



AMDA-Nepal

AMDA Institute of Health Science

Kharkhare, Damak-2, Jhapa



Monthly Academic Progress Report

2082 Jesth

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1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of Chaitra 2081.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

2. Background

AMDA Institute of Health Science, located in Damak-2, Jhapa, is a renowned academic institution dedicated to the development of competent and compassionate health professionals. The institute offers diploma programs i.e. Nursing, HA, CMLT, Physiotherapy and Diagnostic Radiography. with a strong emphasis on theoretical and practical, community and learning.

As part of its academic and institutional responsibilities, the institute regularly prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in educational delivery, field training, and student development. This report provides an overview of academic activities conducted during the month of Baisakh 2082, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These reports serve as a vital tool for internal review and help maintain transparency and accountability across departments.

3. Academic activities of the Baisakh 2082

3.1 General Medicine, CMLT & Physiotherapy 1st year:

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 1st year students of General Medicine, Physiotherapy and CMLT programs respectively.
- ❖ Structured revision sessions were held focusing on key topics.
- ❖ Objective questions of each subject are pattern-wise discussed.
- ❖ The results of the second internal assessment were published.
- ❖ The report cards of the second internal assessment were distributed in the presence of guardians.
- ❖ Students were counseled regarding their academic weaknesses
- ❖ Encourage them to dedicate more time to subjects they found challenging.
- ❖ Weekly class tests were conducted to support continuous learning and to assess students' comprehension and academic progress.

3.2 Certificate in Medical Laboratory Technology 2nd & 3rd year: -

- ❖ Classes were conducted as per schedule without any interruption throughout the month of Jestha.
- ❖ Demonstration and practical class were conducted in lab along with the theory class.
- ❖ Briefing parents about the results of 2nd internal assessment and guardian meeting conducted (2082/02/18) as well as report cards were distributed
- ❖ Subject wise class test was conducted.
- ❖ CMLT 3rd year clinical postings were continued as scheduled in different clinical areas, i.e. AMDA Hospital, Damak Hospital and Nepal Red Cross Society, Damak.

3.3 General Medicine 2nd & 3rd year: -

GM 2nd year

- ❖ Successfully completed the Second Internal Assessment.
- ❖ Continued the study block, with approximately 90% of the course completed.
- ❖ Conducted subject-wise class tests and initiated preparation for the Third Internal Assessment.

GM 3rd year

- ❖ Successfully completed school health program at Dhulabari Secondary School on topic diarrhea, oral hygiene and hand washing technique.
- ❖ Completed data collection and data analysis.
- ❖ Preparing for micro health project and grand presentation.
- ❖ In clinical settings posting continued in assigned areas of AMDA Hospital and Birta Jyoti Hospital.
- ❖ Prepared for 3rd internal assessment

3.4 Certificate in Diagnostic Radiography 3rd year: -

- ❖ Completed 2nd internal assessment
- ❖ Continued their theoretical classes as well as clinical exposure posting at AMDA Hospital and Damak Hospital. They are learning about patient preparation, machine operation, image acquisition and interpretation under the guidance of radiologists and technologists.

3.5 PCL Nursing 1st, 2nd & 3rd year

- ❖ Clinical postings for PCL Nursing 1st and 2nd-year 3rd year students were continued in various departments of AMDA Hospital. - Theoretical class continued alongside clinical postings i.e 3rd year completed their hospital leadership and management and pediatric toy exhibition. 2nd year completed school health program
- ❖ Completed 3rd internal assessment

4. Administrative Activities

4.1 Staff Meeting:-

A staff meeting was conducted on **Jestha 21, 2082**, with the administrative team to discuss the **tree plantation program** in observance of **World Environment Day**, as well as to plan the **farewell program for Mr. Jay Prasad Bhattarai**, Senior Clerk. The administrative team actively participated in the discussion, showing strong commitment towards promoting environmental awareness and organizing a respectful and meaningful farewell event. The meeting focused on effective coordination, task distribution, and preparation to ensure the successful execution of both programs.

