

# AMDA Nepal

## Breast and Cervical Cancer Screening Project

### Monthly Progress Report

<b>Implementing organization</b>	AMDA Nepal
<b>Title of the Project</b>	Project for Breast and Cervical Cancer Screening Camp
<b>Project Location</b>	Gokarneshwor Municipality, Kathmandu District, Bagmati Province
<b>Funded By</b>	Daiichi Sankyo Co. Ltd. / AMDA MINDS
<b>Reporting Month</b>	April 2023
<b>Total Project Budget</b>	Rs. 2,68,76,925
<b>Total Annual Budget</b>	Rs. 55,22,882
<b>Total Expenses till this month</b>	Rs. 11,31,541.9
<b>Total Expenses of this Month</b>	Rs. 2,45,070
<b>Report Submitted By</b>	Srijana Shrestha
<b>Date of Submission</b>	May 10, 2023

#### 1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	1	
2	Kobo Tool –Door to Door Visit by FCHV	7 FCHV	59	April 2023
3	Educational Activities	1	25	
a.	Aama Samuha	1	25	7 April 2023
b.	School Awareness Program	0	0 Students 0 Teacher	
4	<b>Screening Camp</b>			
a.	Gokarneshwor Lite Academy Secondary School, Ward 4	1	Reg. Client: 48 BCSS: 48 BL: 2 Suspicious Lump:4 CCSS: 44 VIA+ve: 5	1 April 2023
b.	Urban Clinic Shivachock, Ward 7	1	Reg. Client: 68 BCSS: 68 BL: 2 Suspicious Lump:0 CCSS: 63 VIA+ve: 5	8 April 2023
c.	AMDA Clinic, Jorpati, Ward 6	1	Reg. Client: 46 BCSS: 46 BL: 9 Suspicious Lump:1 CCSS: 43 VIA+ve: 2	29 April 2023

<b>5</b>	<b>Diagnostic Screening Camp</b>			
a.	Mammogram Service	63		4,11 & 29 April 2023
b.	USG Service	34		12 & 29 April 2023
c.	Colposcopy	0		
<b>6.</b>	<b>Service Delivery from Health Facilities</b>	04	16	April 2023

## 2. KEY ACHIEVEMENTS

- First Quarterly review meeting was conducted on 28 April 2023 at Hotel BBC, Chsopani in the presence of total 37 number of participants with focal persons of Gokarneshwor Municipality.
- Among total trained 22 FCHVs on Kobo Tool, 7 FCHV had done the door to door visit by using **Kobo tool**.
- We had conducted one **educational activities** among Shiva Panchayan Swastha Aama Samuha of Shiva Panchayan Mandir, Aryal Gaun Ward 7.
- 3 **events** of one-day free breast & cervical cancer **screening camp** were conducted at Gokarneshwor Lite Academy Secondary School, Ward 4, Urban Clinic Shivachock, Ward 7 and AMDA Clinic, Jorpati, Ward 6, on 1, 8 and 29 April 2023 respectively. A total of 162 women attended the camp and among them 162 clients benefited from breast cancer screening service (BCSS) and 150 clients benefitted from cervical cancer screening services (CCSS) and. Out of them, 13 women found with Benign Lump and 4 women suspected with suspicious lump in the breast and 8 clients with VIA positive.
- **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 97 clients benefited with the service, where 34 client received the USG service and 63 clients received the Mammogram service on 4, 11, 12 and 29 April 2023.
- Among total 10 health facilities, only **4 health facilities** has provided the breast and cervical cancer screening services to the visited client at respective health facility.

## 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>0</b>	<b>Coordination Meeting – First Quarter Review Meeting</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	35	37	0
<i>Budget</i>	63500	60420	3080
<b><i>Narrative Explanation:</i></b>			
Date: 28 April 2023	Location: BBC Hotel, Chisopani		
<b>Objective of the activity:</b>	<ul style="list-style-type: none"> <li>• To disseminate the key achievement, progress and update of the program from Jan to April 2023.</li> </ul>		

