

# AMDA Nepal

## Breast and Cervical Cancer Screening Project

### Monthly Progress Report

<b>Implementing organization</b>	<b>AMDA Nepal</b>
<b>Title of the Project</b>	<b>Project for Breast and Cervical Cancer Screening Camp</b>
<b>Project Location</b>	<b>Gokarneshwor Municipality, Kathmandu District, Bagmati Province</b>
<b>Funded By</b>	<b>Daiichi Sankyo Co. Ltd. / AMDA MINDS</b>
<b>Reporting Month</b>	<b>February 2023</b>
<b>Total Project Budget</b>	<b>Rs. 2,68,76,925</b>
<b>Total Annual Budget</b>	<b>Rs. 55,22,882</b>
<b>Total Expenses till this month</b>	<b>Rs. 352647.97</b>
<b>Total Expenses of this Month</b>	<b>Rs. 479923.97</b>
<b>Report Submitted By</b>	<b>Srijana Shrestha</b>
<b>Date of Submission</b>	<b>10<sup>th</sup> March, 2023</b>

#### 1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	30	27th February 2023
2	Kobo Tool –Door to Door Visit by FCHV	10 FCHV	86	February 2023
3	<b>Educational Activities</b>			
a.	Swatha Aama Samuha	1	22	23 <sup>rd</sup> February 2023
b.	School Awareness Program	3	136 Students 24 Teacher	22 <sup>nd</sup> and 24 <sup>th</sup> February 2023
4	<b>Screening Camp</b>			
a.	Screening Camp at Chamunda Secondary School, Jorpati, Ward 6	1	Reg. Client: 61 BCSS: 61 BL: 11 Suspicious Lump: 1 CCSS: 57 VIA+ve: 3	11 <sup>th</sup> February 2023
b.	Screening Camp at Urban Clinic Besigaun, Ward 8	1	Reg. Client: 44 BCSS: 44 BL: 3 CCSS: 41 VIA+ve: 0	25 <sup>th</sup> February 2023
5	<b>Diagnostic Screening Camp</b>			
a.	Mammogram Service	37		28 <sup>th</sup> February 2023
b.	USG Service	22		15 <sup>th</sup> February 2023

## 2. KEY ACHIEVEMENTS

- On 27<sup>th</sup> February, attended the **meeting** with health department of Gokarneshwor Municipality (GM) and health facility incharge of all the health facilities of GM at Gokarneshwor Municipality, Ward 6. The total 30 participants participated at meeting.
- We had oriented additional 7 FCHV of Nayapati, Baluwa , Besigaun and Shivachock. Among 20 FCHV, 10 FCHV had done the door to door visit by using **Kobo tool**. Likewise, we had conducted **educational activities** among swastha aama samuha of Chahari Club, Ward 6. Furthermore, we had commenced school awareness program at 3 school namely Ramjanaki Basic school, Bhimdev Basic School, and Gramsudhar Basic School which is located in ward 1,2, and 3 respectively. Total 136 students and 24 teachers participated in **School Health Awareness Program** which was conducted on 22<sup>nd</sup> & 24<sup>th</sup> February 2023.
- February 4 was celebrated as a “World Cancer Day”, the theme was “Close the Care Gap”. Wconducted the awareness program to the local women of Okhareni, Sundarijal at Iswori Basic School in the presence of focal person of Gokarneshwor Municipality, Consultant Doctors , Ward President and FCHVs.
- **2 events** of one-day free breast & cervical cancer **screening camp** were conducted at Chamunda Secondary School, Jorpati, Ward 6, and Urban Clinic Besigaun, Ward 8 on 11<sup>th</sup> and 25<sup>th</sup> February 2023 respectively. A total of 105 women attended the camp and among them 98 clients benefitted from cervical cancer screening services (CCSS) and 105 clients benefitted from breast cancer screening service (BCSS). Out of them, 14 women found with Benign Lump and 1 women suspected with suspicious lump in the breast and 3 clients with VIA positive.
- **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 59 clients benefitted with the service, where 22 client received the USG service and 37 clients received the Mammogram service on 15<sup>th</sup> and 28<sup>th</sup> February 2023.
- Among total 10 health facilities, only 5 health facilities has provided the breast and cervical cancer screening services to the visited client at respective health facility.

