AMDA Nepal Breast and Cervical Cancer Screening Project

Monthly Progress Report

Implementing organization	AMDA Nepal				
Title of the Project	Project for Breast and Cervical Cancer Screening Camp				
Project Location	Gokarneshwor Municipality, Kathmandu District, Bagmati Province				
Funded By	Daiichi Sankyo Co. Ltd. / AMDA MINDS				
Reporting Month	December 2023				
Total Project Budget	Rs. 2,68,76,925				
Total Annual Budget	Rs. 55,22,882				
Total Expenses till this month	Rs. 52,52,007.4				
Total Expenses of this Month	Rs. 11,78,704.61				
Report Submitted By	Srijana Shrestha				
Date of Submission	January 4, 2024				

1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting – SWC Visit	3		12 ,20,23 December 2023
2	End Line Survey	1		December 2023 – Completed by 10 January 2023
3.	FCHV Day Celebration	1	165	5 December 2023
3	Kobo Tool –Door to Door Visit by FCHV	13 FCHV	174	December 2023
4	Educational Activities			
a.	Awareness Program to President of Aama, Mahila Samuha	3	104	7, 15 and 22 December 2023
b.	Educational activity among mahila samuha	4	113	8,15,22 and 23 December 2023
5	Screening Camp			
a.	Pacha Pokhari Secondary School, Makalbari, Ward 8	1	Reg. Client: 70 BCSS: 70 BL: 3 Suspicious Lump:0 CCSS: 63 VIA+ve: 1	2 December 2023
b.	Iswori Basic School, Okareni, Sundarijal	1	Reg. Client: 9 BCSS: 9 BL: 1 Suspicious Lump:0 CCSS: 9 VIA+ve: 0	9 December 2023

с.	Urban Health Center Jorpati, Ward	1	Reg. Client: 72	16 December 2023
	5		BCSS: 69 BL: 11	
			Suspicious Lump:0	
			CCSS: 66 VIA+ve: 1	
d.	AMDA Clinic, Jorpati, Ward 6	1	Reg. Client: 77	23 December 2023
			BCSS: 75 BL: 16	
			Suspicious Lump:0	
			CCSS: 71 VIA+ve: 2	
6.	Diagnostic Screening Camp			
a.	Mammogram Service	3	113	5, 19 and 23 December 2023
b.	USG Service	2	74	20 & 23 December 2023
c.	Colposcopy	1	4	23 December 2023
7.	Service Delivery from Health Facilities	8	54	December 2023

2. KEY ACHIEVEMENTS

- The team from **Social Welfare Council** visited at AMDA office for the supervision and monitoring of the project.
- Enumerators had completed the data collection on December 20, 2023 and focused group discussion among 2 women groups and 2 men groups at Sundarijal and Jorpati was completed. Data analysis was ongoing by consultant which will be completed by January 10, 2023.
- FCHV day celebration was conducted on 5th December 2023 at Ward 4. Along with FCHVs, health facility Incharge and staffs, School Health Nurse, Doctors of Nagar Hospital, Ward president, health team of Gokarneshwor Municipality and Chief administrator of Gokarneshwor Municipality, also, program coordinator of AMDA Minds and AMDA Nepal was present on the day. The total 165 people had participated in the program. As per the scheduled program, the program was conducted smoothly.
- Among total trained 22 FCHVs on Kobo Tool,13 FCHV had done the **door to door visit** by using Kobo tool on December 2023.
- We had conducted 4 **educational activities** among aama samuha and **3 educational activities** among president of Aama and Mahile Samuha of respective ward at ward office.
- **4 events** of one-day free breast & cervical cancer **screening camp** were conducted at Pacha Pokhari Secondary School, Makalbari, Ward 8, Iswori Basic School, Okareni, Sundarijal, ward 1, Urban Health Center Jorpati, Ward 5 and AMDA Clinic, Ward 6 on 2, 9,16 and 23 December 2023 respectively.
- **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 191 clients benefited with the service, where 74 client received the USG service, 4 clients received Colposcopy service and 113 clients received the Mammogram service on 5, 19, 20 and 23 December 2023. We had disseminated the reports of mammogram to all the clients.
- All the health facilities have commenced the services from their respective health facilities. However, during this month, among total 10 **health facilities**, 8 health facilities have provided the breast and cervical cancer screening services to 54 clients.

