

**AMDA Nepal**  
**Breast and Cervical Cancer Screening Project**

**Monthly Progress Report**

<b>Implementing organization</b>	<b>AMDA Nepal</b>
<b>Title of the Project</b>	<b>Project for Breast and Cervical Cancer Screening Camp</b>
<b>Project Location</b>	<b>Gokarneshwor Municipality, Kathmandu District, Bagmati Province</b>
<b>Funded By</b>	<b>Daiichi Sankyo Co. Ltd. / AMDA MINDS</b>
<b>Reporting Month</b>	<b>November 2022</b>
<b>Total Project Budget</b>	<b>Rs. 2,68,76,925</b>
<b>Total Annual Budget</b>	<b>Rs. 60,22,031</b>
<b>Total Expenses till this month</b>	<b>Rs. 45,08,500.5</b>
<b>Total Expenses of this Month</b>	<b>Rs. 2,72,292.5</b>
<b>Report Submitted By</b>	<b>Srijana Shrestha</b>
<b>Date of Submission</b>	<b>10<sup>th</sup> December, 2022</b>

**1. List of activities accomplished in this month**

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	<b>Coordination Meeting</b>	1	1	24 <sup>th</sup> November 2022
a.	<b>Quarter Review Meeting</b>	1	1	9 <sup>th</sup> November 2022
2	<b>Kobo Tool –Door to Door Visit by FCHV</b>	7 FCHV	64	4 <sup>th</sup> ,6 <sup>th</sup> & 23 <sup>rd</sup> November 2022
3	<b>Educational Activities</b>	3	81	4 <sup>th</sup> , 11 <sup>th</sup> and 25 <sup>th</sup> November 2022
4	<b>Screening Camp</b>			
a.	Screening Camp at Nayapati Health Post	1	Reg.Client: 59 BCSS: 59 BL: 7 CCSS: 55 VIA+ve:1	12 <sup>th</sup> November 2022
b.	Screening Camp at Jorpati Health Post	1	Reg.Client: 45 BCSS: 45 BL: 2 CCSS: 42 VIA +ve:1	26 <sup>th</sup> November 2022
5.	<b>Diagnostic Screening Camp-Mammogram</b>			

a.	Mammogram Service	38		15 <sup>th</sup> & 29 <sup>th</sup> November 2022
b.	USG Service	24		30 <sup>th</sup> November 2022

## 2. KEY ACHIEVEMENTS

- On 24<sup>th</sup> November, attended the **meeting** with Health Team of Gokarneshwor Municipality (GM) and Health Facility Incharge of all the health facilities of GM at Urban Clinic Sarbeshwore, Ward 6. The total 25 participants participated at meeting.
- 3<sup>rd</sup> Quarterly review meeting was conducted on 9<sup>th</sup> November 2022 in the presence of Baikuntha Prasad Sapkota, Chief Administrator of Gokarna Municipality. Hari Prasad Upadhaya, Public Health Officer and all the team of health desk team including in-charge of health post, hospital and urban Clinic. The total number of participants was 30.
- Orientation on **Kobo tool** to 5 FCHV was done on 4<sup>th</sup>, 6<sup>th</sup> & 23<sup>rd</sup> November 2022 at ward 2, ward -4 and Jorpati health post, ward 9. We installed the tool in their phone and oriented about the form that need to be filled up during door to door visit. Total 7 FCHV are oriented on Kobo tool. 64 clients were visited by 7 FCHVs. Among all, 49 clients were old followed up clients and 15 clients were new clients to whom they referred for the service.
- **3 Educational event** was conducted on 4<sup>th</sup>, 11<sup>th</sup> and 25<sup>th</sup> November 2022 at Swastha Aama Samuha, Peeple bota Nayapati 2, Local Women Group, Bumisthali, Nayapati 2 and Local women, Ghram Nirman Bhandu Mandal Club, Ward 8 respectively, where 30 Swastha Aama Samuha participated and remaining 51 were the local women group of the community.
- **2 events** of one-day free breast & cervical cancer **screening camp** were conducted at Nayapati Health Post, and Jorpati Health Post on 12<sup>th</sup> and 26<sup>th</sup> November 2022 respectively. A total of 104 women attended the camp and among them 97 clients benefitted from cervical cancer screening services (CCSS) and 104 clients benefitted from breast cancer screening service (BCSS). Out of them, 9 women found with Benign Lump in the breast and 2 with VIA positive. We conducted camp at AMDA Clinic in a **Single Visit Approach** as clients were benefitted with both service. i.e. Screening camp and Diagnostic screening camp on the same day.
- **3 Diagnostic screening camp** were conducted at AMDA Clinic. A total of 62 clients benefitted with the service, where 38 clients received the Mammogram service, and 24 client received the USG service on 15<sup>th</sup> & 29<sup>th</sup> and 30<sup>th</sup> November 2022 respectively.