	<ul style="list-style-type: none"> <li>• To discuss on lesson learned, challenges and way forward of the program.</li> <li>• To disseminate the plan of second quarter.</li> <li>• To address the programmatic activities as per the feedback session provided by health post incharge and health team of GM.</li> </ul>
<p><b>❖ Activity details:</b></p> <p>On 28 April 2023, first quarter review meeting of year third of PBCCSC was conducted at BBC Hotel, Chisopani, in the presence of Chief Administrator, Section Officer and Health Desk Team and Health Facility Incharge of Gokarneshwor Municipality. Likewise, Treasurer of AMDA, Chief Administrator, Administrator, Senior Officer, finance assistant, program officer and clinic facilitator of AMDA Office was also present in the meeting.</p> <p>The program was conducted smoothly as per the planned program schedule. The program was commenced with the warm welcome speech by Mr. Sudesh Regmi, Chief Administrator of AMDA Nepal. After that, the program officer presented in detail regarding program objective, activities, progress report, service report i.e complied report and health facility wise report, achievement and challenges faced during an entire mentioned period. Also, shared the second quarter program planning along with the set targets. Further, we had an open session for the sharing of any queries or feedback of the program. Most of the queries were concerned on less activities done by FCHVs in Door to Door Activities. We discussed on how to strengthen the door to door activities and also requested to follow up by health post incharge for the same. Likewise, referral service was commenced for the suspected clients and for last two years clients, we requested HF Incharge for the required support for the follow up of the clients. Also, we had a discussion on strengthening service delivery by health facilities by trained staffs.</p> <p>At the end of the program, closing remarks were given by chief administrator of GM with their valuable suggestion and appreciation regarding the program and also, to provide the proposal for any additional community programs that can be conducted jointly by AMDA Nepal and Gokarneshwor Municipality and also to work on sustainability of PBCCSC program before this Nagar Saba of Municipality.</p> <p><b>❖ Participants feedback/ suggestions/ opinions:</b></p> <p>They are positive on providing services from health facilities by trained staffs. Soon, all the health facilities will commence the service and refer the clients for Diagnostic Screening camp at AMDA clinic. Also, they agreed to follow up with FCHV for Door to Door activities.</p> <p><b>❖ Follow-up plan (if any):</b></p> <p>Not any.</p>	

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.1</b>	<b>Door to Door Visit by FCHV- Kobo Tool</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event/Person</i>	22	7	15
<i>Number of Participants/ beneficiaries</i>	220	59	161

<b>Budget</b>	13500	13500	0 (Quarterly Payment from Jan to March)
<b>Narrative Explanation:</b>			
Date: April 2023	Location: Gokarneshwor Municipality		
Objective of the activity:	<ol style="list-style-type: none"> <li>1) To conduct the door to door activities by FCHVs by using Kobo Tool in order to refer the new clients and follow up the old clients.</li> <li>2) To record the door to door activities conducted by FCHV.</li> </ol>		
<ul style="list-style-type: none"> <li>• Activity details  Among total trained 22 FCHVs on Kobo Tool, only 7 FCHVs had done the door to door visit by using <b>Kobo tool</b> on April 2023. Total 59 clients had been visited by FCHV, among all 21 were old followed up clients and 38 clients were new clients to whom they referred for the service. Also, did follow up to 15 FCHVs who didn't sent the reports, for continuing the door to door activities and clarify any queries they have while using tool.</li> <li>• Participants feedback/ suggestions/ opinions: Few FCHVs was confused to use the tool and few were quite busy, due to which they were unable to send the records of the client.</li> <li>• Follow-up plan (if any): Need to do follow up to FCHV who didn't visited the client. Also, to reorient the FCHVs who are still confused to fill up the form by using KOBO tool.</li> </ul>			

<b>Activity Code</b>	<b>Name of Activity</b>		
<b>1.2</b>	<b>School Health Program</b>		
	<b>Plan</b>	<b>Actual</b>	<b>Variance</b>
<b>Number of Event</b>	0	0	0
<b>Number of Participants/ beneficiaries</b>	0	0	0
<b>Budget</b>	0	0	0
<b>Narrative Explanation:</b>			
Date:	Location:		
<b>Objective of the activity:</b>			
<ul style="list-style-type: none"> <li>• Activity details</li> <li>• Participants feedback/ suggestions/ opinions:</li> <li>• Follow-up plan (if any):</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.2</b>	<b>Educational Activity</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	2	1	1
<b>Number of Participants/ beneficiaries</b>	20	25	5
<b>Budget</b>	10000	4550	5450
<b><i>Narrative Explanation:</i></b>			
Date: 7 April 2023		Location: Shiva Panchayan Mandir, Aryal Gaun Ward 7	
<b>Objective of the activity:</b>		To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.	
<ul style="list-style-type: none"> <li>• <b>Activity details</b> One educational event was conducted on 7 April 2023 at Shiva Panchayan Mandir, Aryal Gaun, Ward 7 among Shiva Panchayan Aaama where 25 women participated from the community. We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had. We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3 year interval till the client reaches upto 60 years old at nearby health facilities.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. As this session had changed the view on screening services and need of regular checkup for the optimum health of their own instead of going hospital after being ill. Also, all women assured that they will come to receive the service on schedule day.</li> <li>• <b>Follow-up plan (if any):</b> Not Any.</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.2</b>	<b>Screening Camp</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	3	3	0

