

AMDA Nepal
Breast and Cervical Cancer Screening Project

Monthly Progress Report

1. List of activities accomplished in this month

Implementing organization	AMDA Nepal
Title of the Project	Project for Breast and Cervical Cancer Screening Camp
Project Location	Gokerneshwar Municipality, Kathmandu District, Bagmati Province
Funded By	Daiichi Sankyo Co. Ltd. / AMDA MINDS
Reporting Month	April 2022
Total Project Budget	Rs. 2,68,76,925
Total Annual Budget	Rs. 60,22,031
Total Expenses till this month	Rs. 12,50,433
Total Expenses of this Month	Rs. 4,96,298
Report Submitted By	Srijana Shrestha
Date of Submission	10th May, 2022

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1.	Screening Camp			
a.	Screening Camp at Bhim Dev Aadharbhut School, Nayapati -2	1	Reg.Client: 31 BCSS: 30 CCSS: 28	2 nd April 2022
b.	Screening Camp at AMDA Clinic, Jorpati-6	1	Reg.Client: 66 BCSS: 66 CCSS: 61	16 th April 2022
c.	Okhareni Madhayamik Vidhyalaya, Sundarijal-1	1	Reg.Client: 59 BCSS: 56 CCSS: 55	23 rd April 2022
2.	Diagnostic Screening Camp-Mammogram			
a.	Mammogram Service	2	57	12 th and 26 th April 2022
b.	USG Service	2	66	6 th and 20 th April 2022
3.	Educational Activities	1	26	1 st April 2022
4.	Quarter Review Meeting	1		26 th April 2022

5.	Health Facility Incharge Meeting at Municipality	1		22 nd April 2022
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2. KEY ACHIEVEMENTS

- Three events of one-day free breast & cervical cancer screening camp were conducted at Bhim Dev Madhayamic School, Nayapati -2, AMDA Clinic, Jorpati-6 and Okhareni Madhayamic Vidhayala, Sundarijal-1. A total of 156 women attended the camp and among them 144 clients benefitted from cervical cancer screening services (CCSS) and 152 clients benefitted from breast cancer screening service (BCSS). Out of them 5 women found with VIA positive result and 15 women found with Benign Lump in the breast and referred for further diagnostic test for VIA positive client and for breast diagnostic service at AMDA clinic.
- 1 educational event was conducted, where 26 members of local women's group were informed about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and brought positive change on their health seeking behaviors of women instead of being shy and hesitated.
- 4 Diagnostic screening services were conducted. A total of 123 clients benefitted with the service, where 57 clients received the Mammogram service and 66 clients received the USG service. Among those USG screened client, 2 client was diagnosed with fibroadenoma, 1 with well defined lobulated lesion at 3o'clock with eccentric tiny calcification likely fibroadenoma and need of 1 year follow up. Likewise, 1 client diagnosed with Partly circumscribed lesion at left breast, atypical fibroadenoma and 1 client with a well-defined lesion circumscribed lesion in right breast likely atypical fibroadenoma. Advised FNAC and Mammogram to both client.
- Quarterly review meeting was conducted on 26th April 2022 in the presence of Baikuntha Prasad Sapkota, Chief Administrator of Gokarna Municipality. Hari Prasad Upadhaya, Public Health Officer and all the team of health desk team including in-charge of health post, hospital and urban Clinic. Updated the progress and achievement of the program within this 1st Quarter. The meeting went well with all the updates, lesson learned, challenges & achievement and the positive remark of Chief Administrator & PHO of Health Desk Unit. Also, highlighted the implementation of program to all the community women and advised to provide service in a single visit approach and to support with the equipment & supplies to new 3 urban clinics namely Shivachock Urban Clinic, Sarbeshwore Urban Clinic and Besigaun Urban Clinic. Please find the participants details in the Annex 3.
- On 22nd April 2022, we had meeting with Health Facility In-charge where we finalized the camp schedule and educational activities at the respective sites for the upcoming month. Also, had discussion on referral linkage for the further investigation of suspected cases. We provide detail update regarding camp and on case finding we had and challenges faced during camp conduction.

