

AMDA Institute of Health Science
Damak, Jhapa
A Report on School Health Program

Batch: 5th batch General Medicine 3rd year

Academic year: -2081/2082

Background

On 4th Chaitra 2081, we departed from AMDA Institute of Health to Science to **Shree Kabi Shiromani Secondary School**, Machingar municipality 09 for supervision and evaluation of school health program conducted by the students of General Medicine 3rd year students.

Introduction

School health program (SHP) is part of comprehensive Community health diagnosis (CHD) program, which is undertaken by PCL **General Medicine** 3rd year students as per the curriculum prescribed by CTEVT. During the process of community diagnosis, students have to identify the health issues faced by the community and provide intervention through school health program. This program serves as an effective means of raising health awareness at the community level and is specifically designed to deliver health interventions to adolescents at school settings.

General Objectives

The main objectives of school health program are to identify the health issue faced by adolescent through secondary data analysis and to imply the intervention to solve those identified health issue at school settings.

Specific objectives

- To establish an effective rapport with the teachers of **Shree Kabi Shiromani Secondary School**, Machingar municipality 09
- To ascertain the active engagement of all students in the program.
- To identify the methods used by students to select their presentation topics.
- To identify and discuss on the issues faced by students in the field.

Venue

Shree kabi siromani secondary school. Mechinagar municipality 09.

Methods/media

Lecture/flipchart/projector/role play

Activities

On 4th Chaitra 2081, students of general medicine 3rd year (GROUP-A) organized school health program. Based on reviewing data available at Dhulabari Basic Hospital and AMDA Mechi Hospital of past three year, the students decide to conduct SHP on dengue, menstrual hygiene, acute respiratory infection and brushing technique respectively.

- Positive aspect of the program
 - Active participation of all students throughout the program.
 - Multiple methods and media were used throughout the program.
- Constructive aspect of the program
 - Poorly design presentation materials.
 - Lack of confidence and enthusiasm.
 - Unable to actively engage the audience.

Conclusion:

The posting was designed to enhance students understanding of PHC services, community interaction and develop administrative competencies in a real world setting and it was a valuable learning experience that not only strengthened their clinical and administrative competencies but also enhanced their ability to work both collaboratively and independently in community health settings.

Photo Gallery



Figure: Students preparing for their Presentation



Figure: Students executing their presentation



Figure: Group photo after presentation

Thank you!

AIHS, Damak