

AMDA Nepal

Breast and Cervical Cancer Screening Project

Monthly Progress Report

Implementing organization	AMDA Nepal
Title of the Project	Project for Breast and Cervical Cancer Screening Camp
Project Location	Gokarneshwor Municipality, Kathmandu District, Bagmati Province
Funded By	Daiichi Sankyo Co. Ltd. / AMDA MINDS
Reporting Month	October 2023
Total Project Budget	Rs. 2,68,76,925
Total Annual Budget	Rs. 55,22,882
Total Expenses till this month	Rs. 39,44,202.79
Total Expenses of this Month	Rs. 5,24,061.97
Report Submitted By	Srijana Shrestha
Date of Submission	November 10, 2023

1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	25	17 October 2023
2	Kobo Tool –Door to Door Visit by FCHV	7 FCHV	63	October 2023
3	Educational Activities			
a.	Aama Samuha	1	38	19 October 2023
4.	Breast Cancer Awareness Month	1	65	6 October 2023
5.	Diagnostic Screening Service	1	9	14 October 2023
6.	Service Delivery from Health Facilities	8	49	October 2023
7.	Distribution of Equipment & Supplies	2		18 October 2023

2. KEY ACHIEVEMENTS

- Third Quarter review meeting was conducted on 17 October 2023 at Siddhartha Boutique Hotel, Boudha, Kathmandu in the presence of total 25 number of participants with focal persons of Gokarneshwor Municipality.

- Among total trained 22 FCHVs on Kobo Tool, 7 FCHV had done the door to door visit by using **Kobo tool**.
- We had conducted one **educational activity** among Argauteshwor Mahila Samuha of Argauteshwor Mandir, Ward 5.
- The event on Breast Cancer Awareness Month was conducted at Shree Bal Sudhar Secondary School, Nayapati on 6 October 2023.
- Among 25 clients only 9 clients visited for the Colposcopy Diagnostic Service at AMDA Nepal on 14 October 2023.
- Among total 10 health facilities, 8 **health facilities** had provided the breast and cervical cancer screening services to the visited client at respective health facility.
- Distributed equipment and supplies at Baluwa Health Post and Sarbeshwor Urban Health Center on 18 October 2023.

3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
0	Coordination Meeting – Third Quarter Review Meeting		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	30	25	5
<i>Budget</i>	60000	43250	16750
<i>Narrative Explanation:</i>			
Date: 17 October 2023		Location: Siddhartha Boutique Hotel, Simaltar, Boudha	
Objective of the activity:		<ul style="list-style-type: none"> • To disseminate the key achievement, progress and update of the program from July to September 2023. • To discuss on lesson learned, challenges and way forward of the program. • To disseminate the plan of next quarter. • To address the programmatic activities as per the feedback session provided by health post in-charge and health team of GM. 	
<p>❖ Activity details:</p> <p>On 17 October 2023, third quarter review meeting of PBCSC was conducted at Siddhartha Boutique Hotel, Simaltar, Boudha, Kathmandu from 9 am to 11 pm.</p> <p>Participants:</p> <ul style="list-style-type: none"> ▪ Tek Raj Panthi, Chief Administrator, GM ▪ Hari Prasad Upadhyaya, Public Health Officer, GM ▪ Maiko Kobayasi, CD, AMDA Minds ▪ Dr. Anil Kumar Das, President, AMDA Nepal ▪ Team of Health Department ▪ 11 Health Facility Incharge, GM ▪ Pradip Panta, PC, AMDA Minds ▪ Team of AMDA Nepal 			

The following was the agenda of the program.

1. Opening Remarks and Program Overview – Umesh Acharya, Administrator, AMDA Nepal
2. Program Progress and Achievements – Srijana Shrestha, PO, AMDA Nepal
3. Feedback and Discussion – Purna Bahadur Basnet, GM
4. Guest Speaker – Maiko Kobayasi, AMDA Minds
5. Guest Speaker – Tek Raj Panthi, Chief Administrator, GM
6. Speaker- Dr. Anil Kumar Das, President, AMDA Nepal
7. Closing Remarks - Umesh Acharya, Administrator, AMDA Nepal

Key Discussion Points and Outcomes:

The program was conducted smoothly as per the planned program schedule. The program was hosted by Mr. Achyut Sapkota. Mr. Umesh Prasad Acharya, Administrator of AMDA Nepal commenced the program with the warm welcome speech and by providing an overview of the program's objective. After that, Ms. Srijana Shrestha, Program Officer delivered a comprehensive presentation on program objective, activities, progress report, service report of the screening camp and of each health facility, achievement and challenges faced during an entire mentioned period. Also, shared the next quarter program planning along with the set targets.