3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2	Screening Camp		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>

Number of Event	3	3	0
Number of Participants/ beneficiaries	135	152	
Budget	280000	273885	2.1%
Narrative Explanation:			
Date: 2 nd , 16 th & 23 rd April 2022	Location: Bhim dev Madhayamik Vidhayala, AMDA clinic & Okhareni Madhayamik Vidhayala respectively		
Objective of the activity:	To provide breast & cervical cancer screening services to all the women of Gokarneshwore Municipality.		
<p>❖ Activity details</p> <ul style="list-style-type: none"> Number of clients registered in each camp is 31 in the Bhim dev madhyamik Vidhyalaya, 66 in AMDA clinic, and 59 in Okhareni Madhyamik Vidhyalaya. All those three camps conducted in a well-managed manner. The event was targeted to women between 30 to 60 years of age. Along with screening service we provided STI medicine as per the need of the client which was supported by Gokarneshwore Municipality. In spite of good coordination with FCHV & conduction of educational activities at nearby Bhim Dev School, we had a few flow of client. Among all, 2 clients of Okhareni Madhaymik Vidhayala, Sundarijal -1, came for the first time for the gynae check up i.e age group 37yrs and 45yrs. Among all, 3.5% of people visited for the first time in the camp for the check up in their entire life. <p>❖ Participants feedback/ suggestions/ opinions: One Client was continuously doing follow up for the service as she was informed through the Digital Display Board at Jorpati while commuting to work by local bus. She was glad to receive the service which she was planning to opt for.</p> <p>❖ Follow-up plan (if any):</p> <ul style="list-style-type: none"> Follow up for the further diagnostic screening camp on allotted date. Follow up to those suspected client of cervical cancer screening. 			

Activity Code	Name of Activity		
2.5	Diagnostic Screening camp		
	Plan	Actual	Variance
Number of Event	4	4	
Number of Participants/ beneficiaries	100	123	
Budget			
Narrative Explanation:			
Date: 6 th , 12 th , 20 th & 26 th April 2022	Location: AMDA Clinic (AGWC)		

Objective of the activity:		For the further scientific investigation of Breast Cancer.			
❖ Activity details					
S N	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	6th	USG	28	123	1 client - B/L fibrocystic breast disease and fibroadenoma .Suggested Mammogram
	12 th	Mammogram	24		1 client- Well defined lobulated lesion at 3o'clock .Suggested mammogram.
	20 th	USG	38		1 client – partly circumscribed lesion at left breast as described above atypical fibroadenoma.Suggested FNAC & Mammogram.
	26th	Mammogram	33		1 client – small fibroadenoma of left breast.
❖ Participants feedback/ suggestions/ opinions:					
<ul style="list-style-type: none"> Requested to receive the mammogram report as soon as possible. 					
❖ Follow-up plan (if any):					
<ul style="list-style-type: none"> To those clients advised with FNAC and mammogram service. 					

Activity Code	Name of Activity					
1.2	Educational Activities					
	Plan	Actual	Variance			
Number of Event	3	1				
Number of Participants/ beneficiaries	60	26				
Budget	50000	41895	16%			
Narrative Explanation:						
Date: 1 st April 2022		Location: Pancha Kanya Temple, Nayapati				
Objective of the activity:		To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.				
❖ Activity details						
S N	Month	Date	Venue	Number of Clients	Grand Total	Remarks

1	April	1st April 2022	Pancha Kanya Temple Local Women	26	26	
<p>❖ Participants feedback/ suggestions/ opinions:</p> <ul style="list-style-type: none"> Requested to conduct screening camp 2 to 3 times in their locality nearby Bhim Dev School. <p>❖ Follow-up plan (if any): Not Any.</p>						

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Variance Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 60,22,031	Rs. 12,50,433		
Quarterly Budget	Rs. 15,00,000			
Monthly Budget	Rs. 500000	Rs. 4,96,298	0.7%	

5. ISSUES, CHALLENGES

- To bring change in health seeking behavior toward screening services of community women is quite challenging. In spite of being informed and aware about importance of screening services during educational activities, women of Nayapati area didn't visit the service site though the service site was nearby their locality. Regarding health services, there is no any health centers nearby the locality. They had to visit Gokarna to receive the service.

6. LESSONS LEARNED

- Before planning or conducting screening camp at remote area, we need to plan 2-3 awareness program along with the focal person of that respective area. Presence of focal person helps to bring change in health seeking behavior.

