

**AMDA Nepal**  
**Breast and Cervical Cancer Screening Program**  
**Monthly Progress Report**

**Reporting Month:** November 2021  
**Reporting Date:** 10<sup>th</sup> December 2021

**A. List of Activities accomplished in the month**

SN	Activities	Status
<b>1.</b>	<b>Screening Camp</b>	
a.	Screening Camp at Sundarijal HP, Mulkharka	20 <sup>th</sup> November 2021
b.	Screening Camp at Sundarijal HP, Okharenj Ma. Bi	27 <sup>th</sup> November 2021
<b>2.</b>	<b>Diagnostic Screening Camp</b>	3 <sup>rd</sup> and 24 <sup>th</sup> November 2021
<b>3.</b>	<b>Procurement Activities</b>	During entire month

**B. Narrative Summary of Activities and Key Findings**

**1. Details on Screening Camp**

The activities undertaken in the camp have been listed in the points below in a sequential manner.

- Registration of clients was undertaken.
- Written informed consent was taken from the clients in the consent form.
- Breast and Cervical Cancer Screening Forms were filled which included personal details, medical history, family history and detail on procedure conducted and findings.
- Blood pressure and height of the clients were measured and recorded.
- Cervical cancer screening was performed through visual inspection of the cervix with acetic acid (VIA).
- After the cervical cancer screening, clinical examination of breast was performed for breast cancer screening.
- The findings from both the cervical and breast cancer screening was disseminated by the medical team with necessary health information and counseling.
- Those women who were screened positive (VIA positive and suspected lump in the breast) in the screening tests were referred to the Teaching Hospital for confirmatory diagnosis and prompt treatment.

### 1.1 Composition of the team members :

SN	Name of Team	Designation	Organization	Camp at Sundarijal HP, Mulkharka	Camp at Sundarijal HP, Okareni Ma.Vi	Remarks
1	Dr. YP Singh	Consultant	TUTH	✓	✓	
2	Dr. Neebha Ojha	Consultant	TUTH	✓	×	
3	Dr. Aiska Shrestha	MS Resident	TUTH	×	✓	
4	Dr Dipika Rijal	MS Resident	TUTH	✓	×	
5.	Dr. Karishma Pradhananga	MS Resident	TUTH	✓	✓	
6.	Neema Lama	ANM	Sundarijal HP	×	✓	Trained Staff by AMDA
7.	Parbati Bhatt	Registration	AMDA	✓	✓	
8.	Subash Dulal	CF	AMDA	✓	✓	
9.	Bishnu Adhikari	CS	AMDA	✓	✓	
10	Niru Thami	Clinic Aid	-	✓	×	
11	Ganga Shrestha	Clinic Aid	-	×	✓	
12	Laxman Lama	Driver	AMDA	×	✓	
13	Jagadish Sanjel	Driver	AMDA	✓	×	
14	Sharmila Gurung	FCHV	Sundarijal HP	✓	×	
15	Bimala Rai	FCHV	Sundarijal HP	✓	×	
16	Maiya Sapkota	FCHV	Sundarijal HP	×	✓	
17	Bhagawati Roka	FCHV	Sundarijal HP	×	✓	
18	Sangita Dahal	FCHV	Sundarijal HP	×	✓	

19	Godawari Simkhada	FCHV	Sundarijal HP	×	✓	
20	Sandhya Tamang	FCHV	Sundarijal HP	×	✓	
21	Manju Lama	CS	Sundarijal HP	✓	×	
22	Ram Manandhar	Ward President	Sundarijal HP	×	✓	
23	Rajendra Kumar Rokka	Member of Ward	Sundarijal HP	×	✓	
<b>Total Members</b>				<b>12</b>	<b>16</b>	

a) **Screening Camp at Sundarijal Health Post, Mulkharka**

This was a one day event conducted on 20<sup>th</sup> November 2021 (4<sup>th</sup> Mangsir 2078) at Sundarijal Health Post, Mulkhara, Ward no 1. The camp was executed from 9.00 am to 3:00 pm. A total of 12 team members comprising of doctors, nursing staffs, clinic aid, and project staffs (see section 1.1, complete list of team members) were mobilized for the camp administration and service delivery. The event was targeted to women between 30 to 60 years of age. A total of 53 women attended the camp and among them 53 clients benefitted from cervical cancer screening services and 53 clients benefitted from breast cancer screening service.