<b>Number of Participants/ beneficiaries</b>	135	162	27
<b>Budget</b>	150000	190000	40000

**Narrative Explanation:**

Date: 01,08 and 29 April 2023	Location: Gokarneshwor Lite Academy Secondary School, Ward 4, Urban Clinic Shivachock, Ward 7 and AMDA Clinic, Ward 6.
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<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.
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- **Activity details**

3 **events** of one-day free breast & cervical cancer **screening camp** were conducted at Gokarneshwor Lite Academy Secondary School, Ward 4, Urban Clinic Shivachock, Ward 7 and AMDA Clinic, Ward 6. on 01,08 and 29 April 2023 respectively. A total of 162 women attended the camp and among them 162 clients benefitted from breast cancer screening service (BCSS) and 150 clients benefitted from cervical cancer screening services (CCSS). Out of them, 13 women found with Benign Lump in the breast and 4 clients had suspected lump. Likewise, 8 clients were diagnosed with VIA positive. At AMDA clinic we provided services in a single visit approach.

Meanwhile, we had provided diagnostic screening services at AMDA clinic on USG and Mammogram services. Among all 13 Benign clients, only 9 client received the diagnostic screening services and remaining 4 clients didn't visited for the service. Likewise, 4 Suspicious clients, didn't visited for further diagnostic screening services. Furthermore, 1 VIA positive clients, cervical biopsy was sent for further evaluation at Nepal Medical College and other 7 clients need to do follow up for the colposcopy services.

Finding of clients suspected for benign and suspicious Lumps:

SN	USG Services	Mammogram Services	Cervical Biopsy Report
1	1 client – Normal	6 Clients - Normal	Reports – after few days reports will be collected.
	1 Client –Left axillary lymphadenopathy		
	1 Client – well circumscribed hypoechoic lesion in left breast, likely benign		

- **Participants feedback/ suggestions/ opinions:**

Clients were very glad to receive both cancer screening and diagnostic service nearby their locality and also glad to hear about free referral services.

- **Follow-up plan (if any):**

To follow up the client for colposcopy, USG and Mammogram services.

<i>Activity Code</i>	<i>Name of Activity</i>				
<b>2.5</b>	<b>Diagnostic Screening camp</b>				
	<b>Plan</b>	<b>Actual</b>	<b>Variance</b>		
<b>Number of Event</b>	3	5	2		
<b>Number of Participants/ beneficiaries</b>	90	97	07		
<b>Budget</b>	32,000	25900	6100		
<b>Narrative Explanation:</b>					
Date: 4,11,12 and 29 April 2023		Location: AMDA Clinic (AGWC)			
<b>Objective of the activity:</b>		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
<ul style="list-style-type: none"> <li><b>Activity details</b></li> </ul>					
<b>S N</b>	<b>Date</b>	<b>Diagnostic Service</b>	<b>Number of Clients</b>	<b>Grand Total</b>	<b>Findings</b>
1	12 and 29 April	USG	34		All Normal except the following clients: <ul style="list-style-type: none"> <li>3 clients : Right, left and bilateral axillary lymphadenopathy</li> <li>1 client: Well circumscribed oval shaped lesion in retroareolar region of right breast-likely benign lesion.</li> <li>1 client: Well circumscribed hypoechoic lesion in left breast-likely benign lesion.</li> </ul>
2	4,11 and 29 April	Mammogram	6329		All Normal except the following clients: <ul style="list-style-type: none"> <li>1 client : Small well defined lesion in right breast and advised for USG</li> <li>1 client: Advised USG as the breast is dense; might obscure small lesion.</li> </ul>
<p>🚩 This month we had not provided colposcopy service which we are planning in the upcoming month.</p> <ul style="list-style-type: none"> <li><b>Participants feedback/ suggestions/ opinions:</b> Not Any.</li> <li>❖ <b>Follow-up plan (if any):</b> <ul style="list-style-type: none"> <li>To those client advised for follow up.</li> </ul> </li> </ul>					