7. WAY FORWARD/RECOMMENDATION

- Not Any**

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

9. PLANNED ACTIVITIES (for upcoming month/ Period)

Activity	Target		Planned Time Frame	Venue /Location of Activity
	No. of Events	Budget		
1. Screening Camp	1	Rs. 70000		Taareveer Urban Clinic
2. Educational Activities	2	Rs. 120000		Sundarijal
3. Diagnostic Screening Camp	4	Rs. 50000		AMDA Clinic
4. FCHV training	1	Rs. 40000		Sundarijal Health Post (SHP)
5. Coordination Meeting	2	Rs. 5000		Sundarijal HP and Gokarneswore Municipality
6. Distribution of Equipment & Supplies	2	Rs. 5000		Tareveer Urban Clinic & Jorpati Urban Clinic

Note: Due to impact of Election and General Meeting (GA) at AMDA, we are planning to conduct only 1 camp for the upcoming month. However, we are planning to conduct 3 camp in two consecutive month.

10. ANNEXES

Annex 1: Case stories



33-year-old lady, named Shanti Lama Thing is a working woman at Lazimpat. She daily commute in local bus from Bairav Chaur. Every day the bus waits for the passengers for 5 mins, at that time she used to look at the Digital Display Board at Jorpati. There she read about the Breast and Cervical Cancer screening camp detail. She was glad to know the camp date on Saturday. She enquired about the camp on the mentioned phone number. Bhim Dev School was quite far from her locality. So we suggested here to visit the Okhareni Madhayamik Vidhayala which is easily accessible to her.

On the day, she arrived at the camp and received the service. She was so glad to know about her health status. VIA result was negative but Doctor has suggested her for PAP smear test and also advised Cap Primesoft 1gm for 30days once a day as she had a complain of breast pain.

With the support from Gokarneshwore Municipality, we are displaying the screening camp schedule from Digital Display Board located at Jorpati. Through that community women are being aware about the Breast

and Cervical Screening Camp. The women who are self-conscious regarding their health, enquiry about the camp and visit for the service.



She owns a small fruit shop and quite busy with the daily work she had at home and shop. In spite her busy schedule she arrived at Okhareni Madhayamik Vidhayala on request of FCHV. Her name is Bimala Tamang. 45 years old lady is the mother of 4 children. And this is her 1st Gyane check up as she has never been to health post or hospitals neither she had time for that. Though she is aware that regular check up should be done but never given priority for herself.

So, she went for the cervical screening and the VIA report was positive. Doctor has suggested for PAP smear test and Colposcopy service. There was a normal report at breast screening. We explained in detail regarding the same and she agreed to go for further investigation at Nepal Medical College and report to us.

Annex 2: Participant list of 1st Quarter Review Meeting

<u>SN</u>	<u>Name of Participants</u>	<u>Designation</u>	<u>Organization</u>	<u>Remarks</u>
1	Baikuntha Prasad Sapkota	Chief Administrator	Gokarneshwore Municipality	
2	Hari Prasad Upadhya	PHO	Gokarneshwore Municipality	
3	Dr. Anil Kumar Das	President	AMDA Nepal	
4	Maiko Kobayasi	CD	AMDA Minds	
5	Sudesh Regmi	Chief Administrator	AMDA Minds	
6	Purna Bahadur Basnet	Sr. AHW Officer	Gokarneshwore Municipality	
7	Nawaraj Bagle	PHI	Gokarneshwore Municipality	
8	Dev Shobha Shrestha	Sr, ANM	Gokarneshwore Municipality	
9	Dr. Sangbo Lama	MO	GPH	
10	Tika Ram Khadka	PHI	GPH	
11	Sundar Khadka	PHI	SHP	
12	Sabitri Shrestha	Sr. AHW	NPH	
13	Lalita Lama	PHO	JHP	
14	Sadikshya Shrestha	CMA	Urban Clinic, Tarebhir	
15	Sarala Rai	PHI	Urban Clinic Jorpati	
16	Tulsi Prasad Subedi	Sr. AHW	Urban Clinic Shiva chock	
17	Rekha Shrestha	Sr. AHW	Urban Clinic Besigaun	
18	Pradip Raj Pant	PC	AMDA Minds	
19	Lucha Raj Niroula	Sr. AHW	BHP	
20	Usha Gyawali	Sr. ANM	Gokarneshwore Municipality	
21	Bigyan Lama	HA	Gokarneshwore Municipality	
22	Achyut Sapkota	Admin Finance Officer	AMDA Nepal	
23	Umesh Acharya	Administrator	AMDA Nepal	
24	Anjana Koirala	Finance controller	AMDA Nepal	
25	Srijana Shrestha	PO	AMDA Nepal	
26	Subash Dulal	CF	AMDA Nepal	