

**AMDA Nepal**  
**Breast and Cervical Cancer Screening Project**

**Monthly Progress Report**

<b>Implementing organization</b>	<b>AMDA Nepal</b>
<b>Title of the Project</b>	<b>Project for Breast and Cervical Cancer Screening Camp</b>
<b>Project Location</b>	<b>Gokarneshwar Municipality, Kathmandu District, Bagmati Province</b>
<b>Funded By</b>	<b>Daiichi Sankyo Co. Ltd. / AMDA MINDS</b>
<b>Reporting Month</b>	<b>August 2022</b>
<b>Total Project Budget</b>	<b>Rs. 2,68,76,925</b>
<b>Total Annual Budget</b>	<b>Rs. 60,22,031</b>
<b>Total Expenses till this month</b>	<b>Rs. 3320948.9</b>
<b>Total Expenses of this Month</b>	<b>Rs. 3,78,668</b>
<b>Report Submitted By</b>	<b>Srijana Shrestha</b>
<b>Date of Submission</b>	<b>10<sup>th</sup> September, 2022</b>

**1. List of activities accomplished in this month**

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	0	0	
2	FCHV Training	3	51	10 <sup>th</sup> , 24 <sup>th</sup> & 26 <sup>th</sup> August 2022
3	Educational Activities	1	31	4 <sup>th</sup> August 2022
4	Screening Camp			
a.	Screening Camp at Urban Clinic Shivachock	1	Reg.Client: 69 BCSS: 69 BL: 9 CCSS: 67	6 <sup>th</sup> August 2022
b.	Screening Camp at AMDA Clinic	1	Reg.Client: 46 BCSS: 46 BL: 9 CCSS: 41 VIA +ve:1	20 <sup>th</sup> August 2022
5.	Diagnostic Screening Camp-Mammogram			
a.	Mammogram Service	53		2 <sup>nd</sup> , 9 <sup>th</sup> & 20 <sup>th</sup> August 2022

b.	USG Service	61		20 <sup>th</sup> August 2022
c.	Colposcopy	1		20 <sup>th</sup> August 2022
6.	<b>Orientation to Trained Staff of Health Facilities</b>	15		29 <sup>th</sup> August 2022

## 2. KEY ACHIEVEMENTS

- 3 FCHV training was conducted at Baluwa Health Post, Gokarna Nagar Hospital and Nayapati Health Post on 10<sup>th</sup>, 24<sup>th</sup> & 26<sup>th</sup> August 2022 respectively. Among total 54 FCHV of Ward 3,4 and 2 only 51 FCHV received the training and was refreshed with each essential topic and focused on upmost importance information that need to be disseminate to the community people. Also, distributed the Jacket to FCHV in the presence of respective Ward president and focal person of health team of Gokarneshwore Nagarpalika.
- 1 educational event was conducted on 4<sup>th</sup> August 2022 at Urban Clinic Shiva Chock Local Women, Ward -7, where 31 members of local women’s group participated & aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated.
- 2 events of one-day free breast & cervical cancer screening camp were conducted at Urban Clinic ShivaChock and AMDA Clinic on 6<sup>th</sup> and 20<sup>th</sup> August 2022 respectively. A total of 115 women attended the camp and among them 108 clients benefitted from cervical cancer screening services (CCSS) and 115 clients benefitted from breast cancer screening service (BCSS). Out of them, 18 women found with Benign Lump in the breast and 1 with VIA positive for which Colposcopy service was provided and sent for biopsy at NMC. We conducted camp at AMDA Clinic in a **Single Visit Approach** as clients were benefitted with both service. i.e Screening camp and Diagnostic screening camp on the same day.
- 4 Diagnostic screening camp were conducted at AMDA Clinic. A total of 115 clients benefitted with the service, where 53 clients received the Mammogram service, 26 client received the USG service and 1 client received colposcopy service.
- Orientation to trained staff on Breast & Cervical Cancer screening services of Gokarneshwore Municipality was completed on 29<sup>th</sup> August 2022 at Gokarneshwore Nagar Hospital. Among total 21 participants only 15 trained staff had participated in the orientation program. During this session, we mainly focused on use of forms and format, the referral and recording and reporting of services.