<i>Activity Code</i>	<i>Name of Activity</i>
<b>2.3</b>	<b>Service Delivery from Health Facilities by trained staffs</b>

	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	6	4	2
<i>Number of Participants/ beneficiaries</i>	20	16	4
<i>Budget</i>	0	0	0
<b><i>Narrative Explanation:</i></b>			
Date: March 2023	Location: Nayapati Health Post, Jorpati Health Post, Urban Clinic Jorpati and Gokarneshwore Nagar Hospital		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of respective health facility.		
<ul style="list-style-type: none"> <li>• <b>Activity details</b> Among total 10 health facilities, only 4 health facilities has provided services of breast and cervical cancer screening services namely Nayapati Health Post, Jorpati Health Post, Urban Clinic Jorpati and Gokarneshwore Nagar Hospital Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic. Total 5 clients were referred for diagnostic screening camp, 2 clients received USG Services and 3 clients received mammogram services referred by Urban Clinic Jorapti, Ward 5.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Clients were very glad to receive both cancer screening service at health facilities and free diagnostic screening services at AMDA clinic.</li> <li>• <b>Follow-up plan (if any):</b> To follow up the trained provider to send the remaining clients for USG and Mammogram services.</li> </ul>			

#### 4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 55,22,882	Rs. 11,31,541.9	20%	
Quarterly Budget	Rs. 12,00,000	Rs. 2,45,070	20%	
Monthly Budget	Rs. 5,00,000	Rs. 2,45,070	49%	

#### 5. ISSUES, CHALLENGES

- As mentioned by Gokarneshwor Municipality, the free referral services are provided to the citizen of Gokarneshwor Municipality only, this has created an issue among clients who had received the service. And the clients are requesting to provide this services to all the women who receives the screening services.
- Also, due to collection of documents like citizen copy for referral services, it had delay on sending the samples or clients to the referral service sites.



## 6. LESSONS LEARNED

- Follow up is required to the selected FCHV to continue the door to door activities.
- Need to plan a coordination meeting with focal person of Mahila Samuha of Gokarneshwor Municipality to be accessible among all the women of GM.

## 7. WAY FORWARD/RECOMMENDATION

- Donor Visit - Activities as per planned schedule.
- Coordinate with Gokarneshwor Municipality on program related activities.
- Monthly Meeting with health facility in charge and health department of Gokarneshwor Municipality.
- Follow up the FCHVs to continue the door to activities using Kobo Tool.
- Follow up the trained service provider for weekly service from health facilities.
- Continue the Educational activities at School and Mothers Groups.
- Conduct Screening and Diagnostic Camp as per need basis.

## 8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

## 9. PLANNED ACTIVITIES (for upcoming month/ Period

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Coordination Meeting (Donor Visit )	1	60,000	23 May 2023	
2. Educational Activities	2	10,000	19 and 26 May 2023	Swatha Aama samuha
3. School Awareness Program	2	10,000	25 April 2023	Iswori Basic School, Sundarijal, Ward 1 and Tareevir Basic School, Ward 3
4. Screening Camp	2	1,50,000	13 and 20 May 2023	Nayapati Old HP, Sundarijal and Krishna Mandir, Suntain, Baluwa
5. Diagnostic Screening Camp	3	50,000	16, 23 and 24 May 2023	AMDA Clinic
6. Procurement Expenses	1	50,000	By the end of month	
7. Admin & Overhead Cost	1	130,000	By the end of month	
<b>Total</b>		<b>Rs. 4,60,000/-</b>		

## Annex 2: Consolidate data Report



Consolidate Report  
\_April 2023

## Annex 3. Photographs

First Quarter Review Meeting at Chisopani.



Screening Camp at Gokarneshwor Lite Academy School, Ward 4



Screening Camp at AMDA Clinic.



Cervical Cancer Screening Camp at Shivachock UHC



USG Diagnostic Screening Camp at at AMDA Clinic.



Mammogram Diagnostic Screening Camp at AMDA Clinic.