Further, we had an open session for sharing of any queries or feedback of the program. All the in-charge of Health Facilities shared their views regarding program which is stated as follows:

- Sundarijal HP – Requested for the educational activity to bring awareness among women so that they visit the health facility for the services.
- Nayapati HP – Need to focus Bhim Dev area which is quite far from health post. Required to conduct screening camp again to the remaining clients.
- Baluwa HP – Had an issue on acetic acid. Due to lack of supply, the service has been halted for a while. Requested to provide the supplies or vendor name for the same. Also, we request to continue this service as of now the women are aware and coming for the service and at this point we need to continue the service and need the support of AMDA Nepal for diagnostic screening services.
- Tarebhir Urban Health Center – Due to low density of population, there is less number of service and also due to shy nature some clients didn't visit for the service.
- Gokarneshwor Nagar Hospital – As we have enough equipment and supplies, we don't need the additional supplies. We are providing service on a regular basis through trained staffs.
- Urban Health Center Jorpati – We are providing continue service from health center as before FPAN staff used to provide the service. However, as had a trained provider, now we are continuing the service and on a monthly basis we provide more or less 40 clients per month. Also, we refer the client at AMDA clinic for diagnostic screening service. On the same note, we also visited to garment factory and other marginalized group and try to convince the women for the service.
- Sarbeshwore, Shivachock Urban Health Center – We are also positive regarding this service and constantly we are providing the service with the support of AMDA Nepal. We request to continue this service as diagnostic screening service is utmost important for the client for the confirmation of the same.
- Jorpati Health Post- Due to availability of only one trained staff there has been a problem in continue service. There is no alternative solution in absence of trained staff. So, we request health department for the deployment of one more provider as that we can continue service in absence of any one trained staff. Also, we would like to request to involve trained staff in such review meeting so that they can be aware on the services going on in other facilities and where they stand as well.

Also, we addressed the challenges the clients are facing while referring to referral center. As the clients are paying huge amount for further additional checkup as advice by the doctors of referral center. Also, we had brief discussion on strengthening on service delivery by health facilities by trained staffs in order to increase the number of service on a regular basis along with other service.

After that, Ms. Maiko Kobayasi, Country Director of AMDA Minds expressed gratitude to all the participants for their dedication toward the service and also stated about the project phase out and need to continue the service through the government sector.

Likewise, Mr. Tekraj Panthi, chief administrator, appreciated the ongoing program as it is one of the priorities program of the government. The way the service is being provided in the community, follow up session and the diagnostic part is much appreciated. He was quite positive regarding the program and concluded with positive remarks regarding joint venture with AMDA Nepal for the same. At the end, Umesh Acharya, President of the program concluded expressing gratitude to all the participants with the hope to continue the service in a collaborative efforts and make a significant impact in the fight against breast and cervical cancer among women at Gokarneshwor Municipality.

In summary, the third quarter review meeting for the Breast and Cervical Cancer Screening Program at Siddhartha Boutique Hotel was a productive session that assessed the program's progress, addressed challenges and set clear goals for the next quarter.

❖ **Participants feedback/ suggestions/ opinions:**

Not Any.

❖ **Follow-up plan (if any):**

Not any.

<i>Activity Code</i>	<i>Name of Activity</i>		
1.1	Door to Door Visit by FCHV- Kobo Tool		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event/Person</i>	18	7	11
<i>Number of Participants/ beneficiaries</i>	150	63	87
<i>Budget</i>	9000	3500	0 (Quarterly Payment from Oct to Dec)
<i>Narrative Explanation:</i>			
Date: October 2023		Location: Gokarneshwor Municipality	
Objective of the activity:		1) To conduct the door to door activities by FCHVs by using Kobo Tool in order to refer the new clients and follow up the old clients. 2) To record the door to door activities conducted by FCHV.	

	3) To aware the clients on Breast Cancer Awareness Month – October through door to door activities.
<ul style="list-style-type: none"> Activity details Among total trained 22 FCHVs on Kobo Tool, only 7 FCHVs had done the door to door visit by using Kobo tool on October 2023. Total 63 clients had been visited by FCHV, among all 16 were old followed up clients and 46 clients were new clients to whom they referred for the service. Also, they had aware the clients about Breast Cancer Awareness Month and importance of preventive aspect rather than curative by opting screening services on regular basis. Participants feedback/ suggestions/ opinions: Due to festive month and seasonal change, many of them were not able to do Door to Door activities. Follow-up plan (if any): Not Any. 	

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.2</i>	<i>Educational Activity</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	30	39	9
<i>Budget</i>	6500	6630	130
<i>Narrative Explanation:</i>			
Date: 19 October 2023		Location: Argauteshwor Mandir, Ward 5	
Objective of the activity:		<ul style="list-style-type: none"> To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services on Breast Cancer Awareness Month – October 2023. 	
<ul style="list-style-type: none"> Activity details One educational event was conducted at Argauteshwor Mandir, Ward 5 among Argauteshwor Mahila Samuha where 39 women participated from the community on 19 October 2023 We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of 			

women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had.

