AMDA Nepal Breast and Cervical Cancer Screening Project

Monthly Progress Report

Implementing organization	AMDA Nepal				
Title of the Project	Project for Breast and Cervical Cancer Screening Camp				
Project Location	Gokarneshwor Municipality, Kathmandu District, Bagmati				
	Province				
Funded By	Daiichi Sankyo Co. Ltd. / AMDA MINDS				
Reporting Month	May 2023				
Total Project Budget	Rs. 2,68,76,925				
Total Annual Budget	Rs. 55,22,882				
Total Expenses till this month	Rs. 14,62,052				
Total Expenses of this Month	Rs. 3,30,510				
Report Submitted By	Srijana Shrestha				
Date of Submission	June 10, 2023				

1. List of activities accomplished in this month

SN	Activities	Numb er of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	38	18 May 2023
2	Kobo Tool –Door to Door Visit by FCHV	14 FCHV	165	May 2023
3	Educational Activities	2		
a.	Aama Samuha	2	62	19 & 26 May 2023
b.	School Awareness Program	0	0 Students 0 Teacher	
4	Screening Camp			
a.	Old Nayapati Health Post, Sundarijal -1	1	Reg. Client: 46 BCSS: 46 BL: 6 Suspicious Lump: 0 CCSS: 45 VIA+ve: 1	13 May 2023
b.	Krishna Mandir, Suntakhan, Baluwa -3	1	Reg. Client: 68 BCSS: 68 BL: 1 Suspicious Lump: 1 CCSS: 57 VIA+ve: 4	20 May 2023
c.	Ganesh Mandir, Pandit Gaun, Nayapati-2	1	Reg. Client: 63 BCSS: 63 BL: 4 Suspicious Lump: 0 CCSS: 57 VIA+ve: 4	27 May 2023

5	Diagnostic Screening Camp			
a.	Mammogram Service	44		16 and 23 May 2023
b.	USG Service	28		24 May 2023
c.	Colposcopy	6		27 May 2023
6.	Service Delivery from Health Facilities	5	44	May 2023
7	Donor Visit Program		Completed	18 to 20 May 2023

2. KEY ACHIEVEMENTS

- Donor Visit Program:
- ✓ Interaction meeting with appreciation to all the health facilities including Gokarneshwor Municipality and AMDA Nepal was organized on 18 May 2023 at Meeting Hall of Gokarneshwor Municipality. The total 38 number of participants participated in the meeting.
- ✓ Meeting with AMDA team and updated the progress of program in program sharing meeting by Program Officer and observation of Cancer Clinic at AMDA on 18 May 2023.
- ✓ Interaction Meeting with FCHVs at Nayapati HP on 19 May 2023 who are involved in Door to Door Activities of Cancer Project.
- ✓ Health Facility Visit and meeting with Service Provider of Baluwa, Nayapati and Gokarneshwor Nagar Hospital on 19 May 2023.
- ✓ Observation of Educational activities at Krishna Mandir, Suntakhan, Baluwa on 19 May 2023.
- ✓ Observation of Screening Camp at Krishna Mandir, Suntakhan, Baluwa on 20 May 2023.
- ✓ Meeting with AMDA team and Executive Board Member of AMDA Nepal at AMDA office and shared the experiences that was observed in the field by Donor and provided the valuable suggestion, feedbacks and impact of the program to the team.
- Among total trained 22 FCHVs on Kobo Tool, 14 FCHV had done the door to door visit by using **Kobo tool**.
- We had conducted 2 **educational activities** among Hattipaile Swabalambi Mahila Samuha, Baluwa, Ward 3 and Chetansil Mahila Samajha Aama Samuha, Nayapati, Ward 2.
- 3 events of one-day free breast & cervical cancer screening camp were conducted at Old Nayapati Health Post, Sundarijal Ward 1, Krishna Mandir, Suntakhan, Baluwa, Ward 3 and Ganesh Mandir, Pandit Gaun, Nayapati, Ward 1, on 13, 20 and 27 May 2023 respectively. A total of 177 women attended the camp and among them 177 clients benefited from breast cancer screening service (BCSS) and 164 clients benefitted from cervical cancer screening services (CCSS) and. Out of them, 11 women found with Benign Lump and 1 women suspected with suspicious lump in the breast and 6 clients with VIA positive.
- **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 78 clients benefited with the service, where 28 client received the USG service and 44 clients

- received the Mammogram service and 6 clients received Colposcopy Service on 16, 23, 24 and 27 May 2023.
- Among total 10 health facilities, only **5 health facilities** has provided the breast and cervical cancer screening services to the visited client at respective health facility.