### 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>0</b>	<b>Coordination Meeting with health team of GM and Health Facility Incharge</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	
<i>Number of Participants/ beneficiaries</i>	25	25	
<i>Budget</i>	0	0	
<i>Narrative Explanation:</i>			
Date: 24 <sup>th</sup> November 2022		Location: Urban Clinic Sarbeshwor	
<b>Objective of the activity:</b>	<ul style="list-style-type: none"> <li>To finalize the venue and program of FCHV day Celebration</li> <li>To finalize the venue for screening camp for practicum session of Training.</li> <li>To notify the OKAYAMA Copp program at SHP, BHP and NHP area on Immunization Schedule Day.</li> </ul>		
<p>❖ <b>Activity details:</b> In the presence of total 25 participants, the meeting was conducted at Urban Clinic Sarbeshwore. We finalized the venue for the FCHV day program and also discussed the schedule for the same day. Likewise, we finalized the screening camp at Gram Sewa Madhayamik Vidhayala, Gamcha, Ward 3 for the practicum session of training. Also, notified about OKAYAMA Coop program planned to conduct at Baluwa HP, Nayapati HP and Sundarijal , Ward 3, 2 and 1 respectively. Meanwhile, we also notified about the distribution of equipment and supplies at 3 new urban clinics.</p> <p>❖ <b>Participants feedback/ suggestions/ opinions:</b> Requested to allot 2 seats for SBA training at Damak Hospital to the health staff of GM and to plan for the mental health program at GM.</p> <p>❖ <b>Follow-up plan (if any)</b> Not Any.</p>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>0</b>	<b>Quarter Review Meeting</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	30	30	0
<i>Budget</i>	30000	28436	1564

<i>Narrative Explanation:</i>	
Date: 9 <sup>th</sup> November 2022	Location: AMDA Meeting Hall, Jorpati
<b>Objective of the activity:</b>	<ul style="list-style-type: none"> <li>• To disseminate the key achievement, progress and update of the program from Jan to June 2022.</li> <li>• To discuss on lesson learned, challenges and way forward of the program.</li> <li>• To disseminate the plan of third quarter.</li> <li>• To address the programmatic activities as per the feedback session provided by HF team and Health team of GM.</li> </ul>
<p>❖ <b>Activity details:</b></p> <p>On 9<sup>th</sup> July 2022, third quarter review meeting was conducted at AMDA Meeting Hall, Jorpati -6 in the presence of Chief Administrator, Section Officer and Health Desk Team and Health Facility Incharge of Gokarneswore Municipality. Likewise, Chief Administrator, Consultant and all the team of AMDA Office along with Country Director and program coordinator of AMDA-Minds was also present in the meeting.</p> <p>The program was conducted smoothly as per the planned program schedule. With the warm welcome, program officer presented in detail regarding program objective, activities, progress report, service report i.e complied report and health facility wise report, achievement and challenges faced during an entire mentioned period. Also, shared the last quarter Program Planning along with the set targets. Likewise, Dr. YP Singh, Consultant shared the queries raised during this program. After that, we had shared the solution for the major challenges i.e. referral linkage for the suspected clients and sustainability of the program. At the end of the program, closing remarks was given by AMDA Minds &amp; chief administrator of GM with their valuable suggestion and appreciation regarding the program.</p> <ul style="list-style-type: none"> <li>○ The referral linkage: Immediately implement the referral system for the suspected clients.</li> <li>○ Commencement of service of Breast &amp; cervical cancer screening camp at HFs by trained staffs</li> <li>○ Clinic Registration of AMDA clinic.</li> </ul> <p>❖ <b>Participants feedback/ suggestions/ opinions:</b></p> <ul style="list-style-type: none"> <li>○ To increase the number of client service per day. If possible, to provide service to visited clients that may more than 60 client per day.</li> </ul> <p>❖ <b>Follow-up plan (if any)</b> Not Any.</p>	

