

EpiC Nepal Project

Monthly Update: January 2024

Objectives:

Objective 1 &2: Attain and maintain HIV epidemic control among at-risk adult men, women and PPs and KPs

Support group meeting:

Jhapa:

AMDA EpiC Nepal conducted support group meeting on January 26th, 2024 in Birtamode Field Office, Jhapa. A total of 7 PLHIV (4 male & 3 female) participated in the meeting. Meeting was facilitated by Case Manager, CBS & PN. Discussion was done about the ART Adherence, Importance of viral load and health insurance.

Sunsari

AMDA EpiC Nepal conducted support group meeting on January 18th, 2024 in Itahari Field Office, Sunsari. A total of 12 PLHIV (3 Male and 9 Female) participated in the meeting. Meeting was facilitated by Case manager and PN. Discussion was done on Health Insurance, U=U, ART enrollment and re enrollment of all positive cases, Mental Health, importance of Index based partner testing and about viral load.

Morang

AMDA EpiC Nepal conducted support group meeting on January 19th 2024 in Biratnagar Field Office, Morang a total of 15 PLHIV (8 Male and 7 Female) participated in the meeting, maintaining all the precautions including proper distancing and proper use of mask. Meeting was facilitated by Case Supervisor and PN. Discussion was done on viral load importance & benefits as well as merits of Health Insurance and ART.

Ilam

The Support Group meeting was held on January 21, 2024, at Ilam ART center. There are a total of 14 personnel present during the support group meetings. 14 are PLHIV (7 male and 7 female) and others 4 are ART counselor, HA-ART, and 2 are P.N from AMDA Nepal. Education on HIV prevention, Viral load, U=U, adherence, the importance of adherence and index testing was given at the meeting.

Monthly review meeting:

Monthly Review Meeting (MRM) online was done on January 28th, 2024 at Itahari Field Office and Birtamod city clinic of Morang, Sunsari and Jhapa. Discussion was done on following topics

- Target vs achievement
- Areas to be focused like Index Testing, Viral Load Testing, PrEP_New, Merosathi booking and testing.
- EAC, AHD, Mental Health.
- Compliances of USAID
- Benefits and allowances
- Areas to be focused

Quarterly Review Meeting

In this period participated in the quarterly review meeting organized by FHI360 at Hotel Big, Biratnagar from January 23rd - 25th, 2024. In the meeting there was presence of Team Leader, SBC Specialist, Provincial Coordinator, Technical Specialist, Project Coordinator, M&E Officer from EpiC districts. There

EpiC Nepal Project

Monthly Update: January 2024

was sharing of target vs achievements, EAC of Viral Load Unsuppressed, Not on ART Clients, Mental Health, Issues and challenges faced during FY2024Q1 and areas to be focused for FY2024.

Online Activities

Jhapa: In this reporting period, 14 phone call were made for ART Adherence, support group & viral load testing. Also, 2 high risk KP were communicated for HIV prevention, testing & PrEP services.

- Similarly, 3 clients booked HIV testing services through Merosathi & 2 arrived in the clinic & took the services.

Sunsari: In this period, 11 phone follow up were done among them 8 took services in the clinic, 8 online outreach clients made all of them took services. Similarly, 3 clients booked HIV testing services through MeroSathi & 3 arrived to clinic and took the services.

Relief Packages

- Not done in this period.

COVID-19 Isolation Kit:

- Not done in this period.

Hygiene kit Distribution:

- Not done in this period.

Creative events:

- **Sunsari**

Conducted creative event (PrEP focused) on 11th January 2024 in Itahari City clinic. A total of 15 FSWs participants. It was facilitated by DIC Operator and CBS. There was discussion on importance of PrEP and its continuation, HIV/STI testing, Mental Health. In this event 1 FSW enrolled on PrEP, PrEP restart was done by 2 FSWs and 3 refilled PrEP also 8 KPs done the STI screening.

- **Morang**

Conducted creative event on January 21st 2024 in Biratnagar Field Office. A total of 10 female participants participated in the event. It was facilitated CBS, PN and Field Supervisor. There was discussion on importance of PrEP and its continuation, HIV prevention & treatment. In this event 2 of the participants were screened for STI/HIV, 1 of the participants started PrEP and 1 of the participants re-started PrEP.

- **Jhapa**

Conducted creative event on 11th January, in Birtamode City clinic. A total of 13 (FSWs) were participated in the event which was facilitated by HA, DIC, CBS & P.N. Discussion was done about the importance of PrEP its advantages, sexually transmitted Infections (STIs) and its effects. In this event, 8 KP tested for HIV & STI, 5 KP started PrEP, 1 restarted and 1 refill. Also, 6 KPs were screened for STI, 3 were diagnosed and 3 were treated.

