic screening services at AMDA clinic for colposcopy, USG and Mammogram services.

Conclusion:

The screening camp for breast and cervical cancer screening services was successful in reaching and serving women in the community. By providing accessible screenings, education, and referrals, the camp contributed to efforts aimed at reducing the burden of these cancers and promoting women's health and well-being of GM.

- Participants feedback/ suggestions/ opinions:
Clients were very glad to receive both cancer screening and diagnostic service nearby their locality and also glad to hear about free referral services.
- Follow-up plan (if any):
To follow up the client for colposcopy, USG and Mammogram services.

<i>Activity Code</i>	<i>Name of Activity</i>		
2.5	Diagnostic Screening camp		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
Number of Event	2	2	0
Number of Participants/ beneficiaries	35	39	4
Budget			
Narrative Explanation:			
Date: 7 th and 21 st Ashoj 2081		Location: AMDA Clinic (AGWC)	
Objective of the activity:		<ul style="list-style-type: none"> ➤ To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly. ➤ The primary goal was to offer accessible and high-quality diagnostic services to individuals in need 	
<ul style="list-style-type: none"> • Activity details: The diagnostic screening service played a vital role in promoting preventive healthcare and early intervention. By offering accessible and comprehensive diagnostic tests, the service contributed to improving health outcomes and enhancing the well-being of individuals in the community. 			

Findings:

All the mammogram reports are disseminated to all the clients and advised to receive follow up services after each three years till the age of 60.

- Participants feedback/ suggestions/ opinions:
Not Any.

S N	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	7 th and 21 st Ashoj 2081	Mammo-gram	39	39	All Normal except the following clients: <ul style="list-style-type: none">• 1 client: Left breast Likely Benign lesion fibroadenoma BIRAD Cat. 2• 1 client: Tiny benign calcification in Right breast. BIRAD2

• Follow-up plan (if any):
Not Any.

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 10,00,000	Rs. 132533	7.54%	
Monthly Budget	Rs. 166666.66	Rs. 132533	79.5%	

5. ISSUES, CHALLENGES

- Not Any.

6. LESSONS LEARNED

- Not Any.

7. WAY FORWARD/RECOMMENDATION

- Coordinate with health and education department of GM for program related activities.
- Continue the Educational activities at School and Mothers Groups.
- Conduct Mental Health and Stress Management program among GM staffs and Ward President of GM.
- Conduct Screening and Diagnostic Camp as per need basis.
- Plan for training to Health Facility Service Provider.

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

9. PLANNED ACTIVITIES (for upcoming month/ Period

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Educational Activities	1	3,000	28 th Kartik 2081	Aama samuha
2. School Awareness Program	2	16,000	By the end of month	School
3. Screening Camp	1	50,000	10 th Kartik 2081	Shree Devi Bal Sudhar School, Gokarneshwor-3, Suntain, Baluwa
4. Diagnostic Screening Camp	1	32,000	By the end of month	AMDA Clinic
5. Procurement Expenses	1	Rs. 41,000	By the end of month	
6. Admin & Overhead Cost	1	Rs. 80,000	By the end of month	
Total		Rs. 2,22,000/-		

Annex 3. Photographs

Screening Camp at Sarbeshwore Urban Health Clinic, Gokarneshwor- 6 on 5th Ashoj 2081



Screening Camp at Saraswoti Mandir, Saraswoti Nagar, Boudha-6, Ktm on 19th Ashoj 2081.





Mammogram Diagnostic Screening Camp at AMDA Clinic on 7th and 21st Ashoj 2081.

