

**Amda Nepal**  
**AMDA INSTITUTE OF HEALTH SCIENCE**  
**KHARKHARE - 2, DAMAK**

**MONTHLY ACADEMIC PROGRESSIVE REPORT OF 2081 Mangsir**

**1. Academic Activities**

- **Continuation of theory, practical classes and clinical posting:**

Throughout the month regular theory, practical classes and clinical posting were conducted. Faculty members adhered to the academic schedule and focused on delivering comprehensive and interactive lessons,

- **Five Weeks of Community Field Posting for PCL Nursing (23<sup>rd</sup> Mangsir - Poush 21<sup>st</sup>):**

The 1<sup>st</sup> year PCL Nursing students started their five-week community field posting on Mangsir 23<sup>rd</sup> in Damak -1. The placement aimed to provide practical exposure to community health care, enabling students to apply their theoretical knowledge in real-world settings. Supervisors monitored and guided students to maximize their learning experience.

**2. Students Affairs**

- **Welcome program for new comers:**

On Mangsir 12, a welcome program was held for newly enrolled students. The program aimed to familiarize the newcomers with the academic environment and encourage their active participation in institutional activities.

**3. Community Outreach**

- **Health education class for Nepal Police School:**

At the request of Nepal Police School, the institute organized health education classes for students in grade 8,9,10 (200-300 students). Topic “Adolescence Common Health Problem” by Mrs. Sajana Vaidya and Mrs. Nirmala Sapkota on 2081/08/14. The program aimed to promote health awareness and healthy lifestyle practices among adolescence. The session received positive feedback from the student and school authorities.

- **Participation in Rally for 16 days of Activism Gender-Based Violence (Mangsir 10<sup>th</sup>):**  
Students and staffs actively participate in a rally as a part of the “16 days of Activism Gender-Based Violence” campaign. The event aimed to raise awareness about the importance of eliminating gender-based violence.

#### **4. Administrative Activities**

- **Retirement of Mr. Jaya Prasad Bhattarai**

Mr. Jaya Prasad Bhattarai a senior helper retired on Mangsir 15 after reaching the mandatory retirement age. His service has been invaluable and his absence will be deeply felt by staffs.

- **IMC meeting attendance**

The institute actively participate in the IMC meeting.

- **Meeting with AIHA Management Team, Hostel Warden, and Representatives (Mangsir 18<sup>th</sup>)**

A meeting was held on Mangsir 18<sup>th</sup> involving the AIHA management team, hostel warden, and hostel representatives. The discussion focused on improving hostel facilities, addressing student’s concerns, and ensuring safety and discipline. Specific action plans were formulated to enhance hostel operations.

- **Physiotherapy student’s enrollment**

This year physiotherapy program was introduce total quota is 40.1 student was enroll in this month now total 32.

- **New Faculty Appointment**

AIHS welcomed new faculty member to strengthen the academic team. 2 full-time BMLT teachers for diploma in CMLT (Mr. Ajay Kumar Shah and Ms. Nita Rai) and one part time BPH teacher (Ms. Niru Khatri) have been appointed.

## Conclusion

The AMDA Institute of Health Science successfully implemented various academic and extracurricular activities this month. These initiatives contributed to the holistic development of students and strengthened the institute's commitment to excellence in education.

## Next month plan

- 1<sup>st</sup> internal assessment
- Winter vacation
- Conduct Coordinator meeting.

## IMAGES

Welcome for new students 2081/8/12



## Participation in Rally for 16 days of Activism Gender-Based Violence - Mangsir 10



## School Health Education on “Adolescence Common Health Problem” Mangsir 14





**THANK YOU**