

# AMDA Nepal

## Breast and Cervical Cancer Screening Project

### Monthly Progress Report

<b>Implementing organization</b>	AMDA Nepal
<b>Title of the Project</b>	Project for Breast and Cervical Cancer Screening Camp
<b>Project Location</b>	Gokarneshwor Municipality, Kathmandu District, Bagmati Province
<b>Funded By</b>	Daiichi Sankyo Co. Ltd. / AMDA MINDS
<b>Reporting Month</b>	March 2023
<b>Total Project Budget</b>	Rs. 2,68,76,925
<b>Total Annual Budget</b>	Rs. 55,22,882
<b>Total Expenses till this month</b>	Rs. 886471.97
<b>Total Expenses of this Month</b>	Rs. 4,06,548
<b>Report Submitted By</b>	Srijana Shrestha
<b>Date of Submission</b>	April 6, 2023

#### 1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	0	
2	Kobo Tool –Door to Door Visit by FCHV	11 FCHV	70	March 2023
3	Educational Activities	2	52	
a.	Swatha Aama Samuha	2	52	10 and 17 March2023
b.	School Awareness Program	0	0 Students 0 Teacher	
4	<b>Screening Camp</b>			
a.	AMDA Clinic, Jorpati, Ward 6	1	Reg. Client: 55 BCSS: 55 BL: 10 Suspicious Lump:1 CCSS: 54 VIA+ve: 1	4 March 2023
b.	Screening Camp at Urban Clinic Sarbeshwore, Ward 6	1	Reg. Client: 54 BCSS: 54 BL: 15 Suspicious Lump:2 CCSS: 48 VIA+ve: 1	11 March 2023
c.	AMDA Clinic, Jorpati, Ward 6	1	Reg. Client: 61 BCSS: 61 BL: 5 Suspicious Lump:1 CCSS: 41 VIA+ve: 2	18 March 2023

<b>5</b>	<b>Diagnostic Screening Camp</b>			
a.	Mammogram Service	94		4 & 18 March 2023
b.	USG Service	67		4, 14 & 18 March 2023
c.	Colposcopy	6		4 & 18 March 2023
<b>6.</b>	<b>Service Delivery from Health Facilities</b>	10	4	March 2023

## 2. KEY ACHIEVEMENTS

- Among total trained 22 FCHVs on Kobo Tool, 11 FCHV had done the door to door visit by using **Kobo tool**.
- We had conducted 2 **educational activities** among swastha aama samuha of Bal Bagaicha School, Ward 6 and aama samuha of Dungedhara Adharsa Aama Samuha, Ward 8.
- 3 **events** of one-day free breast & cervical cancer **screening camp** were conducted at AMDA Clinic, Jorpati, Ward 6, and Urban Clinic Sarbeshwore, Ward 6 on 4, 11 and 18 March 2023 respectively. We had conducted 2 camp at AMDA clinic on 4 March (AMDA Day) and 18 March 2023. A total of 170 women attended the camp and among them 170 clients benefited from breast cancer screening service (BCSS) and 153 clients benefitted from cervical cancer screening services (CCSS) and. Out of them, 30 women found with Benign Lump and 4 women suspected with suspicious lump in the breast and 4 clients with VIA positive.
- **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 167 clients benefited with the service, where 67 client received the USG service, 94 clients received the Mammogram service and 6 clients received colposcopy services on 4, 14 and 18 March 2023.
- Among total 10 health facilities, only **4 health facilities** has provided the breast and cervical cancer screening services to the visited client at respective health facility.

## 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>0</b>	<b>Coordination Meeting</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	0	0	0
<i>Number of Participants/ beneficiaries</i>	0	0	0
<i>Budget</i>	0	0	0
<b><i>Narrative Explanation:</i></b>			
Date:	Location:		
<b>Objective of the activity:</b>			

- ❖ **Activity details:**
- ❖ **Participants feedback/ suggestions/ opinions:**
- ❖ **Follow-up plan (if any)**

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.1</b>	<b>Door to Door Visit by FCHV- Kobo Tool</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event/Person</i>	22	11	11
<i>Number of Participants/ beneficiaries</i>	220	70	150
<i>Budget</i>	20000	12500	7500
<b><i>Narrative Explanation:</i></b>			
Date: February 2023		Location: Gokarneshwor Municipality	
Objective of the activity:		1) To orientate about Kobo Tool to FCHV. 2) To follow up and record the door to door activities of FCHV.	
<ul style="list-style-type: none"> <li>• Activity details Among total trained 22 FCHVs on Kobo Tool, 11 FCHV had done the door to door visit by using <b>Kobo tool</b> on March 2023. Total 70 clients had been visited by FCHV, among all 22 were old followed up clients and 48 clients were new clients to whom they referred for the service. Also, did follow up to 11 FCHVs for continuing the door to door activities.</li> <li>• Participants feedback/ suggestions/ opinions: Due to busy schedule they are not able to record the client details and also, clients are reluctant to click the picture.</li> <li>• Follow-up plan (if any): Need to do follow up to FCHV who didn't visited the client. Also, to FCHV who are still confused to fill up the form by using KOBO tool.</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.2</b>	<b>School Health Program</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	0	0	0
<i>Number of Participants/ beneficiaries</i>	0	0	0
<i>Budget</i>	0	0	0