Stigma and Discrimination Reduction Training:

- **Not done in this period.**

Monthly joint inter-Network meeting:

EpiC Nepal Project

Monthly Update: January 2024

- In this period participated in the provincial level coordination and sharing meeting organized by JMMS at Itahari, Sunsari. In the meeting there was sharing of goals, objectives and activities of JMMS conducting in the district. Also shared the issues, challenges and problems faced by FSWs and roles of network, civil society, and local governance to address these issues.
- In this period participated in the province level coordination meeting of IBBS survey organized by Intrepid Nepal at Biratnagar. In the meeting there was presence from Health Office Morang, Biratnagar Metropolitan City, Save the children, AMDA Nepal, Lead Nepal, Pariwartanshil Samaj, Human Welfare Society, JMMS. In the meeting there was sharing of IBBS survey of KPs in FY2024 for FSWs, PWID, MSM, TG, Migrants, Prisons and approaches for data collection with areas to be covered in Koshi Province.

Viral Load campaign

- In this period a total of 19 sample collected in Sunsari district and send to Koshi Hospital and all samples report were received.
- In Morang district total 5 viral load sample collection was done and 5 VL report was received in this period.
- In this period 26 VL sample was collected and send to Koshi Hospital and reports were received.
- In Illam, altogether 14 viral load sample was collected from Illam ART in coordination with AMDA Nepal Illam, CCC and was sent to Koshi hospital. Also 14 VL report received among them 1 was unsuppressed in this period.

Festival campaign social media posts:

- **Not done in this period.**

Objective 3: Improve program management including HIS and HRH and financial systems to ensure attainment and maintenance of epidemic control; and

Data Quality Assessment:

- Not done in this period.

Monitoring visits:

- Monitoring visit was done from FHI360 with presence of SBC Specialist Anuradha Sharma at Biratnagar Field Office and Itahari City Clinic. 23 January and 25th January respectively 2024. She monitored the DIC, SBC materials uses, Merosathi Booking, Link feedback, online outreach and reporting mechanism.
- In this period Psychosocial Doctor Dr. Sandarbha Adhikari also visited Itahari City Clinic on Jan.25th 2024. He provided orientation to CBS, PN, Case Manager, Lab, DIC on Mental Health. Also had practical session to CBS, PN for mental health screening and counseling during outreach each by each.

Monitoring visit by GoN

- Not done in this period.

Provincial / Other GoN meeting:

EpiC Nepal Project

Monthly Update: January 2024

- Not done in this period.

Trainings and Orientations:

- In this period CBS Plus participated in the CLT and Self Testing training at Chitwan organized by FHI360 on January 22nd-25th, 2024.

Monthly ART center Meetings

- **Mechi ART Center**

Monthly ART meeting was conducted at Mechi ART center on January 30th, 2024. In the meeting, there was presence of ART Doctor, Hospital Administrator, ART counselor, Lab Incharge, M & E officer, HA-ART from EpiC Project. In the meeting there was discussion of VL sample collection, EAC of VL unsuppressed clients, home visit and revisit for unsuppressed clients and not on ART clients. Also discussed on CD4 testing of PLHIV clients as per need.

- **Inaruwa ART Center**

Quarterly ART meeting was conducted at Inaruwa ART center on January 20th, 2024. In the meeting, there was presence of Medical Superintendent, ART Doctor, Hospital Administrator, Nursing staff, ART counselor, Lab Incharge, OCMC ward, PC, M & E officer, HA-ART from EpiC Project. In the meeting there was sharing of current status of HIV in the country, Province and district with goals to be achieved by Nepal government by 2026 and 2030. Areas to be focused by for FY2024 to achieve 95-95-95.

- **Ilam ART Center**

Monthly ART meeting was conducted at Ilam ART center on January 30th, 2024. In the meeting, there was presence of Medical Superintendent, ART Doctor, Hospital Administrator, Emergency Incharge, Nursing staff, ART counselor, Lab Incharge, CHBC Mobilizer from CCC, HA-ART, PN from EpiC Project. In the meeting there was sharing of shortage of VL reagent and plan for VL testing after reagent comes, need to provide orientation on dispensing site of Pachthar for dispensing and recording and reporting. Also discussed for quarterly ART meeting in February.

photos

EpiC Nepal Project Monthly Update: January 2024



Pics: Quarterly Review Meeting of FY2024 Q1 at Hotel Big, Biratnagar.

**EpiC Nepal Project
Monthly Update: January 2024**



Pics: Provincial Level coordination meeting organized by JMMS at Itahari.

EpiC Nepal Project
Monthly Update: January 2024



Pics: Recording and reporting Orientation of HMIS report in DHIS-2 Tracker at Brt. Metropolitan City

**EpiC Nepal Project
Monthly Update: January 2024**



Pic: Quarterly ART meeting at Inaruwa Hospital.



Pic: participated in the provincial level consultation meeting for IBBS Survey

Thank You