

# AMDA Nepal

## Breast and Cervical Cancer Screening Program

### Monthly Progress Report

**Reporting Month:** February 2021

**Reporting Date:** 9<sup>th</sup> March 2021

#### A. List of Activities accomplished in the month

SN	Activities	Status	Remarks
1	FCHV Training at Jorpati Health Post	Conducted on 4 <sup>th</sup> Feb 2021	Conducted on World Cancer Day
2	Screening camp at AMDA Nepal Office	Conducted on 27 <sup>th</sup> Feb 2021	
3	Coordination with Focal Person of Health Department of Gokarneswore Nagarpalika	Conducted on 2 <sup>nd</sup> , 15 <sup>th</sup> and 21 <sup>st</sup> Feb 2021	
4	Procurement of Medical Equipment	Technical Evaluation is on progress	

#### B. Narrative Summary of Activities and Key Findings

##### 1. FCHV Training

In coordination with Health Department of Gokarneswore Nagarpalika, FCHV Training Program was conducted on 4<sup>th</sup> Feb 2021, World Cancer Day, "a time to rally our voices and empower both individuals and communities to make progress in the fight against cancer ". The program was conducted in the presence of Mayor Mr. Santosh Chalise, Mr. Rajiv Thapa (Ward President), Mr. Hari Prasad Upadhaya (PHO), Dev Shobha Shrestha, and Purna Bahadur Basnet( Health Department of Municipality), and all the Health Facility Staffs at Jorpati Health Post, Arubari. The program was commenced with a detailed brief on the breast and cervical screening camp that we are planning to conduct in Amda Office and one in Health Post every month. Also, addressed the importance of the program.

The training was intended for Female Community Health Volunteers (FCHV).The total number of FCHV participants were 33 and provided participant with:

- ✚ an introduction about cancer and about most common cancer in Nepal
- ✚ briefed about breast and cervical cancer, and the incidence and highly impacted age group
- ✚ causes, risk factors, sign and symptoms, diagnosis method, preventive measures, treatment
- ✚ Importance of screening, key notes that need to done before screening and its benefits as well.

During the training session, all the content was explained properly followed by brain-storming, information exchange, and shared opinions and experiences of FCHV. Overall, the program was conducted smoothly and effectively as per the set schedule. With the closing remarks, the program was ended by the Mayor with valuable keynotes about the program and its positive impact on women's health of the community.

## 2. Screening Camp at Amda Office

This was a one day event conducted on 27<sup>th</sup> February 2021 at AGWC, Amda Office, Jorpati. The camp was executed from 9:30 am to 4:00 pm. A total of 12 team members comprising of doctors, nursing staffs, clinic aid, volunteers and project staffs (see section I form, complete list of team members) were mobilized for the camp administration and service delivery. The event was targeted to women between 30 to 65 years of age. A total of 45 women attended the camp and benefitted from the screening services for the breast and cervical cancer.

The activities undertaken in the camp have been listed in the points below in a sequential manner.

- Registration of clients was undertaken.
- Written informed consent was taken from the clients in the consent form.
- Breast and Cervical Cancer Screening Forms were filled which included personal details, medical history, family history and detail on procedure conducted and findings.
- Blood pressure and height of the clients were measured and recorded.
- Cervical cancer screening was performed through visual inspection of the cervix with acetic acid (VIA).
- After the cervical cancer screening, clinical examination of breast was performed for breast cancer screening.
- The findings from both the cervical and breast cancer screening was disseminated by the medical team with necessary health information and counseling.
- Those women who were screened positive (VIA positive and suspected lump in the breast) in the screening tests were referred to the Teaching Hospital for confirmatory diagnosis and prompt treatment.

