

EpiC Nepal Project

Monthly Update: Sept 2021

Objectives

Objective 1 &2: Attain and maintain HIV epidemic control among at-risk adult men, women and PPs and KPs

Support group meeting:

AMDA EpiC Nepal conducted support group meeting on 13th September in Morang and Sunsari also in 26th September 2021 in Jhapa. A total of 26 PLHIV (10 Male and 16 Female) participated in the meeting, maintaining all the precautions including proper distancing and proper use of mask. Meeting was facilitated by Case manager and PN. Discussion was done on Importance of ARV medicine, Adherence to treatment, U=U, ART enrollment and re enrollment of all positive cases, 180 days packages, importance of Index based partner testing and also regarding the merosathi booking link for various services. And lastly discussion was made on awareness and safety precautions against COVID-19

Monthly review meeting:

AMDA EpiC Nepal conducted monthly review meetings to review the progress and decide way forward on 14th September in Jhapa district. In the meeting there was presence of Sr. PO, M&E Officers, HA, CBS, PN, Lab staffs and DIC/M&E Associate. There was discussion on following:

- District and indicators wise target vs achievement.
- Gaps in case findings, ART enrollment, viral load testing, PrEP initiation.
- Known positive mapping for known positive listing & follow ups.
- Target division for each district to achieve 100% till September 2021.
- Safety & security of all beneficiaries & all staffs from COVID-19 Pandemic.
- Follow up of IIT clients for ART re-enrollment.
- Focus of 3 campaigns ART enrollment, re-enrollment and viral load testing.

Online Activities

- A total of 3 FSWs and 14 Clients of FSWs was reached through online platform for HIV testing, STI, PrEP & Covid-19 prevention in Jhapa.
- Also 9 FSWs were followed through phone for HIV testing, STI, PrEP and COVID-19 prevention in Jhapa.
- Also 18 PLHIV (9 male and 8 female and 1 other) were followed through phone for ART adherence, index partner testing, viral load testing and other services in Jhapa.
- A total of 11 merosathi bookings were made in Jhapa for September, among which 5 arrived and performed testing. Also, total 20 bookings were followed up for testing, including those who missed the appointments last month and 5 booking of last month arrived after the follow up.
Hence, total 10 beneficiaries arrived this month for HIV testing, after the meroasathi booking in Jhapa.
- A total of 8 Clients of FSWs was reached through online platform for HIV testing, STI, PrEP & Covid-19 prevention in Morang.

EpiC Nepal Project

Monthly Update: Sept 2021

- A total of 14 FSW, 43 Clients of FSW & 4 high-risk female was reached through online platform for HIV testing, STI, PrEP & Covid-19 prevention in Sunsari.
- 10 FSWs were followed through phone for HIV testing, STI, PrEP and COVID-19 prevention in Morang
- 46 FSWs and 1 Other high-risk female were followed through phone for HIV testing, STI, PrEP and COVID-19 prevention in Sunsari.
- A total of 5 PLHIV (3 male and 2 female) were followed through phone in Morang District.
- Also, A total of 43 PLHIV (23 male and 21 female) were followed through phone in Sunsari District.
- A total of 22 & 4 Merosathi bookings were made in Sunsari & Morang respectively in September, among which 21 arrived in Sunsari & performed testing. Hence, total 21 beneficiaries arrived this month for HIV testing through MeroSathi booking in Sunsari District.

ARV Distribution Services

- In this period 35 PLHIV were supported for pill pick up from ART center in community and home by PN and CBS in Jhapa district.
- In this period, 6 PLHIV were supported for pill pick up from ART center in community and home by PN in Sunsari District.
- In this period, 1 PLHIV were supported for pill pick up from ART center in community and home by PN in Morang district.

Relief Packages

- In this period Emergency food package was distributed to all AMDA Nepal EpiC Project staffs. Emergency food packages contains 25kg of Rice sack, 2kg of Pulses, 2 liter Mustard oil, 1kg of salt, 2kg of Sugar and 2 kg of Beans. This food package was supported by AMDA Japan to AMDA Nepal EpiC Staffs in recognition of all their hard work and health services provided during COVID-19.

COVID-19 Isolation Kit:

- In this period Sr. Lab Assistant, HA- ART and ART Counselor of Illam were supported COVID-19 Isolation Kit 1/1 in Jhapa and Sunsari. COVID-19 Isolation kit contains sanitizer, mask, soap, gloves, thermometer, oximeter, tissue wipes, Vit.C, Vit.D, ORS, Cough syrup, paracetamol, Zinc Tab etc.