We also stated, “October is the month which is considered as Breast Cancer Awareness”. So, to celebrate this month, firstly we need to be aware and also bring awareness among family members by sharing the information each women has understood in this educational activity.

We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3-year interval till the client reaches up to 60 years old at nearby health facilities.

- **Participants feedback/ suggestions/ opinions:**
Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. They were quite unsure about the service from urban health center but with the assurance and details on services from health center they agreed to receive the service and will visit AMDA clinic for diagnostic service on a scheduled day.
- **Follow-up plan (if any):**
Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2	Breast Cancer Awareness Month		
	Plan	Actual	Variance
Number of Event	1	1	0
Number of Participants/ beneficiaries	50	65	15
Budget	71000	70000	1000
Narrative Explanation:			
Date: 6 October 2023		Location: Shree Bal Sudhar Secondary School, Nayapati	
Objective of the activity:		To raise awareness about Breast Cancer and educate the participants on the importance of early detection, prevention and disseminate the information to family members as well.	
<ul style="list-style-type: none"> • Activity details October is the month which is considered as Breast Cancer Awareness Month. So, to celebrate this month by raising awareness on Breast Cancer Prevention, the event was organized in Shree Bal Sudhar Secondary School, Nayapati. A stage, podium, audio equipment and participants place was set up in the school ground for Quiz competition. A total of 65 participants participated for the event, including students, teachers, Country Director and Program Coordinator of AMDA Minds, Officer of Education and Health Department, Ward President, Consultant, Program Officer & Clinic Facilitator of AMDA Nepal. 			

Furthermore, we organized the quiz competition among inter school students of 8 school, where we had already conducted the educational activities on breast and cervical cancer. The program was hosted by Mr. Kul Prasad Chaulagai. Mr. Hem Raj Ghimire, Principal of Shree Bal Sudhar Secondary School, was chaired as the president of the program. The quiz competition was divided in two rounds in the presence of jury for the evaluation and fair competition of the program. Rules and scoring criteria were clearly communicated to the participants. 3 students were allocated in one team from each respective school, and the competition proceeded in a structured and engaging manner. Also, the competition consisted of question related to breast and cervical cancer, its prevention, early detection and treatment along with health, education and general knowledge section. All the questions were informative and well researched, included from their curriculum as well covering the various aspect of breast and cervical cancer topics.

After the completion of Quiz competition, honorable guests are requested to occupy the distinguished chair. A brief awareness session was conducted through the speech by all the honorable guest of the program who explained the objective of the program with brief reason of this program among school children, the importance of regular breast & cervical cancer screening services and the significance of early detection. Also, requested to disseminate the learned knowledge among family members and to receive the free service at nearby health facility. Their inspiring words resonated with the audience.

Furthermore, participants were recognized for their efforts, and prizes were distributed to the winning teams. Prize includes the certificates and trophy to students and school as well. The winner team was Shree Gokarna Secondary School – First, Shree Bal Sudhar School -2nd and Shree Gram Sudhar School –Third. Likewise, we also distributed the pocket dictionary to all the participants of each school. Also, we provided the token of love to Shree Bal Sudhar School for their great support in the program. The event was well documented with photographs.

The program was officially closed with the closing remarks of Principal of the school with the highlight of the program including the utmost important aspects and also, addressed that it is a great way to raise awareness about breast cancer and educate participants about tis importance. Also, requested to organize similar events and campaigns throughout the year to maintain awareness and engagement at school among school children.

The Breast Cancer Awareness Month Event at Shree Bal Sudhar Secondary School was a resounding success. It achieved the goal of educating participants about breast cancer and promoting awareness. The event fostered a sense of community involvement and garnered support from students, teacher, and community members as well.

- **Participants feedback/ suggestions/ opinions:**

Participants were very glad to participate in the program and grateful for the dictionary which is quite important material for students. Also, requested to organize such informative programs at school which is quite beneficial to students.

- **Follow-up plan (if any):**

Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>				
2.5	<i>Diagnostic Screening camp</i>				
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>		
<i>Number of Event</i>	1	1	0		
<i>Number of Participants/ beneficiaries</i>	25	9	16		
<i>Budget</i>	30000	23200	6800		
<i>Narrative Explanation:</i>					
Date: 14 October 2023		Location: AMDA Clinic (AGWC)			
Objective of the activity:		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
<ul style="list-style-type: none"> Activity details 					
SN	Date	Diagnos tic Service	Number of Clients	Grand Total	Findings
1	14 October 2023	Colposc opy Service	9	9	<p>All Normal except the following clients:</p> <ul style="list-style-type: none"> 1 client: Due to faint whiteness. Advise PAP Smear Test. 2 Clients: Cervical Biopsy was sent after colposcopy. <ul style="list-style-type: none"> ✓ 1 Client report was chronic cervicitis. Treated with medicine as prescribed by Doctor. ✓ 1 Client was diagnosed with CIN III (Cervical Intraepithelial Lesion) which mean high chance to have cervical cancer. We referred to teaching hospital to receive service from Dr. Neebha. The plan is for conization of the cervix.
<ul style="list-style-type: none"> Participants feedback/ suggestions/ opinions: Not Any ❖ Follow-up plan (if any): <ul style="list-style-type: none"> Not Any. 					