## 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>0</b>	<b>Coordination Meeting</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	50	42	8
<i>Budget</i>	0	0	0
<b><i>Narrative Explanation:</i></b>			
Date: 27 <sup>th</sup> February 2023	Location: Gokarneshwor Municipality		
<b>Objective of the activity:</b>	<ul style="list-style-type: none"> <li>▪ To confirm the commencement of breast and cervical cancer screening services at different health facilities.</li> <li>▪ To inform incharge to send the clients for diagnostic screening services.</li> <li>▪ To discuss regarding referral services to referral center.</li> </ul>		

❖ **Activity details:**

In the presence of 30 participants, the meeting was conducted at Gokarneshwore Municipality on 27<sup>th</sup> February 2023. We mainly discussed on commencement of services from Health Facility by trained provider. Among total 10 health facilities, breast and cervical cancer screening services has been commenced from 5 health facilities namely Sundarijal HP, Nayapati HP, Baluwa HP, Jorpati HP and Urban Clinic Jorpati. Till February, total 41 client had received the services. Likewise, we also informed health facility incharge to send the client at AMDA clinic to receive the diagnostic services on the scheduled day. We also discussed on referral services we are planning to send the client at referral center Nepal Medical College.

❖ **Participants feedback/ suggestions/ opinions:**

They are positive on providing continue services from health facilities. Also, other health facilities are preparing to commence the service. However, they are requesting to continue the diagnostic screening services by AMDA Nepal even after the program will be over. As this will help to diagnose the problem of client if any and help in sustainability of the program.

❖ **Follow-up plan (if any)**

Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.1</i>	<b>Door to Door Visit by FCHV- Kobo Tool</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event/Person</i>	20	10	10
<i>Number of Participants/ beneficiaries</i>	200	86	114
<i>Budget</i>	10000	5000	5000
<b><i>Narrative Explanation:</i></b>			
Date: February 2023		Location: Gokarneshwor Municipality	
Objective of the activity:		1) To orientate about Kobo Tool to FCHV. 2) To follow up and record the door to door activities of FCHV.	
<ul style="list-style-type: none"> <li>• <b>Activity details</b> We had oriented additional 7 FCHV of Nayapati, Baluwa , Besigaun and Shivachock. Among 20 FCHV, 10 FCHV had done the door to door visit by using Kobo tool. Total 86 clients had been visited by FCHV, among all 15 were old followed up clients and 71 clients were new clients to whom they referred for the service. As 7 FCHVs were new to the tool and some of the FCHVs were busy in their work so they were not able to visit the clients. Also, did follow up to few FCHV for proper using and recording of information of the clients in Kobo tool.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Some of the FCHV stated that clients were reluctant to click the photo as they were insecure about their privacy and the use of photos improperly in any way.</li> </ul>			

- Follow-up plan (if any):  
Need to do follow up to FCHV who didn't visited the client. Also, to FCHV who are still confused to fill up the form by using KOBO tool.

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.1</b>	<b>Educational Activity</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event/Person</b>	2	1	1
<b>Number of Participants/beneficiaries</b>	20	23	3
<b>Budget</b>	3000	3188	188
<b><i>Narrative Explanation:</i></b>			
Date: 23 February 2023		Location: Chahari Club, Ward 8	
Objective of the activity:		To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.	
<ul style="list-style-type: none"> <li>• Activity details One educational event was conducted on 23 February 2023 at Bal Bagaicha Chahari Club, Ward 8 among Besigaun Swastha Aama Samuha where 23 women participated from the community. We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had. We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3 year interval till the client reach 60 years old at nearby health facilities.</li> <li>• Participants feedback/ suggestions/ opinions: Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. As this session had changed the view on screening services and need to do regularly for the optimum health of their own instead of going hospital after being ill. Also, all women assured that they will come to receive the service on schedule day.</li> <li>• Follow-up plan (if any): Not Any.</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.2</b>	<b>School Health Program</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>