## 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>0</i>	<i>No Activities was planned</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>			
<i>Number of Participants/ beneficiaries</i>			
<i>Budget</i>			
<i>Narrative Explanation:</i>			
Date:		Location:	
Objective of the activity:			
<p align="center"><b>Participants feedback/ suggestions/ opinions:</b></p> <p>❖ <b>Follow-up plan (if any):</b></p>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.1</i>	<i>FCHV training</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	2	3	1
<i>Number of Participants/ beneficiaries</i>	37	51	14
<i>Budget</i>	40000	56744	16744
<i>Narrative Explanation:</i>			
Date: 10 <sup>th</sup> , 24 <sup>th</sup> & 26 <sup>th</sup> August 2022		Location: Baluwa HP, Gokarneshwore Nagar Hospital & Nayapati HP	
Objective of the activity:		<ul style="list-style-type: none"> <li>✚ To evaluate the knowledge of FCHV on Breast and Cervical Cancer based on previous training.</li> <li>✚ To revive the knowledge of FCHV and highlight the main topic that need to disseminate to community women.</li> </ul>	
<p>❖ <b>Activity details</b>  On 10<sup>th</sup>, 24<sup>th</sup> &amp; 26<sup>th</sup> August 2022 we conducted FCHV training at Baluwa HP, Gokarneshwore Nagar Hospital &amp; Nayapati HP in coordination with Health Department of Gokarneshwore Nagarpalika and HF incharge. The program was conducted in the presence of respective Ward President and Hari Psd Upadhaya of</p>			

Health Department of Municipality, Shobha Shrestha, Sr.ANM and the Incharge of Health Facility. Before the commencement of training, Program Officer had provided the brief on program, its objective and importance of this training and key messages that need to be addressed.

Among total 54, 18 FCHV from Baluwa HP, 17 FCHV from Gokarneshwore Nagar Hospital & 16 from Nayapati HP, total 51 participated in the training. Initially we assessed the level of knowledge of participants through pre-test in order to assess the knowledge of FCHV and identify the topic that need to be addressed. Focused on key message that is required to propagate with community people. Also, focusing on active participation we conducted group discussion session among FCHV and presented the given specific topic by FCHV. And concluded the training session with summary in each topic among all FCHV. This had helped to retain the information and with the key message, it became easy to circulate the message to community women. After the session, we took the post – test in order to assess the level of knowledge acquired by FCHV on today’s session.

After the session, Ward President gave their valuable word on this ongoing project and requested FCHV to disseminate and raise the awareness and soar the participation of all the eligible community women to receive the service. Also, we distributed the Jacket to all FCHV in the presence of Ward President and health desk

**Participants feedback/ suggestions/ opinions:**

With this training session, FCHVs had understood and retained the information regarding Breast and Cervical Cancer and certainly, this would help them to disseminate the information to community women. Participants has suggested to continue such kind of refresher training every yearly.

❖ **Follow-up plan (if any):**

Need to follow up the FCHV door to door activities with the use of Kobo tool.

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.2</i>	<i>Educational Activities</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	2	1	1
<i>Number of Participants/ beneficiaries</i>	25	31	6
<i>Budget</i>	12000	3825	8175
<b><i>Narrative Explanation:</i></b>			
Date: 4 <sup>th</sup> Augusr 2022	Location: Gramin Health, education & service center		
<b>Objective of the activity:</b>	To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.		

❖ **Activity details**

The local women who resides in the same community had participated in educational activities program at Gramin Health, education & service center, Ward 7. FCHV had informed to all the women of their community. Among many womens, only interested candidate participated in the educational activity.

❖ **Participants feedback/ suggestions/ opinions:**

Participants thanked for such informative session and assured that this had changed their view on health seeking behavior and will come to receive the service on schedule day. Also, unaware about screening which should be done by healthy person and need to do regularly for the optimum health of their own.

❖ **Follow-up plan (if any):**

Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.2</b>	<b>Screening Camp</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	2	2	0
<i>Number of Participants/ beneficiaries</i>	120	115	5
<i>Budget</i>	100000	91179	8821
<i>Narrative Explanation:</i>			
Date: 6th & 20 <sup>th</sup> August 2022	Location: Urban Clinic Shivachock and AMDA Nepal		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.		

❖ **Activity details**

- All those four camp conducted in a well-managed manner. The event was targeted to women between 30 to 60 years of age. Along with screening service we provided STI medicine as per the need of the client which was supported by Gokarneshwore Municipality.

Among total of 115 women attended the camp and 108 clients benefitted from cervical cancer screening services (CCSS) and 115 clients benefitted from breast cancer screening service (BCSS). Out of them 18 women found with Benign Lump and referred for further breast diagnostic service at AMDA clinic. 1 VIA positive with endocervical polyp. The colposcopy done along with polypectomy & sent for biopsy at NMC. The biopsy report was chronic cervicitis and endocervical polyp. So as per consultation with Dr. Neebha, we had planned to do follow up after 3-6 month period.