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.1</b>	<b>Kobo Tool –Door to Door Visit by FCHV</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	2	3	0
<b>Number of Participants/ beneficiaries</b>	50	64	14

<b>Budget</b>	0	0	0
<b>Narrative Explanation:</b>			
Date: 4th, 6th & 23rd November 2022	Location: Ward 2, ward -4 and Jorpati health post, ward 9		
Objective of the activity:	<ol style="list-style-type: none"> <li>To orientate about Kobo Tool to FCHV.</li> <li>4th, 6th &amp; 23rd November 2022 To follow up and record the door to door activities of FCHV.</li> </ol>		
<p>❖ <b>Activity details</b> 5 FCHV was orientated on Kobo Tool on at ward 2, ward -4 and Jorpati health post, ward 9 respectively. We installed the tool in their phone and oriented about the form that need to be filled up during door to door visit. Total 7 FCHV are oriented on Kobo tool till this month. 64 clients were visited by 7 FCHVs. Among all, 49 clients were old followed up clients and 15 clients were new clients to whom they referred for the service.</p> <p>❖ <b>Participants feedback/ suggestions/ opinions:</b> Not Any.</p> <p>❖ <b>Follow-up plan (if any):</b> Not Any.</p>			

<b>Activity Code</b>	<b>Name of Activity</b>		
<b>1.2</b>	<b>Educational Activities</b>		
	<b>Plan</b>	<b>Actual</b>	<b>Variance</b>
<b>Number of Event</b>	3	3	0
<b>Number of Participants/ beneficiaries</b>	60	76	16
<b>Budget</b>	15000	14940	60
<b>Narrative Explanation:</b>			
Date: 4th, 11th and 25th November 2022	Location: People bota Nayapati 2, Bumisthali, Nayapati 2 and Ghram Nirman Bhandu Mandal Club, Ward 8		
<b>Objective of the activity:</b>	To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.		
<p>❖ <b>Activity details</b> 3 Educational event was conducted on 4th, 11th and 25th November 2022 at Swastha Aama Samuha, People bota Nayapati 2, Local Women Group, Bumisthali, Nayapati 2 and Local women, Ghram Nirman Bhandu Mandal Club, Ward 8 respectively, where 30 Swastha Aama Samuha participated and remaining 51 were the local women group of the community.</p> <p>We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women</p>			

instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems as well.

We emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3 year interval till the client be 60 years old at nearby health facilities.

❖ **Participants feedback/ suggestions/ opinions:**

Participants thanked for such informative session and assured that this had changed their view on health seeking behavior and will come to receive the service on schedule day. Also, unaware about screening which should be done by healthy person and need to do regularly for the optimum health of their own.