<i>Narrative Explanation:</i>	
Date:	Location:
<b>Objective of the activity:</b>	
<ul style="list-style-type: none"> <li>• Activity details</li> <li>• Participants feedback/ suggestions/ opinions:</li> <li>• Follow-up plan (if any):</li> </ul>	

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.2</b>	<b>Educational Activity</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	2	2	0
<i>Number of Participants/ beneficiaries</i>	50	52	2
<i>Budget</i>	10000	11035	1035

<i>Narrative Explanation:</i>	
Date: 10 & 17 March 2023	Location: Bal Bagaicha School, Ward 6 and Dungehdhara Tole Sudhar Samiti, Ward 8
<b>Objective of the activity:</b>	To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.
<ul style="list-style-type: none"> <li>• <b>Activity details</b> Two educational event was conducted on 10 and 17 March 2023 at Bal Bagaicha School, Ward 6 among Lalupate Swastha Aama Samutha and Dungehdhara Tole Sudhar Samiti, Ward 8 among Dungehdhara Adharsa Aama Samuha respectively where 52 women participated from the community. We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had. We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3 year interval till the client reach 60 years old at nearby health facilities.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. As this session had changed the view on screening services and need to do regularly for the optimum health of their own instead of going hospital after being ill. Also, all women assured that they will come to receive the service on schedule day.</li> </ul>	

- **Follow-up plan (if any):**  
Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2	<b>Screening Camp</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	2	3	1
<i>Number of Participants/ beneficiaries</i>	120	170	50
<i>Budget</i>	210000	175279	34721
<i>Narrative Explanation:</i>			
Date: 4,11 and 18 March 2023	Location: AMDA Clinic, Ward 6 and Urban Clinic Sarbeshwor ,Jorpati-6		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.		
<ul style="list-style-type: none"> <li>• <b>Activity details</b> 3 <b>events</b> of one-day free breast &amp; cervical cancer <b>screening camp</b> were conducted at AMDA Clinic (2 events) and Urban Clinic Sarbeshwore, Jorpati on 4, 11 and 18 March 2023 respectively. A total of 170 women attended the camp and among them 170 clients benefitted from breast cancer screening service (BCSS) and 153 clients benefitted from cervical cancer screening services (CCSS). Out of them, 30 women found with Benign Lump in the breast and 4 clients had suspected lump. Likewise, 4 clients were diagnosed with VIA positive. For which we had provided diagnostic screening services at AMDA clinic for colposcopy, USG and Mammogram services. At AMDA clinic we provided services in a single visit approach. VIA positive clients received the colposcopy services and among them 2 clients cervical biopsy was sent to Nepal Medical College and 3 clients report is normal and 1 clients was treated with antibiotics.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Clients were very glad to receive both cancer screening and diagnostic service nearby their locality and also glad to hear about free referral services.</li> <li>• <b>Follow-up plan (if any):</b> To follow up the client for colposcopy, USG and Mammogram services.</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
2.5	<b>Diagnostic Screening camp</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	3	5	2

<b>Number of Participants/ beneficiaries</b>	100	161	61		
<b>Budget</b>	25,000	45050	20050		
<b>Narrative Explanation:</b>					
Date: 4,14 and 18 March 2023		Location: AMDA Clinic (AGWC)			
<b>Objective of the activity:</b>		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
<ul style="list-style-type: none"> <li><b>Activity details</b></li> </ul>					
S N	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	4 and 18 March	USG	67		All Normal except the following clients: <ul style="list-style-type: none"> <li>2 clients : Fibroadenoma</li> <li>1 client : Bilateral axillary lymphadenopathy</li> <li>2 client : Simple Breast Cysts</li> </ul>
2	4,14 and 18 March	Mammogram	94		All Normal except the following clients: <ul style="list-style-type: none"> <li>2 clients : Fibroadenoma and advised for USG</li> <li>1 client: Tiny benign calcification in bilateral breast.</li> <li>2 client : Reactive bilateral axillary lymph nodes -benign</li> </ul>
3	4 and 18 March	Colposcopy	6		3 clients report are normal. 2 clients cervical biopsy was sent and 1 client was treated with Antibiotics due to diffuse white cervix and cherry red spots.
<p>This month we had followed up to 2 VIA positive clients for colposcopy service and remaining 4 clients immediately received the service at AMDA Clinic. Also, we commenced the <b>free referral services at Nepal Medical College ( NMC)</b> and both client cervical biopsy was sent at NMC for further investigation supported by Gokarneshwor Municipality.</p> <ul style="list-style-type: none"> <li><b>Participants feedback/ suggestions/ opinions:</b> Not Any.</li> <li><b>❖ Follow-up plan (if any):</b> <ul style="list-style-type: none"> <li>To those client advised for follow up.</li> </ul> </li> </ul>					

