AMDA Nepal Breast and Cervical Cancer Screening Project

Monthly Progress Report

| Implementing organization | AMDA Nepal |
|---------------------------------|--|
| Title of the Project | Project for Breast and Cervical Cancer Screening Camp |
| Project Location | Gokarneshwor Municipality, Kathmandu District, Bagmati Province |
| Funded By | Daiichi Sankyo Co. Ltd. / AMDA MINDS |
| Reporting Month | June 2023 |
| Total Project Budget | Rs. 2,68,76,925 |
| Total Annual Budget | Rs. 55,22,882 |
| Total Expenses till this month | Rs. 15,50,643 |
| Total Expenses of this Month | Rs. 4,19,102 |
| Report Submitted By | Srijana Shrestha |
| Date of Submission | July 10, 2023 |

1. List of activities accomplished in this month

| SN | Activities | Numb er of event | No. of beneficiaries/ Individuals | Date of conduction |
|----|--|------------------------|--|----------------------|
| 1 | Coordination Meeting | 0 | 0 | |
| 2 | Kobo Tool –Door to Door Visit by FCHV | 14 FCHV | 199 | June 2023 |
| 3 | Educational Activities | 3 | 166 | 6,7 and 11 June 2023 |
| a. | Aama Samuha | 0 | 0 | |
| b. | School Awareness Program | 3 | 145 Students 21 Teacher | 6,7 and 11 June 2023 |
| 4 | Screening Camp | | | |
| a. | AMDA Clinic, Jorpati, Ward 6 | 1 | Reg. Client: 62 BCSS: 62 BL: 19 Suspicious Lump:1 CCSS: 61 VIA +ve: 5 | 10 June 2023 |
| b. | Gokarneshwor Nagar Hospital, Ward 4 | 1 | Reg. Client: 36 BCSS: 35 BL: 5 Suspicious Lump: 1 CCSS: 36 VIA +ve: 2 | 24 June 2023 |
| 5 | Diagnostic Screening Camp | | <u>.</u> | · |
| a. | Mammogram Service | 76 | | 10,13 &27 June 2023 |
| b. | USG Service | 45 | | 10 June 2023 |

| c. | Colposcopy | 0 | | |
|----|------------------------------|---|----|-----------|
| 6. | Service Delivery from Health | 7 | 66 | June 2023 |
| | Facilities | | | |

2. KEY ACHIEVEMENTS

- Among total trained 22 FCHVs on Kobo Tool, 14 FCHV had done the door to door visit by using **Kobo tool.**
- We had conducted three **educational activities** i.e. school health awareness program at three different school namely Shree Tarebhir Basic School, Shree Devi Bal sudhar Secondary School & Shree Iswori Basic School on 6,7 and 11 June 2023 respectively.
- 2 events of one-day free breast & cervical cancer screening camp were conducted at AMDA Clinic, Jorpati, Ward 6 and Gokarneshwor Nagar Hospital, Ward 4 on 10, and 24 June 2023 respectively. A total of 98 women attended the camp and among them 97 clients benefited from breast cancer screening service (BCSS) and 97 clients benefitted from cervical cancer screening services (CCSS) and. Out of them, 24 women found with Benign Lump and 2 women suspected with suspicious lump in the breast and 2 clients with VIA positive.
- **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 121 clients benefited with the service, where 45 client received the USG service and 76 clients received the Mammogram service on 10, 13 and 27 June 2023.
- Among total 10 health facilities, 7 **health facilities** has provided the breast and cervical cancer screening services to 66 clients at respective health facility.

| Activity Code | | | | Name of | Activity | | |
|--|-------|----------------------|-----------|-------------|----------|--|--|
| 0 | Coord | Coordination Meeting | | | | | |
| | | Plan | | Actual | Variance | | |
| Number of Event | | 0 | | 0 | 0 | | |
| Number of Participa | nts/ | 0 | | 0 | 0 | | |
| beneficiaries | | | | | | | |
| Budget | 0 | | | 0 | 0 | | |
| | | | Narrative | Explanation | : | | |
| Date: | | | Location: | | | | |
| Objective of the activity: | | | | • | | | |
| Activity details: Participants feedback/ suggestions/ opinions: Follow-up plan (if any): | | | | | | | |