❖ **Follow-up plan (if any):**

Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.2</b>	<b>Screening Camp</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	4	4	0
<b>Number of Participants/ beneficiaries</b>	240	282	42
<b>Budget</b>	200000	197320	2680
<b><i>Narrative Explanation:</i></b>			
Date: 12 <sup>th</sup> and 26 <sup>th</sup> November 2022	Location: Nayapati Health Post, and Jorpati Health Post		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.		
<ul style="list-style-type: none"> <li>● <b>Activity details</b> 2 events of one-day free breast &amp; cervical cancer <b>screening camp</b> were conducted at Nayapati Health Post, and Jorpati Health Post on 12<sup>th</sup> and 26<sup>th</sup> November 2022 respectively. A total of 104 women attended the camp and among them 97 clients benefitted from cervical cancer screening services (CCSS) and 104 clients benefitted from breast cancer screening service (BCSS). Out of them, 9 women found with Benign Lump in the breast and 2 with VIA positive. We conducted camp at AMDA Clinic in a <b>Single Visit Approach</b> as clients were benefitted with both service. i.e. Screening camp and Diagnostic screening camp on the same day.</li> <li>● <b>Participants feedback/ suggestions/ opinions:</b> Clients were very glad to receive both cancer screening service nearby their locality and also glad to hear about free referral services.</li> <li>● <b>Follow-up plan (if any):</b> ✓ As soon we receive the mammogram report, need to inform the same to all the clients.</li> </ul>			

✓ Follow up to the suspected client.

<i>Activity Code</i>	<i>Name of Activity</i>				
2.5	<i>Diagnostic Screening camp</i>				
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>		
<i>Number of Event</i>	4	3	1		
<i>Number of Participants/ beneficiaries</i>	80	62	18		
<i>Budget</i>	30000	25670	4330		
<b><i>Narrative Explanation:</i></b>					
Date: 5 <sup>th</sup> , 29 <sup>th</sup> and 30 <sup>th</sup> November 2022		Location: AMDA Clinic (AGWC)			
<b>Objective of the activity:</b>		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
❖ <b>Activity details</b>					
SN	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	15 <sup>th</sup> & 29 <sup>th</sup>	Mammogram	38	62	Report not received yet.
2	30 <sup>th</sup>	USG	24		All Normal except 3 clients had fibroadenoma at bilateral breast.
❖ <b>Participants feedback/ suggestions/ opinions:</b> Not Any.					
❖ <b>Follow-up plan (if any):</b> <ul style="list-style-type: none"> <li>To those client advised for follow up.</li> </ul>					

#### 4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 60,22,031	Rs. 37,82,196.9	63	
Quarterly Budget	Rs. 15,00,000	Rs. 15,02,726	100	
Monthly Budget	Rs. 5,00,000	Rs. 2,72,292	54	

#### 5. ISSUES, CHALLENGES

- Referral to the suspected clients is still a challenge. The one who is aware, educated and financially sufficient go for the further investigation whereas the one with lack of money won't go for the same.

## 6. LESSONS LEARNED

- Not Any

## 7. WAY FORWARD/RECOMMENDATION

- Planning to support FCHV Day on 5<sup>th</sup> December jointly with Gokarneshwor Municipality.
- Distribution of Equipment and Supplies at 3 Urban Clinics namely, Sarbeshwore, ShivaChock & Besigaun Urban Clinic.
- Continue the orientation to FCHV on Kobo tool
- Conduct Need Based Training to trained staffs.

## 8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

## 9. PLANNED ACTIVITIES (for upcoming month/ Period)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Educational Activities	2	Rs. 12000	14 <sup>th</sup> & 22 <sup>nd</sup> Dec 2022	Baluwa
2. Orientation to FCHV on Kobo Tool	5	Rs. 10,000	By the end of month	Ward 6,7,8,9
3. Support in FCHV day Celebration	6	Rs. 80,000	5 <sup>th</sup> Dec 2022	Ward 4
4. Screening Camp	7	Rs. 1,00,000	3 <sup>rd</sup> & 17 <sup>th</sup> Dec 2022	AMDA HP & Baluwa
5. Diagnostic Screening Camp	1	Rs. 60,000	14 <sup>th</sup> & 22 <sup>nd</sup> Dec 2022	AMDA Clinic
6. Need Based Training	1	Rs. 1,20,000	16 <sup>th</sup> & 17 <sup>th</sup> Dec 2022	Mariestopes Training Center
7. Distribution of Equipment & supplies	3	Rs. 6000	28 <sup>th</sup> Dec 2022	Urban Clinic Sarbeshwore, Besigaun & Shivachock