<i>Activity Code</i>	<i>Name of Activity</i>		
2.3	Service Delivery from Health Facilities		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	6	4	2

<b>Number of Participants/ beneficiaries</b>	20	16	4
<b>Budget</b>	0	0	0
<b>Narrative Explanation:</b>			
Date: March 2023	Location: Nayapati, Baluwa, Jorpati Health Post, Urban Clinic Jorpati		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of respective health facility.		
<ul style="list-style-type: none"> <li>• <b>Activity details</b> Among total 10 health facilities, only 4 health facilities has provided services of breast and cervical cancer screening services namely Nayapati, Baluwa, Jorpati Health Post, Urban Clinic Jorpati. Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Clients were very glad to receive both cancer screening service at health facilities and free diagnostic screening services at AMDA clinic.</li> <li>• <b>Follow-up plan (if any):</b> To follow up the client for colposcopy, USG and Mammogram services.</li> </ul>			

#### 4. BUDGET STATUS

<b>Budget Period</b>	<b>Approved budget</b>	<b>Expenses</b>	<b>Expenses Percent (%)</b>	<b>Reason of Variation</b>
Annual Budget	Rs. 55,22,882	Rs. 886471.97	16%	
Quarterly Budget	Rs. 12,00,000	Rs. 886471.97	74%	
Monthly Budget	Rs. 5,00,000	Rs. 4,06,548	81%	

#### 5. ISSUES, CHALLENGES

- Need to The referral system and follow up all the clients from year 1 and year 2 along with year 3 clients and the deployment of human resource at referral center.

#### 6. LESSONS LEARNED

- Need to closely work with different female groups of this municipality in order to be accessible to all the women and disseminate the information about the services.
- Follow up is required to the selected FCHV to continue the door to door activities.

#### 7. WAY FORWARD/RECOMMENDATION

- Conduct first Quarterly Review Meeting.
- Coordinate with Gokarneshwor Municipality on program related activities.
- Monthly Meeting with health facility in charge and health department of Gokarneshwor Municipality.

- Follow up the FCHVs to continue the door to door activities using Kobo Tool.
- Continue the Educational activities at School and Mothers Groups.
- Conduct Screening and Diagnostic Camp as per need basis.
- Plan for training to Health Facility Service Provider.

#### 8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

#### 9. PLANNED ACTIVITIES (for upcoming month/ Period)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Coordination Meeting (Quarterly Review Meeting)	1	63500	28 April 2023	
2. Educational Activities	2	10,000	7 and 27 April 2023	Swatha Aama samuha
3. Door to Door Visit Program by FCHV	3 Month	13,000	April 2023	Trained FCHV on Kobo Tool
4. School Awareness Program	1	10,000	25 April 2023	Iswori Basic School, Sundarijal
5. Screening Camp	3	1,50,000	1, 8 and 29 April 2023	Gokarneshwor Lite Academy School ,Urban Clinic Shivachock & AMDA Clinic
6. Diagnostic Screening Camp	3	32,000	4 <sup>th</sup> ,14 <sup>th</sup> and 18 <sup>th</sup> March 2023	AMDA Clinic
7. Procurement Expenses	1	Rs. 1,00,000	By the end of month	
8. Admin & Overhead Cost	1	Rs. 130,000	By the end of month	
<b>Total</b>		<b>Rs. 5,08,500/-</b>		



## Annex 2: Consolidate data Report



Consolidate  
Report\_Mar 023

## Annex 3. Photographs

Educational Activity at Bal Bagaicha School, Ward 6



Educational activities at Dungehdhara , Besigaun



Screening Camp at Sarbeshwor Urban Health Center



Cervical Cancer Screening at AMDA Clinic





USG Diagnostic Screening Camp at at AMDA Clinic.



Mammogram Diagnostic Screening Camp at AMDA Clinic.



Screening Camp at AMDA Clinic on 4<sup>th</sup> March 023



Waiting for Mammogram Services at AMDA Clinic