3. PROJECT ACTIVITY UPDATE

| Activity Code | | Name of Activity | | | | | |
|---|------------|---------------------------------------|---|-------------|--|--|--|
| 1.1 | Door to | Door to Door Visit by FCHV- Kobo Tool | | | | | |
| | | Plan | | Actual | Variance | | |
| Number of Event/Pers | on | 22 | | 14 | 8 | | |
| Number of Participants/ beneficiaries220 | | 220 | | 199 | 21 | | |
| Budget | <i>t</i> 0 | | | 0 | 0 (Quarterly Payment from April to June. Payment will be released on July 2023) | | |
| | | Nar | rative E: | xplanation: | | | |
| Date: June 2023 | | | Location: Gokarneshwor Municipality | | | | |
| Objective of the activity: | | | To conduct the door to door activities by FCHVs by using Kobo Tool in order to refer the new clients and follow up the old clients. To record the door to door activities conducted by FCHV. | | | | |

• Activity details

Among total trained 22 FCHVs on Kobo Tool, 14 FCHVs had done the door to door visit by using **Kobo tool** on June 2023. Total 199 clients had been visited by FCHV, among all 88 were old followed up clients and 111 clients were new clients to whom they referred for the service.

Some FCHVs had requested to visit in order to update the software in their phone again due to some technical program and some requested for reorientation. As per need, the update was done and reorientation was also provided to some.

- Participants feedback/ suggestions/ opinions: Not any.
- Follow-up plan (if any): Follow up is required to the FCHV who are not active in Door to Door Activities and identify the reason for the same and also enquire them whether they will continue the service or not.

| Activity Code | | Name of Activity | | | | |
|-----------------------------------|----------|------------------|--------|----------|--|--|
| 1.2 | School I | Health Program | | | | |
| | | Plan | Actual | Variance | | |
| Number of Event | | 3 | 3 | 0 | | |
| Number of Partic beneficiaries | cipants/ | 155 | 166 | 10 | | |

| Budget | 45000 | | 26500 | 18500 | |
|-----------------------------|---|---|-------|-------|--|
| Narrative Explanation: | | | | | |
| Date: 6,7, and 11 June 202. | Location: Shree Tarebhir Basic School, Baluwa 3, Shree Devi Balsudhar Secondary School, Baluwa 3 and Shree Iswori Basic School, Sundarijal 1. | | | | |
| Objective of the activity: | | To advocate regarding imperative aspect of breast & cervical cancer screening services among school students. To disseminate and aware to all women through school students and provide information of accessible services through them. | | | |

• Activity details

We had commenced school awareness program at 3 school namely Shree Tarebhir Basic School, Shree Devi Bal Sudhar Secondary School, and Shree Iswori Basic School which is located in ward 3 and 1 respectively. Total 166 participated in the awareness program, among which 145 students and 21 teachers participated in School Health Awareness Program which was conducted on 6, 7, and 11 June 2023.

Initially we introduced about the program, the organization and the activities ongoing at Gokarneshwor Municipality. Also, the purpose of awareness program among school children. We disseminated the knowledge on cancer, breast cancer and cervical cancer through interactive lecture, showing the videos, images of the respective content. Also, we distributed the brochures among all the students. We addressed the queries the students had and also repeated the session as per their request in which they would like to know further. We informed about the screening camp ongoing at Gokarneshwor Municipality for the women age group 30-60 years and to disseminate the information they learned today with their family and to encourage to receive the free service conducted jointly by AMDA Nepal and Gokarneshwor Municipality. Meanwhile, we also informed them about the Breast Cancer Awareness Month on October where we had planned to organize the quiz competition among 10 government schools. So, we requested them to be prepared for the same and to participate in the program and also, we informed the same to the principal of the respective school.