### I. Composition of the team members

SN	Name of Team	Designation	Organization	Contact No.	Remarks
1	Dr. YP Singh	Consultant	TUTH	9851053644	
2	Dr. Neebha Ojha	Consultant	TUTH	9841288377	
3	Dr. Rupam Pandey	MO	BCH	9844295422	
4	Dr. Aakriti Yadav	MS Resident	TUTH		
5.	Dr. Neha Singh	MO			
6.	Neela Kayastha	Nursing Officer	TUTH	9841619628	
7.	Goma Dahal	Volunteer			
8.	Srijana Shrestha	PO	AMDA	9841863706	
9.	Subash Dulal	CF	AMDA	9841300082	
10.	Kalpana Khadka	Clinic Aid	TUTH		
11.	Tika Prasad Aryal	CA	AMDA	9840402754	
12.	Laxman Lama	Driver	AMDA		

## II. Service Details Age Group wise :

SN	Age Group of Clients	Total Registered Clients	Breast Cancer Serviced Clients	Cervical Cancer Serviced Clients	Remarks
1	30-34 years	3	3	3	
2	35-39 years	9	9	9	
3	40- 44 years	12	12	12	
4	45-49 years	4	4	4	
5	50- 54years	6	6	6	
6	55-59 years	2	2	2	
7	60-64 years	8	8	7	
8	65+	1	1	1	
	<b>Total Clients</b>	<b>45</b>	<b>45</b>	<b>44</b>	

## III. Outcomes from the Screening Client

SN	Cervical Cancer Screened Client	Breast Cancer Screened Client	Referred To	Remarks
1	1 client was referred for USG Pelvis and plan for polypectomy	14 Benign lump identified Referred for Mammogram 1 Suspicious lump	Teaching Hospital(TUTH)	
2	1 client -VIA positive	30 clients were Suggested for Mammogram	Teaching Hospital(TUTH)	
3	1 client referred for USG due to infection		Nepal Medical College (NMC)	
4	1 client referred for Urine R/E		Nepal Medical College (NMC)	
5	3 client referred for further checkup		Teaching Hospital(TUTH)	

### 3. Coordination with Focal Person of Health Department of Gokarneswore Nagarpalika

On 2<sup>nd</sup> Feb 2021, coordination was done with Hari Psd Upadhaya Sir regarding FCHV training on breast and cervical cancer screening program and its importance to the community people. Discussed the program schedule and dissemination content to FCHV of Jorpati area. Likewise, for the screening camp at AMDA

office, meeting was conducted with health unit team on 15<sup>th</sup> and 21<sup>st</sup> Feb for the needed support during camp conduction and to disseminate the information to community people.

#### 4. Procurement of Medical Equipment

As per the standard policy of procurement procedure, tender notice for the supplies namely mammogram, USG machine and Colposcopy was published on 6<sup>th</sup> Feb 2021 and on 24<sup>th</sup> Feb 2021 submitted tender was opened. Further now, it has been sent for the technical evaluation. As soon the technical evaluation will be completed, among all the best quality of equipment one of them will be selected based on their quotation and supplies will be ordered from the selected vendor by the end of April 2021.

#### C. Lesson Learned

- Coordination with municipality and local health facilities was instrumental in generating demands and ensuring the successful implementation of the camp.
- Experienced team from different department had enhanced the quality of service with good team work during the screening camp day. It helped to conduct camp in a systematic and smooth way.

#### D. Plan for Next Month (MARCH)

SN	Planned Activities	Planned Date	Remarks
1	FCHV Training at Gokarna Primary Hospital	On 23 <sup>rd</sup> March 2021	
2	Screening Camp at AMDA Nepal Office	On 13 <sup>th</sup> March 2021	
3	Screening Camp at Jorpati HP	On 20 <sup>th</sup> March 2021	
4	Screening Camp at Gokarna Primary Hospital	On 27 <sup>th</sup> March 2021	
5.	Procurement Plan of Purchasing Medical Equipment's namely Mammogram, USG machine and Colposcopy	By the end week of April 2021	

#### E. PHOTOS:



Fig.1. Mayor Santosh Chalise ,addressing the importance of Breast and Cervical Screening Program.



Fig.2.Hari Psd Upadhaya,PHO,explained about program



Fig 3. Providing Training to FCHV on Breast & Cervical Cancer



Fig 4. Group pic with all team



Fig.5. Checking the vital sign of client



Fig.6 Screening of Breast cancer by doctors



Fig. 7. Screening of cervical cancer by doctors



Fig.8. With Team