3. PROJECT ACTIVITY UPDATE

Activity Code		Name of Activity				
0.1	Coord	ination 1	Meeting –	Social Welfare	e Council Meeting & Visit	
		Plan		Actual	Variance	
Number of Event		3		3	0	
Number of Participa beneficiaries	ants/ 0			0	0	
Budget	0			0	The budget will be booked on January 2023.	
Narrative Explanation:						
Date: 12 ,20,23 Dece	2,20,23 December 2023 Location: AMDA Office					
Objective of the activity: • To supervise and monitor the program. • To evaluate the program at Gokarneshwor Municip						

* Activity details:

Preliminary meeting was conducted at Social Welfare Council for the supervision and monitoring of the project on 12 December 2023. The meeting date and onsite visit at camp was scheduled and had a brief on supervision and monitoring visit program. A brief presentation was presented by program officer regarding the program and updated all the activities, progress and achievement of the program and also, observed the clinic set and equipment's. Likewise, they visited at AMDA clinic for onsite monitoring of the screening and diagnostic screening camp on December 23, 2023.

Participants feedback/ suggestions/ opinions: Not Any.

Follow-up plan (if any): Not any.

Activity Code		Name of Activity						
0.2	End Li	ine Surv	'ey					
		Plan		Actual		Variance		
Number of Event		1		1		0		
Number of Participa	nts/	0		0		0		
beneficiaries								
Budget		75000		72000		3000		
	Narrative Explanation:							
Date: December 202	23 Location: AMDA Office							
Objective of the acti	ective of the activity:			ssess the ts.	impact of	the project	deliverables	and

• To collect information for project- based indicators and
 outputs. To share evaluation finding to concerned internal and external bodies.

* Activity details:

Enumerators had completed the data collection on December 20, 2023 and conducted focused group discussion among 2 women groups and 2 men groups at Sundarijal and Jorpati. Data analysis was ongoing by consultant which will be completed by January 10, 2023.

- Participants feedback/ suggestions/ opinions: Not Any.
- Follow-up plan (if any):

Not any.

Activity Code		Name of Activity					
1.2	FCHVI	Day Celeb	ration				
		Plan		Actual	Variance		
Number of Event	Number of Event			1	0		
Number of Partie beneficiaries	cipants/	150		165	15		
Budget	125000			120000	5000		
	Narrative Explanation:						
Date: 5 th Decemb	December 2023 Location: Sungabha Banquet, Ward 4				ard 4		
Objective of the	bjective of the activity: • To support GM on FCHV day celebration for the e contribution provided by FCHV in health system						

• Activity details

Dec 5 was celebrated as a Female Community Health Volunteer (FCHV) day in Nepal. Nepal government has forwarded message to all Municipality to celebrate the day. Gokarneshwor Municipality had organized the program at Sungabha Banquet, Ward 4. All FCHVs were invited in the program. The Chief guest was Mayor, Special guest was Deputy Mayor, Tekraj Panthi, Chief Administrative Officer of Gokarneshwore Municipality and Ward Presidents. Other were Hospital and Health post staffs, School Health Nurse and other members of health, administrative and finance team of Gokarneshwor Municipality(GM).

The program was hosted by Purna Bahadur Basnet, Officer, GM. It was designed to discuss about the contributions from FCHVs in health service providing to the communities. It was also discussed about the challenges for FCHVs. Most of them said that they are glad to get the opportunity to work as a health volunteer, however, they had to face many challenges along with it. Also, addressed the need of basic trainings about health and were expecting refresher trainings in order to enhance the knowledge and nurture their skills and build confident in the service they are providing.

Fourteen best FCHVs were awarded based on their performance from each ward. They were granted with 5000 NRS each.

Deepak Risal, Mayor of GM remembered the contribution did by FCHVs. She explained the important of FCHV in health system who has a great contribution to reduce child and maternal mortality rate in country health status. Also, appreciated FCHVs work and ask them to continue the same dedication toward their work. Likewise, Sannani Lama, Deputy Mayor, highlighted the contribution done by FCHVs in spite of all those challenge they had faced, appreciated the door to door activities that each FCHVs does and helping the community people to be accessible to the health services.

Likewise, Mr. Hari Prasad Upadhaya, Public Health Officer of GM gave thanks to all FCHVs for their great contribution for the strengthen of health system in Gokarneshwor Municipality and also, highlighted on continuity toward cancer prevention activities and refer the clients to nearby health facilities for screening services.

At the end of the program, all guests and participants wished FCHVs for their future. After the closure of formal program, AMDA Nepal organized In and Out Game among FCHVs and cherish the day. Also, distributed prize who secured 1st, 2nd and 3rd position in the game. As a whole, the program was organized in a well-managed and in effective way. Everyone, especially FCHV enjoyed the day in the fullest.