• Participants feedback/ suggestions/ opinions:

The students were glad to attend the session as this was quite important in their life as well to their family members. Also, they were aware about the imperative aspect of screening services, the hazardous activities and they should be caution on any abnormal symptoms seen in the body.

• Follow-up plan (if any): Not Any.

| Activity Code | Name of Activity | | | | |
|-----------------|------------------|----------------------|--------|----------|--|
| 1.2 | Educatio | Educational Activity | | | |
| | | Plan | Actual | Variance | |
| Number of Event | | 0 | 0 | 0 | |
| | | | | | |

| Number of Participants/ beneficiaries | 0 | 0 | 0 | | | |
|---|--------|------------------|-----|--|--|--|
| Budget | 0 | 0 | 0 | | | |
| | Narro | ative Explanatio | on: | | | |
| Date: | Locati | ion: | | | | |
| Objective of the activity: | | | | | | |
| Activity details Participants feedback/ suggestions/ opinions: Follow-up plan (if any): | | | | | | |

| Activity Code | | Name of Activity | | | | | |
|--|-----------|------------------|---|--------|----------|--|--|
| 2.2 | Screenin | ng Camp | | | | | |
| | | Plan | | Actual | Variance | | |
| Number of Event | | 2 | | 2 | 0 | | |
| Number of Participants/90beneficiaries | | 90 | | 98 | 8 | | |
| Budget 12000 | | 120000 | | 103391 | 16609 | | |
| Narrative Explanation: | | | | | | | |
| Date: 10 and 24 June 2023 | | | Location: AMDA Clinic, Ward 6 and Gokarneshwor Nagar Hospital, Ward 4. | | | | |
| Objective of the | activity: | | To provide screening services on breast & cervical cancer to all the women of Gokarneshwor Municipality. | | | | |

• Activity details

2 events of one-day free breast & cervical cancer screening camp were conducted at AMDA Clinic, Ward 6 and Gokarneshwor Nagar Hospital, Ward 4 on 10 and 24 June 2023 respectively. A total of 98 women attended the camp and among them 97 clients benefitted from breast cancer screening service (BCSS) and 97 clients benefited from cervical cancer screening services (CCSS). Out of them, 24 women found with Benign Lump in the breast and 2 clients had suspected lump. Likewise, 2 clients were diagnosed with VIA positive. At AMDA clinic we provided services in a single visit approach. Meanwhile, on the same day, we had provided the diagnostic screening services at AMDA clinic on USG and Mammogram services. Among all 24 Benign clients, 22 clients received the diagnostic screening services and remaining 2 clients didn't visited for the service. Likewise, 2 Suspicious clients visited for further diagnostic screening services whose report are normal. Furthermore, 2 VIA positive clients was planned to follow up for colposcopy service which is scheduled on 15 July 2023.

Finding of clients suspected for benign and suspicious Lumps:

| SN | USG Services | Mammogram | Cervical Biopsy |
|----|-------------------------------|----------------------------|--|
| | | Services | Report |
| 1 | 1 client – Simple Breast Cyst | 1 Client - Fibroadenoma | Need to do follow up for colposcopy service. |
| | 6 Clients – Normal Report | 14 Clients- Normal | |

Referred Client Report:

Two clients was referred at Nepal Medical College. The report are:

- ↓ One client was advised for FNAC of Right Breast Fibroadenoma was diagnosed.
- 4 One client was advised for cervical biopsy Report was normal.

• Participants feedback/ suggestions/ opinions:

Clients had stated that due to quality service and follow up on diagnostic services, it had changed their negative impact on camp concept. As before they would not trust on service because the team only focus on quantity not on quality and the medicine they receive would be nearby expiry. However, this cancer screening camp had brought positive impact on screening as well on camp service.