<i>Activity Code</i>	<i>Name of Activity</i>		
2.3	<i>Service Delivery from Health Facilities by trained staffs</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	10	8	2

Number of Participants/ beneficiaries	50	49	1
Budget	0	0	0
Narrative Explanation:			
Date: October 2023	Location: Sundarijal, Nayapati , Baluwa and Jorpati Health Post, Urban Health Center Jorpati, Besigaun, Shivachock Urban Health Center and Gokarneshwor Nagar Hospital		
Objective of the activity:	To provide screening services on breast & cervical cancer to all the women of respective health facility.		
<ul style="list-style-type: none"> • Activity details Among total 10 health facilities, 8 health facilities had provided services of breast and cervical cancer screening services namely Sundarijal, Nayapati, Baluwa and Jorpati Health Post, Urban Health Center Jorpati, Besigaun, Shivachock Urban Health Center and Gokarneshwor Nagar Hospital. Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic. • Participants feedback/ suggestions/ opinions: Not Any. • Follow-up plan (if any): Not Any. 			

Activity Code	Name of Activity		
2.4	Instrument Handover to Health Facilities		
	Plan	Actual	Variance
Number of Event	3	2	1
Number of Participants/ beneficiaries	4	4	0
Budget	0	0	0
Narrative Explanation:			
Date: 18 October 2023	Location: Baluwa Health Post and Sarbeshwor Urban Health Center		
Objective of the activity:	To handover the equipment to respective health facility.		
<ul style="list-style-type: none"> • Activity details We have distributed equipment's at 2 health facilities for continuous and smooth services of breast and cervical cancer screening services namely Baluwa Health Post and Sarbeshwor Urban Health Center on 18 October 2023. Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic. <p>The following are the details of equipment:</p>			

SN	Name of Supplies	Number of items	Remarks
1	Sponge Holder	10 each	
2	Coccus	10 each	
3	Surgical Drum	1 each	

- Participants feedback/ suggestions/ opinions:**
 Service provider were very glad to receive the equipment as they don't have to return the clients visited for cancer screening services at health facilities.
- Follow-up plan (if any):**
 Not Any.

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 55,22,882	Rs. 39,44,202.79	71%	
Quarterly Budget	Rs. 15,00,000	Rs. 524,061	35%	
Monthly Budget	Rs. 5,98,000	Rs. 524,061	88%	

5. ISSUES, CHALLENGES

- In spite of continue follow up with VIA positive clients for colposcopy service, only 9 clients visited for service among 25 clients. We are unable to reach all the client who required further investigation despite of continue follow up.

6. LESSONS LEARNED

- Not Any.

7. WAY FORWARD/RECOMMENDATION

- Plan and implement awareness program to president of women's group.
- Plan and commence end line survey of the project.
- Conduct training to health facility staffs at Satdobato Training Center.

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

9. PLANNED ACTIVITIES (for upcoming month/ Period)

Activity	Target		Planned Time Frame	Venue /Location of Activity
	No. of Events	Budget		
1. Educational Activities with President of Aama Samuha	5	40000	6, 27,28,29 & 30 November 2023	President of Aama Samuha
2. Educational Activities	2	10,000	29 & 30 November 2023	Swatha Aama samuha
3. Endline Survey	1		10 Nov 2023	Budget Expensed on Dec 2023
4. Training to Health Facility Staff	1		29 Nov to 2 Dec 2023	Budget Expensed on Dec 2023
5. Procurement Expenses	1	50,000	By the end of month	
6. Admin & Overhead Cost	1	130,000	By the end of month	
Total		Rs. 230000/-		

Annex 2: Consolidate data Report



Consolidate Report
October 2023

Annex 3. Photographs

Third Quarter Review Meeting at Siddhartha Boutique Hotel, Boudha.



Educational Activity at Argauteshwor Mandir, Ward 5.



Breast Cancer Awareness Month at Shree Balsudhar Secondary School, Nayapati.



Colposcopy Screening Camp at AMDA Clinic



Distribution of Equipment and Supplies at Baluwa Health Post



Distribution of Equipment and Supplies at Sarbeshwore Urban Health Center