Creative events:

- AMDA EpiC Nepal conducted creative event (Teej Bishes) in 5th, 6th and 10th September in Sunsari, Morang and Jhapa district respectively. A total of 45 FSWs participated in the event, maintaining all the precautions including proper distancing and proper use of mask. It was facilitated by DIC operator, CBS and Case Manager. There was discussion on importance of PrEP and its continuation. 4 were referred for testing with negative results and stated PrEP

EpiC Nepal Project

Monthly Update: Sept 2021

also 7 FSWs were restarted on that day. Thus, the event was focused for Teej festival all participants were very happy to share their happiness with each other and thankful to AMDA Nepal for conducting such event specially for FSWs.

Stigma and Discrimination Reduction Training:

- AMDA EpiC Nepal conducted S&D reduction training on 20th September, 2021 with a participation of 23 youth members from Sanischare area. The need of S&D was felt in that area, since 1 PLHIV was suspected to be IIT due to fear of disclosure in the community and the stigma prevalent there. The S&D was successfully led by HA, supported by CBS.

Monthly joint inter-Network meeting:

Viral Load campaign

In this period Viral load sample collection was done in Jhapa, Morang and Sunsari district in coordination with BDS Sub IPs, ART Center and CCCs. During this period, a total of 45 samples were collected and sent to Koshi Zonal Hospital.

Festival campaign social media posts:

- Not done in this period.

Objective 3: Improve program management including HIS and HRH and financial systems to ensure attainment and maintenance of epidemic control; and

Data Quality Assessment:

- Not done in this period.

Monitoring visits:

- In this period, monitoring visit was done by Sr. Program Officer to Birtamode city clinic, ART sites of MZH and Ilam district hospital on 14th, 15th and 16th of September. During monitoring visit of Birtamod city clinic conducted monthly review meeting, get updates on three campaigns, ART enrollment, VL testing and ART re enrollment. Monitored clinic register, IIT tracker, Index testing register, HMIS register, lab observation with waste disposal flowchart.
- Visited Mechi Zonal Hospital coordination and interaction with Mesu. Dr. Tanka Prasad Barakoti, briefly describes about the project goal, objectives, working areas and coverage. Dr. Barakoti was thankful for support in ART center and assured work collectively in coming days.
- In this period monitoring visit was done by Sr. Technical Advisor from AMDA central office to Field office of Jhapa, Morang and Sunsari of EpiC Project. Sr. TA visited Itahari city clinic participated in staff selection process for FY22 of vacant position. After selection process,

EpiC Nepal Project

Monthly Update: Sept 2021

had an interaction meeting with Sunsari and Morang EpiC staffs in Itahari filed office. Sr.TA was thankful to all staffs for all their hard work and team work to achieve the targets during COVID-19. He also suggests to work more actively and as team to all achieve targets for FY 2022. Then went to Koshi Zonal Hospital to meet Mesu and describes of Project activities and working under FHI in Jhapa, Morang and Sunsari, after that went to Jhapa, next day went to Mechi Hospital and ART center to meet Mesu and ART counselor with Dr. Durga Bhandari and Dr. Yagya Raj Pathak to orient and preparation of ART counselor and HA ART for visit of USAID.

- After that visited to Jhapa city clinic and had an interaction meeting with all staffs, shared thankful to all staffs for all their hard works and team work during COVID-19 to achieve targets in time. Also wishes very best for coming FY22.

Community monitoring Scorecard:

- In this period, community led monitoring was conducted on 21st, 22nd and 26th September 2021 in the Morang, Sunsari and Jhapa respectively with a total participation of 7 PLHIV (2 male and 5 female) in Morang, 10 PLHIV (2 male and 8 female) in Sunsari and 13 PLHIV (11 Female and 2 Male) in Jhapa. It was facilitated by PC, M&E officer with the support of PN. It was conducted following all the safety measures of COVID 19. All the participants showed active participation and gave all the positive response and feedback to the questions asked on community monitoring scorecard. They shared all the services provided from clinic is satisfied and thankful for the services and suggested to allocated travel cost for Viral load testing as per need or actual basis per clients.
Also all the participants were provided with hygiene kit which contains soap, brush, paste, detergent, tissue paper, mask, sanitizer etc.

Provincial / Other GoN meeting:

- Not done in this period.

Quarterly Review Meeting

- Not done in this period.

Monitoring visit by GoN

- In this period monitoring visit was done from DHO Dr. Suresh Meheta, TB/Leprosy/HIV focal person Mulukchand Rajbanshi, ART Counselor Ms. Laxmi Gautam, Lab Technician Lalit Kumar Chaudhary from Koshi Hospital and Health Officer from Biratnagar Metropolitan city on 23rd September 2021 in Morang City Clinic. They were provided brief information about the process of services delivery from city clinic starting from DIC, Clinic, Lab, waiting room. After their monitoring they were provided brief introduction about the project goal, objectives, working areas, coverage, recording, reporting, target vs achievement, challenges and issues and had open floor discussion. Visitors were very happy about the project activities and its approaches, working modality and dedication towards work.