• Follow-up plan (if any):

To follow up the client for colposcopy, USG and Mammogram services.

| Number of Participants/ beneficiaries10012121Budget50,000432006800Narrative Explanation:Date: 10, 13 and 27 June 2023Location: AMDA Clinic (AGWC)To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and | Activity Code | | Name of Activity | | | | | |
|--|---------------------------------------|-----------------|------------------|------------------------------|----------|----------|--|--|
| Number of Event 3 4 1 Number of Participants/ beneficiaries 100 121 21 Budget 50,000 43200 6800 Narrative Explanation: Date: 10, 13 and 27 June 2023 Location: AMDA Clinic (AGWC) Objective of the activity: To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and | 2.5 | Diagn | ostic Screen | ning camp | | | | |
| Number of Participants/ beneficiaries 100 121 21 Budget 50,000 43200 6800 Narrative Explanation: Date: 10, 13 and 27 June 2023 Location: AMDA Clinic (AGWC) To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and | | | Plan | | Actual | Variance | | |
| beneficiaries Image: Constraint of the sectivity: Solution 43200 6800 Budget Solution: Addition Solution Solution Solution Date: 10, 13 and 27 June 2023 Location: AMDA Clinic (AGWC) To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and | Number of Event | Number of Event | | 3 | | 1 | | |
| Narrative Explanation: Narrative Explanation: Date: 10, 13 and 27 June 2023 Location: AMDA Clinic (AGWC) To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and | Number of Participants/1beneficiaries | | 100 | | 121 | 21 | | |
| Date: 10, 13 and 27 June 2023 Location: AMDA Clinic (AGWC) Objective of the activity: To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and | Budget 50,0 | | 50,000 | | 43200 | 6800 | | |
| Objective of the activity: To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and | | | Nar | rrative Expl | anation: | | | |
| Objective of the activity: the early detection of cancer and notify the report and | Date: 10, 13 and 27 June 2023 | | | Location: AMDA Clinic (AGWC) | | | | |
| advice for further referral accordingly. | Objective of the activity: | | | | | | | |

• Activity details

Diagnostic screening camp were conducted at AMDA Clinic. A total of 121 clients benefited with the service, where 45 client received the USG service and 76 clients received the Mammogram service on 10, 13 and 27 June 2023.

| S N | Date | Diagnostic Service | Numbe r of Clients | Gran d Total | Findings |
|--------|-------------------------------------|-----------------------------------|--------------------------|--------------------|---|
| 1 | 10 June 2023 | USG | 45 | | All Normal except the following clients: 2 clients : Left and bilateral axillary lymphadenopathy 1 client: Likely mammary ductal ectasia. 1 client: Simple breast cyst at left breast. |
| 2 | 10, 13 and 27 June 2023 | Mammogra m | 76 | 121 | All Normal except the following clients: 2 clients : Left fibro adenoma 2 clients: Tiny benign calcification in bilateral breast. BIRAD 2. |
| | | icipants feedb lot Any. | ack/ sugge | stions/ oj | pinions: |

Follow-up plan (if any):
To those client advised for follow up.

| Activity Code | Name of Activity | | | | | |
|----------------------------|---|------|---|-------------------------|-------------------------------|--|
| 2.3 | Service Delivery from Health Facilities by trained staffs | | | | | |
| | | Plan | | Actual | Variance | |
| Number of Event | | 6 | | 7 | 1 | |
| Number of Partie | cipants/ | 25 | | 66 | 41 | |
| beneficiaries | | | | | | |
| Budget | | 0 | | 0 | 0 | |
| Narrative Explanation: | | | | | | |
| Date: June 2023 | | | Location: Nayapati Health Post, Baluwa HP, Gokarneshwor Nagar Hospital, Jorpati Health Post, Urban Clinic Jorpati , Sarbeshwor Urban Health Clinic and Shivachock Urban Health Clinic. | | | |
| Objective of the activity: | | | To provide screening services on breast & cervical cancer to all the women of respective health facility. | | | |
| | ty details g total 1(| | acilities, 7 h | ealth facilities has pr | ovided services of breast and | |

Among total 10 health facilities, 7 health facilities has provided services of breast and cervical cancer screening services namely Nayapati Health Post, Baluwa HP, Gokarneshwor Nagar Hospital, Jorpati Health Post, Urban Clinic Jorpati , Sarbeshwor Urban Health Clinic and Shivachock Urban Health Clinic. Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic. Total 2 clients were referred from Urban Clinic Jorpati, Ward 5 for mammogram diagnostic screening services at AMDA Clinic.