8. Procurement Expenses	1	Rs. 3,00,000	By the end of month	
9. Admin & Overhead Cost	1	Rs. 1,50,000	By the end of month	
<b>Total</b>		<b>Rs. 8,38,000/-</b>		

### **Annex 2: Consolidate data Report**



Consolidate Sheet

### **Annex 3. Orientation on Kobo Tool to FCHV**

SN	Name of FCHV	Orientation	HF/Ward
1	Rajan Devi Shrestha	Completed	NHP-2
2	Jayanti Thapa	Completed	GNH-4
3	Daya Shrestha	Completed	GNH-4
4	Laxmi Aryal	Completed	JHP -9
5	Sarasawoti Thakuri Shrestha	Completed	JHP -9

### **Annex 3. List of Participants at Third Quarter Review Meeting**

SN	Name	Designation	Organization	Remarks
1	Baikuntha Psd Upadhya	Chief Administrator	GM	
2	Tanka Nath Ghimire	Section Officer	GM	
3	Ramji Rayamajhi	Account Officer	GM	
4	Hari Psd Upadhyaya	PHO	GM	
5	Shobha Shrestha	Sr. ANM	GM	
6	Nabaraj Bagale	PHI	GM	
7	Dr. YP Singh	Consultant	AMDA Nepal	
8	Maiko Kobayashi	Country Director	AMDA Minds	
9	Sudesh Regmi	Chief Administrator	AMDA Nepal	
10	Dr. Sangbo Lama	MO	GNH,GM	
11	Sundar Khadka	PHI	SHP	
12	Pradeep Raj Panta	Program Coordinator	AMDA Minds	
13	Sabitri Shrestha	AHW	NHP	
14	Lalita Kumari Lama	PHO	JHP	
15	Sudipa Mishra	ANM	GM	
15	Bharat Gurung	PHI	BHP	
16	Usha Gyawali	SANM	GM	
17	Sadikshya Shrestha	CMA	UC Tarevir	
18	Sarala Rai	PHI	UC Jorpati	
19	Tulsi Psd Subedi	S. AHW	UC Shivachock	
20	Purna Bdr Basnet	Officer	GM	
21	Rekha Shrestha	S.AHW	UC Sarbeshwore	

22	Tika Ram Khadka	PHR	GNH,GM	
23	Sundar Khadka	PHI	SHP	
24	Janbandu Bhote	PHI	UCB	
25	Umesh Acharya	Administrator	AMDA Nepal	
26	Anjana Koirala	Finance Controller	AMDA Nepal	
27	Srijana Shrestha	PO	AMDA Nepal	
28	Achyut Acharya	Senior Officer	AMDA Nepal	
29	Punya Lal Mahato	Senior Assistant	AMDA Nepal	
30	Subash Dulal	Clinic Facilitator	AMDA Nepal	

**Annex 6. Photographs**

Coordination meeting ar UC Sarbeshwore



Educational Activities at Nirman Bhandu Mandal Club, Ward 8



Educational Activity at Bir Bahadur Stthali, NHP 2



Educational Activities at People bota Naypati 2



Screening Camp at NHP



Screening Camp at JHP



Kobotool Orientation to FCHV JHP 9



QRM Meeting at AMDA Clinic



USG Diagnostic Screening Camp at at AMDA Clinic.



Mammogram Diagnostic Screening Cam at AMDA Clinic.