Among all, only 1 clients had done previous breast screening and 12 clients had done cervical screening at respective hospitals.

❖ **Participants feedback/ suggestions/ opinions:**

Clients were very glad to receive both cancer screening and diagnostic service on the same day at AMDA clinic.

❖ **Follow-up plan (if any):**

- As soon we receive the mammogram report, need to inform the same to all the clients.
- Follow up to the suspected client.

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.4</b>	<b><i>Orientation Program to Trained Staff</i></b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	20	15	5
<i>Budget</i>	20000	17320	2680
<b><i>Narrative Explanation:</i></b>			
Date: 29 <sup>th</sup> August 2022		Location: Gokarna Nagar Hospital, Ward 4	
<b>Objective of the activity:</b>		<ol style="list-style-type: none"> <li>1. To provide orientation on forms and format used while providing services, the referral area for the suspected clients and to record and reporting of the services to Program Officer of PBCCSC.</li> <li>2. To identify any problems or need of any additional guidance or support to commence the service.</li> </ol>	
<p>❖ <b>Activity details</b></p> <p>The Orientation Program to trained staff was conducted on 29<sup>th</sup> August 2022 at Gokarna Nagar Hospital, Ward 4 in the presence of Public Health Officer (PHO) and other health team of Gokarneshwar Municipality. Among total 20 participants, only 15 attended the program. Initially, Hari Psd Upadhaya, PHO, commenced the program with the welcome speech to all the participants. Also, requested all the participants to commence the service in their health facility and to notify if any need of equipment, supplies or any problem to commence the service. He mainly addressed to provide the service to every patients of age 30-60 years with their consent. Every women of the respective society should receive the service and this both breast and cervical cancer need to be early detected and early treatment should be provided.</p>			

After that, we commenced with the identification of any problem for the commencement of the service. Three newly established Urban clinic requested to provide the equipment and supplies for the service. Also, addressed to participate in camp for the competency purpose and if possible to plan for the refresher training regarding the same which would aid in competency & confidence in them. Likewise, we gone through all the screening camp forms & format one by one so that there won't be any confusion to them. We discussed on key aspect of the screening service, referral site for further investigation and its recording and reporting to the PO of PBCCSC.

With the energetic team and full of commitment on commencement of service, we ended the session with the distribution of brochure and forms and format and to be connected on Viber Group to clarify any queries or problems if any and to send the report at the end of the month by the assigned person.

❖ **Participants feedback/ suggestions/ opinions:**

Participants were very glad to receive the orientation program as this had given them a clear vision on commencement of the service.

❖ **Follow-up plan (if any):**

- Follow up for the Monthly Report.

<i>Activity Code</i>	<i>Name of Activity</i>				
2.5	<i>Diagnostic Screening camp</i>				
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>		
<i>Number of Event</i>	4	4	0		
<i>Number of Participants/ beneficiaries</i>	100	115	15		
<i>Budget</i>	30000	32900	2900		
<b><i>Narrative Explanation:</i></b>					
Date: 2 <sup>nd</sup> , 3 <sup>rd</sup> 9 <sup>th</sup> & 20 <sup>th</sup> August 2022		Location: AMDA Clinic (AGWC)			
<b>Objective of the activity:</b>		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
<b>❖ Activity details</b>					
<b>S N</b>	<b>Dat e</b>	<b>Diagnostic Service</b>	<b>Number of Clients</b>	<b>Gran d Total</b>	<b>Findings</b>
1	2 <sup>nd</sup>	Mammogram	9	108	Normal Report.
	3 <sup>rd</sup>	USG	35		1. Multiple left simple breast cyst.

				2. Fibrocystic disease of left breast. 3. Linear hyper echoic tract lesion in left breast likely ductal calcification. Advice Mammogram. 4. Well defined small hypoechoic lesion in left breast atypical fibroadenoma –Follow up after 1 year.
	9th	Mammogram	16	Report – Not received Yet
		Colposcopy	1	Report normal. 1 client - cervical biopsy & polyp was sent to further investigation. The Biospy report diagnosed with Chronic Cervicitis and endocervical poly.
		Mammogram	28	Report not received
	20th	USG	26	1. Illdefined hypoechoic lesion in right breast likely fibroadenoma 2. Right axillary Lymphadenopathy

❖ **Participants feedback/ suggestions/ opinions:**

Not Any.