• Participants feedback/ suggestions/ opinions:

Clients were very glad to receive both cancer screening service at health facilities and free diagnostic screening services at AMDA clinic.

• Follow-up plan (if any):

To follow up the trained provider to send the remaining clients for USG and Mammogram services.

4. BUDGET STATUS

| Budget Period | Approved budget | Expenses | Expenses Percent (%) | Reason of Variation |
|------------------|-----------------|---------------|-------------------------|------------------------|
| Annual Budget | Rs. 55,22,882 | Rs. 15,50,643 | 28% | |
| Quarterly Budget | Rs. 12,00,000 | Rs. 10,16,826 | 85% | |
| Monthly Budget | Rs. 5,00,000 | Rs. 4,19,102 | 84% | |

5. ISSUES, CHALLENGES

• Not Any.

6. LESSONS LEARNED

- Need to address the problem FCHV on Door to Door Activities and follow up them.
- Need to plan a coordination meeting with focal person of Mahila Samuha of each ward of Gokarneshwor Municipality to be accessible among all the women of GM.

7. WAY FORWARD/RECOMMENDATION

- Conduct Semi Annual Meeting.
- Follow up the FCHVs to continue the door to activities using Kobo Tool.
- Follow up the trained service provider for weekly service from health facilities.
- Continue the Educational activities among Mothers Groups.
- Complete School Health Awareness Program among school students.
- Conduct Screening and Diagnostic Camp as per need basis.
- Conduct training to health facility staffs of Gokarneshwor Municipality.

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

| Activity | Budget | Reason for not completing |
|---|--------|--|
| Educational Activity among Aama Samuha | 10000 | One program was planned but couldn't execute the planned program on scheduled date as program officer was not well on the day. |

| Activity | | Targ | get | Planned | Venue /Location of |
|----------|---|------------------|----------------|----------------------------|---|
| | | No. of Events | Budget | Time Frame | Activity |
| 1. | Coordination Meeting (Semi Annual Meeting) | 1 | 60,000 | 28 July 2023 | |
| 2. | Educational Activities | 1 | 5,000 | 21 July 2023 | Swatha Aama samuha |
| 3. | School Awareness Program | 4 | 50,000 | 7,12 ,13,& 14 July 2023 | Suntakhan, Bal Sudhar , Gokarna & Khagendra Secondary School |
| 4. | Screening Camp | 2 | 1,30,000 | 17 and 24 July 2023 | Nayapati Old HP, Sundarijal and Krishna Mandir, Suntakhan, Baluwa |
| 5. | Diagnostic Screening Camp | 3 | 50,000 | 25 & 26 July 2023 | AMDA Clinic |
| 6. | Training to Health Facility Staff | 1 | 1,28,000 | 19 to 22 July 2023 | |
| 7. | Procurement Expenses | 1 | 50,000 | By the end of month | |
| 8. | Admin & Overhead Cost | 1 | 130,000 | By the end of month | |
| | Total | | Rs. 6,03,000/- | | |

9. PLANNED ACTIVITIES (for upcoming month/ Period

Annex 2: Consolidate data Report



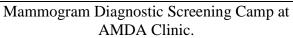
Annex 3. Photographs

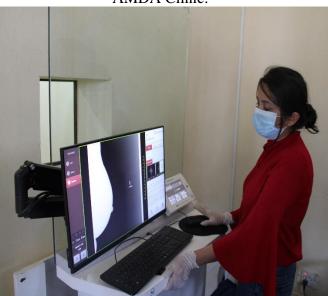


USG Diagnostic Screening Camp at at AMDA Clinic.



Cervical Cancer Screening at Gokarneshwor Nagar Hospital, Ward 4





Breast Cancer Screening at Gokarneshwor Nagar Hospital,Ward 4