3. PROJECT ACTIVITY UPDATE

Activity Code		Name of Activity				
0	Donor Visit Program • Coordination Meetin			ng – Interactive Meeting with GM and Donor Team		
	• <i>Pr</i>	ogram Sl	haring mee	eting at AMDA Off	fice	
		Plan		Actual	Variance	
Number of Event		1		1	0	
Number of Participants/ beneficiaries		35		38	3	
Budget	Budget			49045	10955	
			Narrative	Explanation:		
Date: 18 May 2023			Location: Meeting Hall of Gokarneshwor Municipality(GM)			
Objective of the activity:		 To interact and coordinate with focal person of GM and the health facility incharge. To provide the appreciation certificate to all the health facility, GM and AMDA Nepal. To monitor, get feedback and address any solutions to any 				
				. •	alth facility incharge.	

Activity details:

On 18 May 2023, we had organized the meeting with Mayor, Deputy Mayor, and Chief Administrator, Focal person of Education, Health, and Finance team of GM and health facility incharge of all the health facility of Gokarneshwor Municipality. The program was hosted by Purna Bahadur Basnet, Officer, GM. The program was planned to interact and appreciate all the team whose contribution and involvement had brought this project so far.

The program was commenced with the introduction with donor team and GM team. Further, Donor from Daiichi Sankyo gave some valuable comments on the success of this program at Nepal among all the other 5 Nations and appreciated the commendable coordination among local government and AMDA Nepal and this team work is the main key to success of this program. After that, the appreciation certificate was distributed to GM, all the health facility of GM and AMDA Nepal for their hard work and contribution to the program. Likewise, Gokarneshwor Municipality and AMDA Nepal jointly provided the appreciation certificate for the support to both donor in Gokarneshwor Municipality.

Furthermore, the program that was ongoing, the way service was provide at community, the satisfied number of women in community and the change that was brought in their health seeking behavior was enlighten by Mayor and Deputy Mayor of GM and the support, GM is providing in this cancer project. Also, address the additional support can be provided as per the need of the community and program. With the closing remarks, of Mayor and Deputy Mayor this formal meeting was concluded.

Meanwhile, we had informal session with health facility in charge of GM and addressed the queries they had regarding the program. Most of the health facility in charge appreciated on

conducting such most needed program in the community and providing these services to all the women of GM. This program is the main root to bring change in the concept of screening among women and had brought positive change on concept of camp. Additionally, they had requested to support on the further diagnostic services from AMDA Nepal even after closure of this program in order to continue the service from health facility and to refer the clients at AMDA clinic for further diagnostic evaluation.

On the same day, we had program sharing meeting with Donor Team at AMDA Meeting Hall, where Program Officer updated the progress from Jan 2021 to April 2023. Addressed the queries, the donor had especially in educational activities and school health programs. Also, shared the program schedule for the upcoming 2 days. Furthermore, donor visited the AMDA clinic and observed the clinic set up. Program Officer explained the whole scenario of camp conduction at AMDA clinic in a single visit approach.

Participants feedback/ suggestions/ opinions:

Health facility in charge has requested to support on the further diagnostic services from AMDA Nepal and also, if possible to support on Maternal and Child Health related program at Gokarneshwor Municipality.

***** Follow-up plan (if any):

Not any.

Activity Code		Name of Activity				
1.1		 Door to Door Visit by FCHV- Kobo Tool Interaction Meeting with FCHVs by Donor 				
		Plan		Actual	Variance	
Number of Event/Pers	on	22		14	8	
Number of Participants/ 220 beneficiaries			165	35		
Budget 0		0		0	0 (Planned to Pay -Quarterly)	
		Nar	rative E	xplanation:		
Date: May 2023			Location: Gokarneshwor Municipality			
Objective of the activity:			 To conduct the door to door activities by FCHVs by using Kobo Tool in order to refer the new clients and follow up the old clients. To record the door to door activities conducted by FCHV. 			