❖ **Follow-up plan (if any):**

- To those client advised for follow up.

#### 4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 60,22,031	Rs. 3320948.9	55	
Quarterly Budget	Rs. 15,00,000	Rs. 15,02,726	100	
Monthly Budget	Rs. 4,42,544	Rs. 3,78,668	86	

#### 5. ISSUES, CHALLENGES

- Most of the women lost to follow –up for further Breast & Cervical Cancer diagnostic screening. The flow of the client for the same is low comparison to screening services though we inform all the clients via phone about date, time and venue and the importance of checkup.
- Referral to the suspected clients is still a challenge. The one who is aware, educated and financially sufficient go for the further investigation whereas the one with lack of money won't go for the same.



## 6. LESSONS LEARNED

- Orientation program is scheduled with the coordination with Health Team of Gokarneshwore Municipality. However, due to Teej Festival which was a day after the program, had affected the presence of all the trained staff in the orientation program.

## 7. WAY FORWARD/RECOMMENDATION

- Planning to conduct School Health Program at 7 school with the coordination with Education & Health department of Gokarneshwore Municipality.
- Follow up with trained staffs on commencement of services through health facility.
- Follow up on referral sites with Gokarneshwore Municipality (GM).
- Amendment of agreement MOU as per the changes that had been agreed by GM.

## 8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

## 9. PLANNED ACTIVITIES (for upcoming month/ Period)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Screening Camp	4	Rs. 2,00,000	3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> & 24 <sup>th</sup> September 2022	Baluwa HP,Urban Clinic Sarbeshwore,Gokarneshwore Nagar Hospital (GNH) & AMDA Clinic
2. Educational Activities	3	Rs. 13,000	2 <sup>nd</sup> , 9 <sup>th</sup> & 16 <sup>th</sup> September 2022	Jorpati -6, GNH & Baluwa-3
3. Diagnostic Screening Camp	6	Rs. 40,000	6 <sup>th</sup> , 13 <sup>th</sup> , 14 <sup>th</sup> , 20 <sup>th</sup> , 21 <sup>st</sup> & 24 <sup>th</sup> September 2022	AMDA Clinic
4. School Health Program	7	Rs. 60,000	15 <sup>th</sup> , 16 <sup>th</sup> , 22 <sup>nd</sup> , 23 <sup>rd</sup> , 28 <sup>th</sup> , 29 <sup>th</sup> & 30 <sup>th</sup> September 2022	
5. Coordination Meeting	1	-	27 <sup>th</sup> September 2022	Gokarneshwore Municipality
6. Procurement Expenses	1	Rs. 37000	By the end of month	

7. Admin & Overhead Cost	1	Rs. 150000	By the end of month	
<b>Total</b>		<b>Rs. 500000</b>		

## 10. ANNEXES

### Annex 2: Consolidate data Report



Consolidate Report

### Annex 3. Pre and Post Test Result Report

#### 1. FCHV Training at Baluwa Health Post ,Ward 3

SN	Name of FCHV	Pre Test Number	Post Test Number	Remarks
1	Ashma K.C	55%	60%	
2	Sharmila Tamang “Ka”	85%	95%	
3	Shushila Shrestha	60%	100%	
4	Sarala Shrestha	70%	100%	
5	Sashi Kumari Timalisina	45%	85%	
6	Sita Lama	40%	60%	
7	Sunita Nagarkoti	15%	80%	
8	Apasara Bhandari	30%	60%	
9	Sudha Lama	75%	95%	
10	Bindu Kuinkel	-	-	
11	Sharmila Tamang (Kha)	80%	100%	
12	Gauri Kumari Khatri	80%	100%	
13	Sanu Nagarkoti	85%	85%	
14	Menuka Bista Bhandari	50%	95%	
15	Binita Sapkota	60%	85%	
16	Shanta Lama	-	-	
17	Januka Bhattarai	25%	50%	
18	Tenjing Lama	55%	85%	
19	Durga Bista	50%	95%	
20	Sanju Lama	30%	50%	
	<b>Average Accuracy Rate</b>	<b>55%</b>	<b>82%</b>	

#### 2. FCHV Training at Gokarneshwore Nagar Hospital ,Ward 4

SN	Name of FCHV	Pre Test Number	Post Test Number	Remarks
1	<a href="#">Ram Kumari Shrestha</a>	60%	55%	
2	<a href="#">Gita Acharya</a>	55%	95%	
3	<a href="#">Sindhu Bhandari</a>	55%	95%	
4	<a href="#">Gyan Kumari Shrestha</a>	45%	85%	
5	<a href="#">Ram Devi Shrestha</a>	45%	75%	
6	<a href="#">Uma Sigdel</a>	50%	75%	