4.2 Tree Plantation on World Environment Day

On the occasion of **World Environment Day**, a **tree plantation program** was successfully conducted with the active participation of students, teachers, and administrative staff. The event aimed to raise awareness about environmental protection and promote sustainable practices within the institution and community. During the program, a variety of useful and environment-friendly saplings were planted, including **Supari (Areca nut)**, **Nariwal (Coconut)**, **Asoka**, **Amba (Guava)**, **Kagati (Lemon)**, and **Siris (Albizia)**. These species were carefully selected for their ecological, medicinal, and economic benefits.

4.3 Farewell Program for Mr. Jaya Prasad Bhattarai

On 2nd Jestha 2082, AMDA institute of health science, Damak organize a farewell program for the retirement of a veteran employee of the institute Mr. Jaya Prasad Bhattarai. The program kicks-off at around 1PM. The program was hosted by Ms. Nirmala Katuwal ma'am which was followed by a welcome speech by Ms. Nimala Sapkota ma'am. Token of love was provided by Principal AIHS Damak, Ms. Sajana Vaidya ma'am to Mr. Jaya Prasad Bhattarai. Then after short farewell speech was commenced from Mr. Jaya Prasad Bhattarai which was followed by closing speech from Principal Ms. Sajana Vaidya ma'am. The program lasted for about 2hrs.

5. Conclusion

The month of **Jestha** was marked by significant academic and extracurricular activities that contributed to both institutional development and student engagement. Key accomplishments included the successful completion of the **Second Internal Assessment**, regular class tests, and notable progress in course coverage. In addition, the celebration of **World Environment Day** through a **tree plantation program**, and the organization of a **staff meeting and farewell program for Mr. Jay Prasad Bhattarai**, added further value to the month. The active participation of students, faculty, and administrative staff in all planned activities reflected strong coordination and commitment. Overall, the month concluded productively, laying a solid foundation for the upcoming academic and institutional goals.

6. PLAN FOR NEXT MONTH

6.1 GM, CMLT, & PHYSIOTHERAPY 1st year:

- ❖ Theoretical & practical classes, as well as unit tests will be continued
- ❖ Completion of course according to CTEVT syllabus of each subject
- ❖ Structured revision sessions were held focusing on key topics.
- ❖ Conduct Third Internal Assessment as per the academic calendar
- ❖ Provide targeted support to academically weak students through extra classes and mentoring.

6.2 CMLT (2nd and 3rd year)

- ❖ Complete the theoretical classes and clinical posting
- ❖ Organize a public health field visit for 2nd-year students focusing on water purification processes and hospital waste management systems.
- ❖ Conduct the Third Internal Assessment as per the academic calendar
- ❖ Provide targeted support to academically weak students through extra classes and mentoring.
- ❖ Encourage interactive learning through group discussions and subject-wise quiz competitions.

6.3 GENERAL MEDICINE (2nd and 3rd year)

- ❖ Complete theoretical classes and conduct the Third Internal Assessment.
- ❖ Achieving completion of data collection, school health program and micro health project for community posting group (GROUP-B).
- ❖ Achieving at least 5 case recording by individual student from their respective duty station for clinical posting group. (GROUP-A).
- ❖ Continuing eye posting at Birta Jyoti Eye Hospital, Damak as scheduled.

6.4 Certificate in Diagnostic Radiography (3rd year)

- ❖ Complete theoretical classes and clinical posting.
- ❖ Complete the Third Internal Assessment.

6.5 PCL Nursing:

- ❖ Complete All Clinical Postings and Theoretical Classes.
- ❖ Prepare for the Pre-Board Examination

7 PHOTO GALLERY

Fig: School Health Program Nursing 2nd Year



Fig: School Health Program by General Medicine 3rd year (2nd group)



Fig: Hospital Leadership and Management Nursing 3rd Year



Fig: Farewell Program for Mr. Jay Prasad Bhattarai



Fig: World Environment Day 2025, Tree Plantation Program at AIHS Damak



Thank you!