Activity details

Among total trained 22 FCHVs on Kobo Tool, total 14 FCHVs had done the door to door visit by using **Kobo tool** on May 2023. Total 165 clients had been visited by FCHV, among all 59 were old followed up clients and 106 clients were new clients to whom they referred for the service. Also, did follow up to 8 FCHVs who didn't sent the reports, for continuing the door to door activities. As some FCHV need software update in their phone due to technical problem and planned to do follow up with them. However, some are quite passive to record the form. So, requested to continue the door to door activities and suggested to feel free to ask, if need of any reorientation on it.

Meanwhile, on 19 May 2023, Donor interacted with all the FCHVs who are involved in Door to Door activities. Each and every one shared the experiences they had during this camp. Most of them acknowledged for the support as this program had brought change in screening concept and health seeking behavior of women who always give less priority to their health. Shared the challenges they had to face while doing door to door activities especially to bring change in their attitude and practice. Also, requested to continue the support as this had brought many benefits to women including gynae checkup and other health related issues has been notified and address. Also, the satisfaction the clients had received from the service was also explained by FCHVs.

- Participants feedback/ suggestions/ opinions:
 Few FCHVs has requested to update the software in their phone due to some technical issue.
- Follow-up plan (if any): Need to visit the FCHVs who didn't continued the door to door activities.

Activity Code		Name of Activity				
1.2	School 1	Health Pr	ogram			
		Plan		Actual	Variance	
Number of Even	t	0		0	0	
Number of Participants/ beneficiaries 0			0	0		
Budget		0		0	0	
Narrative Explanation:						
Date:			Location:			
Objective of the activity:						
Activity details						

- Participants feedback/ suggestions/ opinions:
- Follow-up plan (if any):

Activity Code		Name of Activity				
1.2		 Educational Activity Donor Visit at Educational Activity 				
		Plan	Actual	Variance		
Number of Event		2	2	0		

Number of Participants/ beneficiaries	50	62	12			
Budget	10000	15742	5742			
	Narrative Explanation:					
Date: 19 & 26 May 2023		Location: Krishna Mandir, Bhandari Chock,Suntakhan, Baluwa 3 & Ganesh Mandir, Pandit Gaun, Nayapati 2				
Objective of the activity:		To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical				
	cancer screening services.					

Activity details

Two educational events was conducted on 19 & 26 May 2023 at Krishna Mandir, Bhandari Chock, Suntakhan, Baluwa 3 & Ganesh Mandir, Pandit Gaun, Nayapati 2 respectively. Among them, 31 women of Hattipaile Swabalambi Mahila Samuha of Baluwa and 30 women of Chetansil Mahila Samajha Aama Samuha of Nayapati, in total 62 women participated from the community.

We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had.

We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3 year interval till the client reaches upto 60 years old at nearby health facilities.

Additionally, the donor from Daiichi Sankyo, AMDA Minds International and AMDA Minds Nepal were present in one of the educational activity which was conducted at Krishna Mandir, Bhandari Chock, Suntakhan, Baluwa 3. The mahila samuha were very much interactive and were glad to meet the people who had supported and provided such vital service in their community.

• Participants feedback/ suggestions/ opinions:

Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. As this session had changed the view on screening services and need of regular checkup for the optimum health of their own instead of going hospital after being ill. Also, all women assured that they will come to receive the service on schedule day.

• Follow-up plan (if any):

Not Any.

Activity Code		Name of Activity				
2.2		 Screening Camp Donor Visit at Screening Camp 				
		Plan		Actual	Variance	
Number of Event	ţ.	2		3	1	
Number of Participants/ 13. beneficiaries		135		177	42	
Budget 150000		150000		161714	11714	
Narrative Explanation:						
Date: 13, 20 and 27 May 2023			Location: Old Nayapati Health Post ,Sundarijal-1, Krishna Mandir, Suntakhan, Baluwa-3 & Ganesh Mandir, Pandit Gaun, Nayapati-2			
Objective of the	activity:		To provide screening services on breast & cervical cancer to all the women of Gokarneshwor Municipality.			