7	<a href="#">Samita Desar Shrestha</a>	75%	95%	
8	<a href="#">Babita Shrestha</a>	45%	95%	
9	<a href="#">Mina Shrestha</a>	60%	95%	
10	<a href="#">Puja Shrestha</a>	70%	95%	
11	<a href="#">Rama Shrestha</a>	50%	95%	
12	<a href="#">Sangita Shrestha</a>	50%	90%	
13	<a href="#">Ambika Poudel</a>	50%	80%	
14	<a href="#">Jayanti Thapa</a>	30%	100%	
15	<a href="#">Parbati Shrestha</a>	45%	75%	
16	Daya <a href="#">Shrestha</a>	50%	95%	
17	Deepa Lama	65%	95%	
	<b>Average Accuracy Rate</b>	<b>52%</b>	<b>88%</b>	

### 3. FCHV Training at Nayapati Health Post ,Ward 2

SN	Name of FCHV	Pre Test Number	Post Test Number	Remarks
1	Divya Karki Pandit	80%	95%	
2	Sarada Shrestha	25%	40%	
3	Sarasawati Pandit	40%	80%	
4	Usha Pandit	70%	90%	
5	Ambika Tamang	60%	95%	
6	Shanti Tamang	<b>50%</b>	35%	
7	Mina Tamang	65%	55%	
8	Manju Nepal	80%	90%	
9	Dhanakanchi Shrestha	50%	50%	
10	Binita Poudel	<b>35%</b>	80%	
11	Mandevi Giri	<b>35%</b>	65%	
12	Januka Giri	<b>40%</b>	90%	
13	Rajan Devi Shrestha	45%	70%	
14	Gayatri Neupane	25%	55%	
15	Jayanti Bhandari	40%	70%	
16	Mina Ranabhat	35%	55%	
	<b>Average Accuracy Rate</b>	<b>48%</b>	<b>70%</b>	

### Annex 5: Name list of participant during Orientation to Trained Staff of Health Facility

SN	Name	Designation	Organization	Ward	Remarks
1	Neema Lama	ANM	Sundarijal HP	1	
2	Hira Devi Dungana	ANM	Nayapati HP	2	
3	<b>Aelisa Baniya</b>	<b>ANM</b>	<b>Nayapati HP</b>	<b>2</b>	<b>Absent</b>
4	Chandrakala Rai	ANM	Baluwa HP	3	
5	Brinda Dahal	ANM	Tarebhir Urban Clinic	3	
6	<b>Gita Dulal</b>	<b>ANM</b>	<b>Gokarna Primary Hospital</b>	<b>4</b>	<b>Absent Transferred</b>

7	Sita Gharti	ANM	GNH	4	
8	Sakuntala Ghimire	Sr.ANM	GNH	4	Absent
9	Sumita Ghole	ANM	GNH	4	
10	Rita Sapkota	Sr.ANM	GNH	4	
11	Binda Ghimire	ANM	GNH	4	
12	Sita Bhattraai	Sr. ANM	Urban Clinic Jorpati	5	
13	Khim K. Adhiraki	ANM	Urban Clinic Jorpati	5	
14	Sita Mishra	Sr. ANM	Urban Clinic Sarbeshwore	6	
15	Chandrawati Bohora	ANM	Urban Clinic Sarbeshwore	6	
16	Hima Devi Katawal	ANM	Urban Clinic Shivachock	7	Absent
17	Krishna Maya BK	ANM	Urban Clinic Besigaun	8	
18	Sarmila Katwal	ANM	Jorpati HP	9	
19	Dev Shobha Shrestha	ANM	GM		
20	Sudipa Mishra	ANM	GM		
21	Usha Gyawali	ANM	GM		Absent

## **Annex 6. Photographs**



FCHV Training at Baluwa Health Post



FCHV Training at Gokarna Nagar Hospital



Jacket Distribution Nayapati Health Post during FCHV training.



Educational Activities at Gramin Education Swastha service center, Ward -7



Screening camp at AMDA clinic.  
Waiting for the service .



Cervical Screening at Amda Clinic.



Supervision Visit by Mayor & Ward President at Shivachock Urban Clinic



Orientation Program to Trained Staff of GM at Gokarneswore Nagar Hospital



Mammogram Screening at AMDA Clinic



USG Screening at AMDA Clinic