- Participants feedback/ suggestions/ opinions: FCHVs have thanked for supporting to organize such a huge program where they were able to meet all the team in one roof and appreciating the work they are doing and also added that such kind of program motivate to continue the service they are providing in the community.
- Follow-up plan (if any): Not Any.

Activity Code	Name of Activity				
1.1	Door to	Door to Door Visit by FCHV- Kobo Tool			
		Plan		Actual	Variance
Number of Event/Pers	on	18		13	5
Number of Participan	ts/	180		174	6
beneficiaries					
Budget		0		0	22500 (The budget will be
					booked on January 2023.)
		Nar	rative Ex	xplanation:	
Date: December 2023			Location: Gokarneshwor Municipality		
			1) To conduct the door to door activities by FCHVs		
Objective of the activit			by using Kobo Tool in order to refer the new		
Objective of the activity.			clients and follow up the old clients.		
			2) To record the door to door activities conducted		
				by FCHV.	
Activity details	S				

Among total trained 23 FCHVs on Kobo Tool, only 13 FCHVs had completed the door to door visit by using **Kobo tool** on December 2023. Total 174 clients had been visited by FCHV, among all 66 were old followed up clients and 108 clients were new clients to whom they referred for the service.

- **Participants feedback/ suggestions/ opinions:** Not Any.
- Follow-up plan (if any): Not Any.

Activity Code		Name of Activity					
1.2	Educati	onal Acti	vity				
		Plan		Actual	Va	riance	
Number of Event	t	4		4	0		
Number of Partie	cipants/	100		113	13		
beneficiaries							
Budget		15000		14535	465	5	
			Narrative	Explanation:			
Date: 8,15,22 and 23 December 2023			Location : Pani puri factory women, Ward 5, at ward office 5, Shikhar Banquet, ward 6 and Sarbeshwore Secondary School, ward 6				
Objective of the activity:		• To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.			imperative aspect of		
	ty details		1			0	

• Activity details

Four educational events were conducted at Pani puri factory women, Ward 5, at ward office 5, Chamuda Temple, ward 6 and Sarbeshwore Secondary School, ward 6 among Women group of Panipuri factory, ward 5, Local women of ward 5, Shrijansil Mahila Samuha, ward 6 and Urjashil Kausikheti and Aatama nirbhar Mahila Samuha where 113 women participated from the community on 8,15,22 and 23 December 2023 respectively.

We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had.

We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3-year interval till the client reaches up to 60 years old at nearby health facilities.

• Participants feedback/ suggestions/ opinions:

Two educational activity was conducted as per the request of two presidents of Aama Samuha who had attended awareness program at Ward 6 on December 7, 2023. These two president were very active and extremely eager to disseminate the information among their respective group. So, they were grateful for such informative session and also expressed about their health seeking behavior. They were unaware about the service from Sarbeshwore urban health center nearby them but with the assurance and details on services from health center they agreed to receive the service and will visit AMDA clinic for diagnostic service on a scheduled day.

• Follow-up plan (if any): Not Any.

Activity Code	Name of Activity					
1.2	Educational Activity among President of Aama and Mahila Samuha					
		Plan		Actual	Variance	
Number of Event		3		3	0	
Number of Particip beneficiaries	oants/	90		104	14	
Budget		12000		10100	1900	
			Narrative	Explanation:		
Date:7, 15 and 22 I	Decembe	er 2023	Location: Ward 6, 7 and 8			
Objective of the act	ivity:		com brea • To t cano pres • To	munity women reg st & cervical cance oring awareness reg cer to all the wome ident. be accessible to all nicipality to nearby	ng awareness among President garding imperative aspect of er screening services. garding breast and cervical n of that specific group through the women of Gokarneshwor health facility and AMDA	

• Activity details

Total 3 educational event was conducted among President, Vice President and Secretary of Aama and Mahila Samuha of ward 6, 7 and 8 on 7, 15 and 22 December 2023 which was conducted at the respective ward office. The program was conducted in the presence of Ward President, Focal Person of Health Department of Gokarneshwor Municipality(GM) and the facilitator from GM. Before the commencement of the program, Ward President highlighted the main objective of the program and the reason for the selection of only President, Vice President and Secretary of Aama and Mahila Samuha of the respective ward in order to disseminate the awareness regarding breast and cervical cancer to all the women of that specific group through president and also increase the accessibility to all the women of Gokarneshwor Municipality to nearby health facility and AMDA Clinic. Likewise, Ms. Srijana Shrestha, Program Officer, AMDA Nepal addressed the importance of early diagnosis and treatment of the services, also emphasized on utmost importance to

receive the service by all the women as this need to be continued in every 3 years till the age of 60 years as early diagnosis helps to cure the disease through simple procedures and highlighted on screening service which should be done by the healthy women rather than by ill person. Additionally, she also stated on the service available at all the health facility and AMDA clinic.