EpiC Nepal Project

Monthly Update: Sept 2021

- In this period monitoring visit was done from ART Centers of BPKIHS Dharan Tropical ward Incharge Ms. Ranjana Acharya, ART Counselor Ms. Nisha Shrestha and ART Counselor of Inaruwa Hospital Mr. Pramod Meheta on 29th September 2021 in Sunsari City Clinic. They were provided brief information about the process of services delivery from city clinic starting from DIC, Clinic, Lab, waiting room. After their monitoring they were provided brief introduction about the project goal, objectives, working areas, coverage, recording, reporting, target vs achievement, challenges and issues and had open floor discussion. Visitors were happy to see the achievements and suggested to focus border areas in FY22 for more case detection and advocacy of TB report within same day for process of same day ART Initiation from Inaruwa Hospital.

Trainings and Orientations: (Virtual)

- SI Call on R&R with FSWs program on September 8 2021 was done.
- LINK Feedback Tool Discussion on September 16, 2021 was done.
- EMMP orientation on 16th September 2021 was done.
- An orientation on program priorities of FY 22 on September 23 and 24, 2021 was done.

Monthly ART center Meetings

- In this period monthly meeting with Mechi Zonal Hospital, ART center was done in the presence of ART counselor, HA ART, Program Coordinator- CCC, PC & CBS- Lead Nepal and M&E and PN of AMDA Nepal on 22nd Aug 2021. The discussion was made on IIT clients and various strategies for bringing them into the treatment, Viral load testing and timely dispatch of report to the clients.
- In this period monthly meeting with BPKIHS Hospital, ART center was done in presence of Assistant professor & Pediatric ART Incharge Dr Shyam Kafle, Tropical Ward Incharge, ART counselor, PC, M&E Officer, HA-ART from AMDA Nepal and PC & LA of Human Welfare Society as well as Province coordinator of NAP+N Mr. Roman Rai on Sept 21st 2021. There was brief description on the EpiC Project with its objectives and goal, working areas, modality, support in national HIV control program by 3 95s in close coordination with ART centers, hospitals, government agencies and stakeholders in the district. During the meeting discussion was done on Health Insurance effective implementation at District, VL testing, other support provided to ART center as well as Duplication issue on case finding as well as ART enrollment.
- In this period monthly ART center meeting was conducted on 28th September in Inaruwa Hospital. There was presence of ART counselor, HA ART, NAP+N Province coordinator, HWS PC, Lab Incharge, Emergency Incharge, Maternity Incharge. The discussion was made on IIT clients and ways for bringing them into the treatment with different approaches and level, follow up for Viral load testing and timely dispatch of report to the clients. Also follow up for viral load unsuppressed clients to take case details.

EpiC Nepal Project Monthly Update: Sept 2021

Target Vs Achievement

S.N.	Indicators	Target FY 2021	Achievement In August.2021	Cumulative Achievement (Oct 2020-September 2021) FY2021
1	KP_Prev	823	88	754(91%)
2	PP_Prev	686	79	965(140%)
3	HTS_TST_FSWs	576	68	508(89%)
4	HTS_TST_PPs	530	53	509(96%)
5	HTS_TST_POS_FSWs	12	2	13(108%)
6	HTS_TST_POS_PPs	37	8	69(186%)
7	TX_New_FSWs	12	5	18(150%)
8	TX_NEW_PPs	171	9	118(69%)
9	TX_PVLS(D)	561	23	429(76%)
10	TX_PVLS(N)	537	19	386(71%)
11	STI_Screening	274	35	653(238%)
12	STI_Diagnosis & Treatment	76	27	296(389%)
13	PrEP_New	144	6	150(104%)
14	Condom distribution	223872	14360	206060(92%)
15	Stigma & discrimination reduction training	300	22	198(66%)

Photos

**EpiC Nepal Project
Monthly Update: Sept 2021**



Pics: Monthly ART meeting and PPE Items handover to BPKIHS against COVID-19



Pics: Hygiene kit distribution to participants of support group meeting in Sunsari

**EpiC Nepal Project
Monthly Update: Sept 2021**



Pic: Community Led Monitoring and hygiene kit distribution in Jhapa.



Pic: Creative event, Birtamode city clinic (Teej Bishes)

EpiC Nepal Project Monthly Update: Sept 2021



Pic: Hygiene Kit Distribution.



Pic: MZH, ART site visit by Sr. PO and PC

EpiC Nepal Project Monthly Update: Sept 2021



Pic: Meeting with Me.Su. at MZH



Pics: Monitoring visit by local governance in Itahari City Clinic

**EpiC Nepal Project
Monthly Update: Sept 2021**



Pics: Monitoring visit by local governance in Morang City Clinic.



Pics: Distribution of Emergency food packages to AMDA EpiC Staffs by AMDA Japan.

EpiC Nepal Project
Monthly Update: Sept 2021

Thank You.