Activity details

3 **events** of one-day free breast & cervical cancer **screening camp** were conducted at Old Nayapati Health Post, Sundarijal-1, Krishna Mandir, Suntakhan, Baluwa-3 & Ganesh Mandir, Pandit Gaun, Nayapati-2 on 13, 20 and 27 May 2023 respectively. A total of 177 women attended the camp and among them 177 clients benefitted from breast cancer screening services (BCSS) and 164 clients benefited from cervical cancer screening services (CCSS). Out of them, 11 women found with Benign Lump in the breast and 1 clients had suspicious lump. Likewise, 6 clients were diagnosed with VIA positive. At AMDA clinic we provided services in a single visit approach.

Meanwhile, we had provided diagnostic screening services at AMDA clinic on USG and Mammogram services. Among all 11 Benign clients, only 7 client received the diagnostic screening services and remaining 4 clients didn't visited for the service. Likewise, 1 Suspicious clients, didn't visited for further diagnostic screening services. Furthermore, 2 VIA positive clients of this month were approached for Colposcopy service, 1 client was referred to Nepal Medical College for cervical biopsy, one client didn't visited and 4 clients need to do follow up for next session of colposcopy services.

Finding of clients suspected for benign and suspicious Lumps:

SN	USG Services	Mammogram	Colposcopy
		Services	
1	4 client – Normal	2 Clients - Normal	Referred to NMC
			for cervical biopsy.
			Reports – Not
			received yet.
	1 Client – Multilobulated		
	hypoechoic in Right Breast atypical		
	Fibroadenoma.BIRAD -3. Referred		
	to NMC for Fine Needle Aspiration		
	Cytology (FNAC)		

Meanwhile, the donor team observed the screening camp conducted at Krishna Temple on 20 May 2023. Observed at registration, screening on height, weight and BP measurement, waiting area, breast screening service and cervix screening service and post counselling by the provider and program officer for the follow up at AMDA clinic for diagnostic screening services. Interacted with both consultants and clarified the queries they had in both breast and cervical cancer screening services. Also, interacted with the clients who had received the services.

• Participants feedback/ suggestions/ opinions:

Clients were very glad to receive both cancer screening and diagnostic service nearby their locality and also glad to hear about free referral services.

Name of Activity

• Follow-up plan (if any):

Activity Code

To follow up the client for colposcopy, USG and Mammogram services.

2.5	Diagn	Diagnostic Screening camp				
		Plan		Actual	Variance	
Number of Event		3		4	1	
Number of Participants	5/	90		78	12	
beneficiaries						
Budget		50,000		41180	8820	
	Narrative Explanation:					
Date: 16,23,24 and 27 M	ay 2023		Location: AMDA Clinic (AGWC)			
Objective of the activity	ty:		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
Activity details			advice for	rarmer referrar ac	cordingry.	
Diagnostic screening camp were conducted at AMDA Clinic. A total of 78 clients benefited with the service, where 28 client received the USG service and 44 clients received the						
Mammogram service and 6 clients received Colposcopy Service on 16, 23, 24 and 27 May 2023.						

• Participants feedback/ suggestions/ opinions:

S N	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	24	USG	28		All Normal except the following clients:
	May				 1 client: Bilateral fibrocystic breast disease. 1 client: Fibroadenima of right breast. 1 client: Multilobulated hypoechoic in right breast atypical fibroadenoma (BIRAD-3). Referred to NMC for FNAC.
2	16 and 23 May	Mammogra m	44		All Normal except the following clients: • 1 client: Tiny benign calcificationin bilateral breast (BIRAD 2). Follow up after 2 years. Report not received – 23 May 2023.
3	27 May	Colposcopy	6		5 clients – Report Normal 1 Client – referred to NMC for cervical biopsy.

Not Any.

• Follow-up plan (if any):

To those suspected clients who didn't visited for diagnostic screening services.