Further, Ms. Shobha Shrestha, Facilitator, GM started the session. She presented on Breast and Cervical Cancer, its causes, diagnosis, sign and symptoms, prevention and treatment and services provided during screening camp and health facilities, benefits of the service and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated through sharing the examples we had experienced during camp. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had. Also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3year interval till the client reaches up to 60 years old at nearby health facilities.

She also emphasized to be aware first and also to bring awareness among family members and all the women of respective group by sharing the information she has understood in this educational activity.

The program was officially closed with the closing remarks by Mr. Hari Prasad Upadhaya, PHO, GM with the highlight of the program including the utmost important aspects and also, addressed that it is a great way to raise awareness about breast & cervical cancer and disseminate the information to all the women through participation of President, Vice President and Secretary of Aama and Mahila Samuha.

From this program, we had concluded that FCHV mobilization is not enough to be accessible to all the women of the community as most of the president were not aware about the service ongoing at their community and health facility as well.

• Participants feedback/ suggestions/ opinions:

Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. Most of them were unware about the screening service they can receive from nearby health facility and about the camp as well. Also, they had a trust issue on the service they receive from health facility which was cleared with the assurance and details on services from health center and they agreed to receive the service and will visit AMDA clinic for diagnostic service on a scheduled day. However, they had requested to continue the diagnostic service at AMDA Clinic as screening service is incomplete without diagnostic screening service.

• Follow-up plan (if any): Not Any.

Activity Code	Name of Activity
2.2	Screening Camp

	Plan		Actual	Variance		
Number of Event	4		4	0		
	200		222	22		
Number of Participants/	200		223	23		
beneficiaries						
Budget	200,000		188,416	11,584		
Ū.	,					
	Narrative Explanation:					
Date: 2, 9, 16 and 23 Dece	mber	Location: Gokarneshwor Lite Academy Secondary School,				
2023			Vard 4 and AMDA Clinic, Ward 6			
Objective of the activity:	To provide screening services on breast & cervical cancer to					
•		all the worr	en of Gokarneshwor	Municipality.		

• Activity details

4 **events** of one-day free breast & cervical cancer **screening camp** were conducted at Pacha Pokhari Secondary School, Makalbari, Ward 8, Iswori Basic School, Okareni, Sundarijal, ward 1, Urban Health Center Jorpati, Ward 5 and AMDA Clinic, Ward 6 on 2, 9,16 and 23 December 2023 respectively. A total of 228 women attended the camp and among them 228 clients benefited from breast cancer screening service (BCSS) and 209 clients benefitted from cervical cancer screening services (CCSS) and. Out of them, 31 women found with Benign Lump and 4 clients with VIA positive.

Furthermore, 9 clients had previous history of Breast Cancer Screening. However, 66 clients had previous history of Cervical Cancer Screening.

Meanwhile, we had provided diagnostic screening services at AMDA clinic on USG and Mammogram services. All 31 clients who was suspected with Benign Lump received the diagnostic screening services at AMDA clinic. Furthermore, 4 VIA positive clients had received the Colposcopy service on 23 December 2023.

Finding of clients suspected for benign lumps:

SN	USG Services	Mammogram Services	Cervical Biopsy
			Report
1	5 clients –	20 Clients - Normal	2 Client – Normal
	Normal		
		1 Client – Fibro adenoma in bilateral	1 Client – Chronic
		breast	Severe Cervicitis
		5 Clients – Not Received the service	1 Client – CIN II

• Participants feedback/ suggestions/ opinions:

Most of the clients had requested to continue the service as this is paramount important to community women and there are a lot more women who requires this service.

• Follow-up plan (if any):

Not Any.