<b>Number of Event</b>	4	3	1
<b>Number of Participants/ beneficiaries</b>	210	160	50
<b>Budget</b>	33000	24600	8400

**Narrative Explanation:**

Date: 22 <sup>nd</sup> and 24 <sup>th</sup> February 2023	Location: Gram Sudhar, Ram Janaki and Bhim Dev Basic School
<b>Objective of the activity:</b>	<ul style="list-style-type: none"> <li>To advocate regarding imperative aspect of breast &amp; cervical cancer screening services among school students.</li> <li>To disseminate and aware to all women through school students and provide information of accessible services through them.</li> </ul>
<ul style="list-style-type: none"> <li><b>Activity details</b> We had commenced school awareness program at 3 school namely Ramjanaki Basic school, Bhimdev Basic School, and Gramsudhar Basic School which is located in ward 1,2, and 3 respectively. Total 160 participated in the awareness program, among which 136 students and 24 teachers participated in <b>School Health Awareness Program</b> which was conducted on 22<sup>nd</sup> &amp; 24<sup>th</sup> February 2023. Initially we introduced about the program, the organization and the activities ongoing at Gokarneshwor Municipality. Also, the purpose of awareness among school children. We disseminated the knowledge on cancer, breast cancer and cervical cancer through interactive lecture, showing the videos, images of the respective content. Also, we distributed the brochures among all the students. We addressed the queries the students had and also repeated the session as per their request in which they would like to know further. We informed about the screening camp ongoing at Gokarneshwor Municipality for the women age group 30-60 and to disseminate the information they learned today with their family and to receive the free service conducted jointly by AMDA Nepal and Gokarneshwor Municipality.</li> <li><b>Participants feedback/ suggestions/ opinions:</b> The students were glad to attend the session as this was quite important in their life as well to their family members. Also, they were aware about the imperative aspect of screening services, the hazardous activities and they should be caution on any abnormal symptoms seen in the body.</li> <li><b>Follow-up plan (if any):</b></li> </ul>	

<b>Activity Code</b>	<b>Name of Activity</b>		
<b>1.2</b>	<b>Event – World Cancer Day Celebration</b>		
	<b>Plan</b>	<b>Actual</b>	<b>Variance</b>
<b>Number of Event</b>	1	1	0
<b>Number of Participants/ beneficiaries</b>	60	69	9

<b>Budget</b>	54100	43211	10889
<b><i>Narrative Explanation:</i></b>			
Date: 4 <sup>th</sup> February 2023	Location: Iswori Basic School, Okhareni, Sundarijal, Ward 1		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.		
<ul style="list-style-type: none"> <li> <b>Activity details</b> <p>February 4 was celebrated as a “World Cancer Day”, the theme was “Close the Care Gap”. On the same day, we conducted the awareness program to the local women of Okhareni, Sundarijal at Iswori Basic School. All the local women of Okhareni had been invited to attend the program. The Event was conducted assiduously in the presence of local women and the focal persons of Health team of Gokarneshwor Municipality and AMDA Nepal. Total number of participation in the program was 69. The Chief guest was Baikuntha Prasad Sapkota, Chief Administrative Officer of Gokarneshwor Municipality and Dawarika Shrestha, Ward President -1 from Sundarijal. Other were Health post staffs and Health department staffs of Gokarneshwor Municipality (GM). Officer, GM. The program was hosted by Purna Bahadur Basnet.</p> <p>It was mainly designed to discuss about Breast and Cervical Cancer Screening services to 30-60 years women and highlight on the imperative aspect of screening services by all women every 3- 5 years. After, the chairing program, the program was commenced by Dr. Yogendra Prasad Singh, AMDA consultant, presented about Breast Cancer focused on introduction, its causes, sign and symptoms, diagnosis and treatment modalities. He also highlighted on Breast Self-examination that every women should perform on monthly basis. After addressing few queries of client on Breast Cancer and breast related problems. Dr. Parmeshwori Shrestha presented the local women about cervical cancer, its causes, sign and symptoms, diagnosis and treatment modalities and the importance of early diagnosis and treatment that need to be carried out by all women of age 30-60 years without any hesitation and shy.</p> <p>Furthermore, Mr. Hari Psd Upadhyya, Head of Health Department of GM highlighted the services of Gokarneshwor Municipality, addressed the free of cost services provided and other health benefits that need to be acquired by all women. Meanwhile, Mr. Sudesh Regmi, Chief Administrator of AMDA Nepal, focused on the services provided by AMDA Nepal and the importance of early diagnosis and treatment. The program officer, PBCCSC, highlighted the current ongoing screening and diagnostic camp and also, requested all the women to check up while conducting the camp at Okhareni. Also, she shared the success story of the program, the impact of the screening services among women and changes in health seeking behavior of women.</p> <p>At the end of the program both Ward president and Chief Administrative Officer sir, addressed the importance of cancer screening services to all the women and to receive the provided free services which is made accessible to all the women by providing services to their nearby rea and need of change in their health seeking behavior.</p> </li> <li> <b>Participants feedback/ suggestions/ opinions:</b> <p>Clients were glad to receive the informative session by respected Doctors and to be able to clarify misconception they had. Also, stated that they will receive the service during camp at Okhareni as they are now aware about imperative aspect of screening which should be done by the healthy person rather than after having any health problems.</p> </li> </ul>			