I. **Service Details Age Group wise :**

SN	Age Group of Clients	Total Registered Clients	Breast Cancer Serviced Clients	Cervical Cancer Serviced Clients	Remarks
1	30-34 years	16	16	16	
2	35-39 years	11	11	11	
3	40- 44 years	15	15	15	
4	45-49 years	3	3	3	
5	50- 54years	6	6	6	
6	55-59 years	1	1	1	
7	60-64 years	1	1	1	
	<b>Total Clients</b>	<b>53</b>	<b>53</b>	<b>53</b>	

## II. Outcomes from the Screening Client

### Screening Results (Cervical Cancer)

Result	No.	Remark
VIA Positive	3	Referred for HPV DNA test at TUTH
VIA Negative	50	
Endocervical Polyp	1	Referred to TUTH for Polypectomy
<b>Total</b>	<b>53</b>	

### Screening Results (Breast Cancer)

Result	No.	Remark
Suspected (Benign Lump)	3	Advised Mammogram and Breast USG at AMDA Office
Nothing Abnormal Detected	50	
<b>Total</b>	<b>53</b>	

#### b) Screening Camp at Okhareni Ma Vi, Sundarijal

This was a one day event conducted on 27<sup>th</sup> November 2021 (11<sup>th</sup> Mangsir 2078) Okhareni Ma . Vi, Sundarijal at Ward- 1. The camp was executed from 9.00 am to 3:00 pm. A total of 16 team members comprising of doctors, nursing staffs, clinic aid, and project staffs (see section 1.1, complete list of team members) were mobilized for the camp administration and service delivery. The event was targeted to women between 30 to 60 years of age. A total of 63 women attended the camp and 59 clients benefitted from cervical cancer screening services and 62 clients benefitted from breast cancer screening services.

#### I. Service Details Age Group wise :

SN	Age Group of Clients	Total Registered Clients	Breast Cancer Serviced Clients	Cervical Cancer Serviced Clients
1	30-34 years	8	8	7
2	35-39 years	12	11	12
3	40- 44 years	10	10	8
4	45-49 years	12	12	12
5	50- 54 years	13	13	12
6	55-59 years	3	3	3

7	60-64 years	5	5	5
	<b>Total Clients</b>	<b>63</b>	<b>62</b>	<b>59</b>

## II. Outcomes from the Screening Client

### Screening Results (Cervical Cancer)

Result	No.	Remark
VIA Positive	1	Referred to TUTH for Pap Smear Test.
VIA Negative	58	
Not Being Screened	4	2 Client refused to screen due to Menstruation 1 Client refused due to plan of Hysterectomy. 1 Client refused due to under treatment of Cervical Cancer.
<b>Total</b>	<b>63</b>	

### Screening Results (Breast Cancer)

Result	No.	Remark
Suspected (Benign Lump)	1	Advised for Breast USG at AMDA Office
Nothing Abnormal Detected	61	
Not Being Screened	1	1 client refused to screen due to discomfort and hesitation of exposure.
<b>Total</b>	<b>63</b>	

## 2. Diagnostic Screening Camp at AMDA Clinic

The diagnostic screening camp - Breast USG was conducted at AMDA clinic on 3rd and 24th November 2021. We registered the clients and record the details of screening service details of each clients. The following are the details regarding screening camp:

SN	Date of Screening Camp	No of clients	Findings	Remarks
1	3 <sup>rd</sup> November 2021	21 clients	Normal Findings	
2	27 <sup>th</sup> November 2021	14 clients	Normal Findings	

All of them were glad to receive the service and with the normal reports they were fully assured as well.

### 3. Procurement of Medical Equipment

The installation of Mammogram had been completed at AMDA office within 2<sup>nd</sup> week of November. The following items had been purchased during the installation of Mammogram:

SN	Name of items	Unit	Quantity	Remarks
1	Lead for mammogram	Square feet	22.2	
2	Single Phage Stabilizer	Pcs	1	
3	Door at Mammogram Room		1	

### 4. Lesson Learned

- Though the confirmation was received from client for USG Diagnostic Screening camp, they didn't showed up in the camp day due to their various reason (i.e. attending Marriage ceremony or other rituals or personal work) that directly impacted in the number of flow of client. Meanwhile, it had also affected on our effort and time. Thus, this had lead us to reanalyze the strategy for the client flow during diagnostic screening camp.

### 5. Plan for the Next Month (December 2021)

SN	Planned Activities	Planned Date
1.	Screening Camp	
a.	Screening Camp at AMDA Nepal	4 <sup>th</sup> December 2021
b.	Screening Camp at Sundarijal HP ( Old Building Nayapati)	11 <sup>th</sup> December 2021
c.	Screening Camp at Sundarijal HP, Okhareni	18 <sup>th</sup> December 2021
d.	Screening Camp at Gokarna Primary Hospital	25 <sup>th</sup> December 2021
2.	Educational Activities	3 <sup>rd</sup> , 14 <sup>th</sup> and 23 <sup>rd</sup> December 2021
3.	Diagnostic Screening Camp( USG and Mammogram)	Twice a month
4.	Training to Health Post Staffs	By 3 <sup>rd</sup> week of the month
5.	Procurement Activities	Entire Month
6.	Coordination meeting with Health Desk Team of Municipality	2 <sup>nd</sup> , 15 <sup>th</sup> and 24 <sup>th</sup> December 2021