4	Activity Code Name of Activity							
2.5 Diagnostic Screening camp								
		Plan		Actual	Variance			
Number of Event			4		4	0		
Number of Participants/ beneficiaries				150		191	41	
Bud	get			65000		60180	4820	
				Nar	rative Exp	olanation:		
Date	: 5,19, 20 &	& 23 Dece	ember	2023	Location	: AMDA Clinic ((AGWC)	
Obje	ective of th	e activity	/:		the early		eening services to the clients for cer and notify the report and accordingly.	
•	• Activity	details						
SN	Date	Diagno c Servi		Number of Clients	Grand Total		Findings	
1	20 & 23 Decemb er 2023	USG		74	191	 All Normal except the following clients: 1 client: Fibro adenoma in left breast 1 client: Fibro adenoma in left breast 1 client: Fibro adenoma in bilateral breast 1 client- Simple cyst in left breast 2 client- Simple cysts in right breast 1 client – Multiple hypoechoic lesions in bilateral breast (BIRADS 2) 1 client – Left axillary lymphadenopathies 1 client – right sided mastitis with abscess formation 		
2	5,19 & 23 Decemb er 2023	Mammo am		113		 All Normal except the following clients: 1 client: Well defined lesion in right breast likely Fibro adenoma. 1 client: Well defined lesion in left breast likely benign lesion. 1 client – tiny benign calcifications in left breast (BIRADS 2) 3 clients – tiny benign calcifications in bilateral breast (BIRADS 2) 1 client – Benign calcification in left breast. 2 Client – Normal 		
	Decemb er 2023	у	-			1 Client1 Client	– Chronic Severe Cervicitis – CIN II	
Participants feedback/ suggestions/ opinions: Not Any								

***** Follow-up plan (if any):

• Not Any.

Activity Code	Name of Activity						
2.3	Service Delivery from Health Facilities by trained staffs						
Plan		Plan		Actual	Var	iance	
Number of Event 10		10		8	2		
Number of Partie beneficiaries	cipants/	50		54	4		
Denejiciaries							
Budget		0		0	0		
			Narrative	Explanation:			
Date: December 2023			Location: All health facility except Sundarijal HP, ward 1 and Sarbehswore Urban Health Center, Ward 6.				
Objective of the activity:			To provide screening services on breast & cervical cancer to all the women of respective health facility.				
 Activi 	ty details						
Amon	g total 10	health fa	acilities, 8 health facilities have provided services of breast and				
cervic	al cancer	screenin	g services namely Nayapati HP, Baluwa HP, Besigaun Urban				
Health	Center, Jo	orpati He	ealth Post, Shivachock Urban Health Center, Urban Health Center				
Jorpat	Jorpati and Gokarneshwore Nagar Hospital.						
Participants feedback/ suggestions/ opinions:							
Client	s were ver	y glad to	receive both cancer screening services at health facilities near				
by their locality.							
• Follow	v-up plan	(if any):	:				
Not A	ny.	·					

4. BUDGET STATUS

Budget Period	Approved budget	Expenses	Expenses Percent (%)	Reason of Variation
Annual Budget	Rs. 55,22,882	Rs. 52,52,007.4	95%	
Quarterly Budget	Rs. 20,00,000	Rs. 18,31,865.61	91%	
Monthly Budget	Rs. 13,00,000	Rs. 11,78,704.61	91%	

5. ISSUES, CHALLENGES

• To conduct focus group discussion among male participation during end line survey program was quite challenging as it was difficult to gather the men group for the survey. Due to which we had to reschedule the program twice.

6. LESSONS LEARNED

• From awareness program among president of different samuha, we had concluded that FCHV mobilization is not enough to be accessible to all the women of the community as most of the president were not aware about the service ongoing at their community and health facility as well.

7. WAY FORWARD/RECOMMENDATION

- Complete End Line Survey by January 10,2023.
- Conduct review meeting of program on January 19,2023.

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

Activity	Budget	Reason for not completing
Not Any		

9. PLANNED ACTIVITIES (for upcoming month/ Period)

Activity Targ		get	Planned	Venue /Location
	No. of Events	Budget	Time Frame	of Activity
1. Review Meeting	1	468850	January 19, 2023	
2. End line Survey	1	245200	January 10, 2023	
Total		714050		

Annex 2: Consolidate data Report



Annex 3. Photographs

Social Welfare Council Visit at AMDA Clinic, Ward 6.



Educational activity among women's group of pani puri factory,Ward 5



Educational activity among Srijansil Mahila Samuha ,Ward 6



Educational activity among local women's group at Ward 5.



Educational activity among Urjasil Kausikheti and Aatamanirbhar Mahila Samuha ,Ward 6





Awareness Program among president of different samuha at Ward 6.



Awareness Program among president of different samuha at Ward 8.



Screening Camp at Okhareni Basic School, Ward 1.



Awareness Program among president of different samuha at Ward 7.



Screening Camp at Pacha Pokhari Secondary School, Ward 8.



Screening Camp at Urban Health Center Jorpati, Ward 5.



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USG Diagnostic Screening Camp at AMDA Clinic.



FCHV Day celebration



Colposcopy Diagnostic Screening Camp at AMDA Clinic.



Mammogram Diagnostic Screening Camp at AMDA Clinic.



Social Welfare Council Visit at AMDA office Ward 6.