- **Follow-up plan (if any):**  
Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.2</b>	<b>Screening Camp</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	2	2	0
<b>Number of Participants/ beneficiaries</b>	100	105	5
<b>Budget</b>	120,000	93157	26843
<b><i>Narrative Explanation:</i></b>			
Date: 11 <sup>th</sup> and 25 <sup>th</sup> February 2023	Location: Chamunda Secondary School, Ward 6 and Urban Clinic Besigaun, Ward 8		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.		
<ul style="list-style-type: none"> <li>• <b>Activity details</b> 2 events of one-day free breast &amp; cervical cancer <b>screening camp</b> were conducted at Chamunda Secondary School, Ward 6 and Urban Clinic Besigaun, Ward 8 on 11th and 25th February 2023 respectively. A total of 105 women attended the camp and among them 105 clients benefitted from breast cancer screening service (BCSS) and 98 clients benefitted from cervical cancer screening services (CCSS). Out of them, 14 women found with Benign Lump in the breast and 1 client was had suspected lump. Likewise, 3 clients were diagnosed with VIA positive. For which we had referred at AMDA clinic for colposcopy, USG and Mammogram services.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Clients were very glad to receive both cancer screening service nearby their locality and also glad to hear about free referral services.</li> <li>• <b>Follow-up plan (if any):</b> To follow up the client for colposcopy, USG and Mammogram services.</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.5</b>	<b>Diagnostic Screening camp</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	2	2	0
<b>Number of Participants/ beneficiaries</b>	50	59	9
<b>Budget</b>	30,000	24650	5350

**Narrative Explanation:**

Date: 15<sup>th</sup> and 28<sup>th</sup> February 2023

Location: AMDA Clinic (AGWC)

**Objective of the activity:**

To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.

• **Activity details**

S N	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	15th	USG	22	59	All Normal except the following clients: <ul style="list-style-type: none"> <li>• 1 client (F/U): Normal study of right breast. Typical small fibroadenoma of left breast. Advise: Mammogram after a year.</li> <li>• 1 Client (F/U): Multiple fibroadenoma in bilateral breast. Advise: Mammogram after a year.</li> <li>• 1 client (F/U): Normal study of left breast. Fibroadenoma of right breast. Advise: Mammogram after a year.</li> <li>• 1 client: Normal study of right breast. Ductal estacia of left breast. Advise: Mammogram after a year.</li> <li>• 1 client: Featuresuggestive acute mastitis of left breast with reactive left axillary lymphadenopathies. No collection is seen in USG. Referred NMC for further treatment.</li> <li>• 1 Client: Prominent Bilateral retroareolar duct? Ductal estacia. USG scan after a year.</li> <li>• 1 client (F/U): Normal study. USG after 2 month.</li> </ul>
2	28th	Mammogram	37		All Normal except 1 client was advised for USG Breast.