Activity Code	Name of Activity								
2.3	 Service Delivery from Health Facilities by trained staffs Health Facility Visit and meeting with Service Provider of Baluwa, Nayapati and Gokarneshwor Nagar Hospital by Donor team. 								
		Plan		Actual	Variance				
Number of Event		6		5	1				
Number of Participants/ beneficiaries		30		44	14				
Budget	Budget 0			0	0				
Narrative Explanation:									
Date: May 2023			Location: Nayapati Health Post, Baluwa Health Post, Jorpati Health Post, Urban Clinic Jorpati and Gokarneshwore Nagar Hospital						
Objective of the activity:			To provide screening services on breast & cervical cancer to all the women of respective health facility.						
• Activi	ty details	S			•				

Among total 10 health facilities, only 5 health facilities has provided services of breast and cervical cancer screening services namely Nayapati Health Post, Baluwa Health Post, Jorpati Health Post, Urban Clinic Jorpati and Gokarneshwor Nagar Hospital. Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic. Among all

clients, only 1 clients had arrived for referral services for mammogram diagnostic screening camp on 16 May 2023 and these clients were referred from Urban Clinic Jorpati, Ward 5.

Likewise, donor visited at Nayapati HP, Baluwa HP and Gokarneshwor Municipality on 19 May 2023 to interact with respective team, to observe the utilization of equipment and supplies and interact with the service provider of cancer screening services. The provider explained the way they are providing the services to clients, showed the register of service details till date and used forms and format and the recording and reporting system of the same. Also, orientated the health facility along with the donated equipment and supplies they are using at Clinic.

• Participants feedback/ suggestions/ opinions:

Clients were very glad to receive both cancer screening service at respective health facilities and free diagnostic screening services at AMDA clinic.

• Follow-up plan (if any):

To follow up the trained provider to send the remaining clients for USG and Mammogram services.

4. BUDGET STATUS

Budget Period	Approved budget	Expenses	Expenses Percent (%)	Reason of Variation
Annual Budget	Rs. 55,22,882	Rs. 14,62,052	20%	
Quarterly Budget	Rs. 12,00,000	Rs. 5,75,580	48%	
Monthly Budget	Rs. 5,00,000	Rs. 3,30,510	66%	

5. ISSUES, CHALLENGES

• Provision of referral services only to the citizen of this Gokarneshwor Municipality had created some issues among clients as they had requested to provide service to all the clients who receives this service form AMDA Nepal.

6. LESSONS LEARNED

• Working with President of Mahila Samuha of Gokarneshwor Municipality and conduction of camp as per the demand of the respective group and area, had made accessible among all the women of that respective group and area as well.

7. WAY FORWARD/RECOMMENDATION

- Coordinate with Gokarneshwor Municipality on program related activities.
- Monthly Meeting with health facility in charge and health department of Gokarneshwor Municipality.
- Follow up the FCHVs to continue the door to activities using Kobo Tool.
- Follow up the trained service provider for weekly service from health facilities.

- Continue the Educational activities at School and Mothers Groups.
- Conduct Screening and Diagnostic Camp as per need basis.
- Review the program budget and plan the program as scheduled.

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

Activity					
Activity	Target			Planned	Venue /Location of
	No. of	Bu	dget	Time	Activity
	Events			Frame	
Coordination Meeting	1		0	23 June 2023	
2. Educational Activities	2		10,000	19 and 26 June 2023	Swatha Aama samuha
3. School Awareness Program	4		45,000	6,7,11 and 14 June 2023	Iswori Basic School, Sundarijal, Ward 1, Tareevir Basic School, Ward 3, Devi Bal Sudhar Sec. School, Ward3 and Gokarna Secondary School, Ward 4
4. Screening Camp	2		1,20,000	10 and 24 June 2023	AMDA Clinic and Gokarna Nagar Hospital.
5. Diagnostic Screening Camp	3		50,000	10, 13 and 27 June 2023	AMDA Clinic
6. Procurement Expenses	1		100,000	By the end of month	
7. Admin & Overhead Cost	1		130,000	By the end of month	
Total			4,55,000/-		

9. PLANNED ACTIVITIES (for upcoming month/ Period)

Annex 2: Consolidate data Report



Annex 3. Photographs



Educational Activities at Krishna Mandir, Suntakhan, Baluwa 3.



Screening Camp at Old Nayapati HP, Sundarijal



Screening Camp at Krishna Mandir, Suntakhan, Baluwa 3



USG Diagnostic Screening Camp at at AMDA Clinic.



Mammogram Diagnostic Screening Camp at AMDA Clinic.





Colposcopy Service at AMDA clinic



Observation at Screening Camp at Krishna Temple.



Observation Visit at Gokneshwor Nagar Hospital