This month we had followed up to the suspected clients for breast cancer from last year 2022 again for the further evaluation. Among 12 clients, only 3 client visited the camp for further checkup. Also, one client visited with complain of nipple discharge and doctor suggested for both USG and Mammogram screening. Both the reports are normal but need to do follow up after one year. Likewise, one client was diagnosed with acute mastitis and referred at NMC for further treatment.

• **Participants feedback/ suggestions/ opinions:**

Not Any.

❖ **Follow-up plan (if any):**

- To those client advised for follow up.

Activity Code	Name of Activity
2.3	Service Delivery from Health Facilities



	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	6	5	1
<i>Number of Participants/ beneficiaries</i>	30	6	24
<i>Budget</i>	0	0	0
<b><i>Narrative Explanation:</i></b>			
Date: February 2023	Location: Sundarijal, Nayapati, Baluwa, Jorpati Health Post, Urban Clinic Jorpati		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of respective health facility.		
<ul style="list-style-type: none"> <li>• <b>Activity details</b> Among total 10 health facilities, only 5 health facilities has provided services of breast and cervical cancer screening services. Till January, total 31 client had received the service from respective health facilities and 6 clients had received service during February. 3 urban clinic namely Besigaun, Sarbeshwore and Shivachock had recently received the equipment and supplies so they are planning to commence the service soon. Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Clients were very glad to receive both cancer screening service nearby their locality and also glad to hear about free referral services.</li> <li>• <b>Follow-up plan (if any):</b> To follow up the client for colposcopy, USG and Mammogram services.</li> </ul>			

#### 4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 55,22,882	Rs. 479923.97	9%	
Quarterly Budget	Rs. 12,00,000			
Monthly Budget	Rs. 5,00,000	Rs. 352647.97	71%	

#### 5. ISSUES, CHALLENGES

- The referral system that need to be implemented and follow up all the clients from year 1 and year 2 along with year 3 clients and the deployment of human resource at referral center.

#### 6. LESSONS LEARNED

- Need to closely work with different female groups of this municipality in order to be accessible to all the women and disseminate the information about the services.
- Follow up is required to the selected FCHV to continue the door to door activities.

## 7. WAY FORWARD/RECOMMENDATION

- Monthly Meeting with health facility incharge and health department of Gokarneshwor Municipality.
- Follow up the FCHVs to continue the door to activities using Kobo Tool.
- Continue the Educational activities at School and Mothers Groups.
- Conduct Screening and Diagnostic Camp as per need basis.
- Plan for training to Health Facility Service Provider.

## 8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

## 9. PLANNED ACTIVITIES (for upcoming month/ Period)

## Annex 2: Consolidate data Report

Activity	Target		Planned Time Frame	Venue /Location of Activity
	No. of Events	Budget		
1. Coordination Meeting	1	-		
2. Educational Activities	2	10,000	10 <sup>th</sup> and 17 <sup>th</sup> March 2023	Swatha Aama samuha
3. Door to Door Visit Program by FCHV	3 Month	20,000		
4. Screening Camp	2	2,10,000	4 <sup>th</sup> ,11 <sup>th</sup> & 18 <sup>th</sup> March 2023	Urban Clinic Sarbeshwore, & AMDA Clinic
5. Diagnostic Screening Camp	3	25000	4 <sup>th</sup> ,14 <sup>th</sup> and 18 <sup>th</sup> March 2023	
6. Procurement Expenses	1	Rs. 1,00,000	By the end of month	
7. Admin & Overhead Cost	1	Rs. 130,000	By the end of month	
<b>Total</b>		<b>Rs. 4,95,000/-</b>		



Consolidate  
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## Annex 3. Photographs

Educational Activity at Chahari Club, Ward 8



Orientation to FCHV on use of Kobo Tool



Screening Camp at Chamunda Secondary School



Breast Cancer Screening at Urban Clinic Besigaun



USG Diagnostic Screening Camp at at AMDA Clinic.



Mammogram Diagnostic Screening Camp at AMDA Clinic.



School Health Program at Bhim Dev Basic School



School Health Program at Ramjanaki Basic School



School Health Program at Gramsudhar School



World Cancer Day Celebration

